

The Twilight Zone Is Real

Texas Metaphysics Newsletter

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Where – Beefy’s on the Green

12910 US Hwy 281 N, Spring Branch, TX 78070

Saturday June 25, 2022, from 1:00 PM until 4:00 PM

Eating and Socialization starts at 1:00 PM

Posted Newsletters - <https://www.texasmetaphysics.com/general-5>

June 22, 2022

These are unusual times. It is more than just the bumps in the night that keep us awake, but, also, those things over which we have no control. See you *June 25, 2022*, at Beefy’s on the Green.

Don’t forget our MUFON meeting on Tuesday June 28th. [See here for details.](#)

Beefy’s on the Green Venue

Are you curious, or do you have a story you would like to share? Come join us at “Beefy’s on the Green,” Saturday, **June 25th** at 1:00 PM. The location is at the corner of HWY 281N and Rebecca Creek Road, in Spring Branch, Texas. You cannot miss it; it has a very large golf ball in the front.

This is a safe place to tell your stories without fear of rebukes or ridicule from others. Everybody has gone through something, whether it has been UFO sightings or alien abductions, shadow people coming in the night, or ghosts in the house watching you sleep. This is happening all over the world and in your world. Your friends are welcome, bring them.

When you buy a meal from Beefy’s, let them know that you are going to the meeting upstairs. This helps lower my cost for the room.

If you are **not receiving** my newsletter and want to receive it each month, please go to www.texasmetaphysics.com and sign up, or email me at <mailto:carl@cakama.com>. This is especially true for our Meetup Group as I do not have a way to get the full text of the newsletter to you except through my website.

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Please do your own research and use your own discernment!

As with all those things I put into these newsletters, please use your own discernment. Do your own research to determine if these things are true. Do not accept as truth anything that are in these newsletters without researching it for yourself. I only put information into these newsletters for your starting points of research and articles that I find interesting.

NEW - " Alien Abduction Survey": – Top

NEW - " Near-Death Survey": – Top

Houston, We Have a Problem

In the mid-1960s, we moved from Lake Jackson, Texas to southwest Houston, Texas, specifically, the Westbury area, in the Southwest of Houston. During that period of time, I had made some good friends from church, the neighborhood and from school.

One day, myself and two of my neighborhood buds decided to “camp out” in my backyard. We didn’t have a tent and the only thing that we could see, while lying on our backs, was the stars that the Lord had provided for us to enjoy. We guys talked as the night wore on when I suddenly changed the topic and pointed to a brilliant star that was right above us.

The star was very bright as I pointed it out to my two friends. We watched as what looked to be very tiny points of light circling the much larger bright light in both the clockwise and counterclockwise directions. Suddenly, all the points of light converged with the larger light which then began to turn different colors like red, blue, green, then bright white, and like an explosion, the points of light shot straight out from the “star” in all directions, all 360 degrees from the main light which then completely disappeared.

I don’t remember anything else that night, nor the next morning. At about that same time, I was waking up with nose bleeds periodically. Blood all over the pillow. I would walk down the hallway in our home when my nose would suddenly begin to bleed. It was very frustrating. This phenomenon lasted for about one to two weeks, then stopped.

I had not heard about nose bleeds in regards with the UFO phenomena when I was in Junior High School. Although I had seen many different things in my thirteen years of life, like lights in the skies, little alien greys, talking with either an angel or alien, I don’t which, it wasn’t until my Uncle J.C. had given me a copy of [Look Magazine in 1966](#) and I read about the abduction of Betty and Barney Hill that it all began to make sense to me, at least a little bit of sense. I was hooked. I began to read everything I could about UFOs beginning with the [“Incident at Exeter” by John G. Fuller.](#)

Star Trek became central to my weekly science fiction, or Syfy, viewing. My interest in the UFO phenomena did not end in Junior High School, neither did the lights in the skies, the aliens peering into my room at night, aliens chasing me into storage rooms and then finding myself on an examination table.

When we have experienced such events, we are prodded to seek answers, such as it is with the UFOs, aliens, near-death experiences and shadow people as well as other strange events that change our lives.

The question is this, who are the aliens? I went to Paris, France in January 1980. While I was there, I was an American citizen, but also an alien to that country. I was not, never have been, nor ever will be a citizen of France. However, I am also a citizen of this world, this planet and I dare say that there seems to be others who are not of this world who come to visit occasionally. These visitors are alien to our world. They are the aliens. From where did they come from? Who knows, we speculate that some are from [Zeta Reticuli](#), Venus, think Commander Valiant Thor [\(1\)](#) [\(2\)](#) [\(3\)](#) [\(4\)](#), think Venus, Orthon and George Adamski [\(1\)](#) [\(2\)](#).

The Lord God created all things. We do not know the extent of His creation. We surmise that we know of one or more universes, [yet we cannot even begin to know the number of galaxies in our own universe](#) [\(1\)](#), the number of stars in our own universe, heck, we don't even know how many planets are in our solar system, some say 9, some 8, not including [dwarf planets](#) and [minor planets](#). So, how can we say we know anything about from where the aliens come? Do they come from our solar system? Our galaxy? Our Universe? How about our dimension? I suppose it all depends on where your get your source material, let us look at these references. [\(1\)](#) [\(2\)](#) [\(3\)](#).

[The confusion is that the 3 directions of space are called 3 dimensions. Every dimension has 3 directions, including drawings and pictures.](#) The difference in Dimensions is the vibration or frequency of energy. How can people still believe that the world is flat or that this 3rd dimension is all there is? Oh yes, they want proof, don't they? But it seems that all the proof is useless to the Flat Earth people. How much proof do you need before realizing that [other dimensions exist](#)?

So, do we really know from where aliens come, or is it all guesswork? When I worked as a technician either in the chemical industry or nuclear industry, we at times would ask those who had a higher authority a question. They invariably would give an answer, however, we also knew that the answer was false. When asked where they got their answer, they stated that they pulled it out of the air. It was false, they knew it was false, but they didn't know what the true answer really was.

If we know there are aliens visiting us, where do they come from and how do we know we're getting a true answer?

Some of us who have experienced the alien abductions or have seen the lights in the sky or aliens looking into our bedrooms know that we cannot measure what we have seen with instruments of science. We cannot measure the dimensional qualities of what we have seen nor put it into any kind of box to be analyzed at a later date. Most of the answers we have are anecdotal answers. Hypnosis helps, but there is nothing like a face-to-face talk with an alien being over a hot cup of coffee.

Our History

Growing up in the 1960s, I was well aware of the UFOs, although I still didn't have a handle on all that it meant to me. I had become aware that UFOs were to be kept a secret and that our government would do whatever it took to keep that secret, even if it meant silencing the person who had seen or experienced the event. They silenced them by ridicule, ignoring them, or sending the men in black. Depending on the credentials of the observer and the believability of the story.

In the 1970s, I read several books by George Adamski who told of visitations he had by the Venusians. The first, "Flying Saucers Have Landed", and the second, "Inside the Spaceships". I believe that these two books can be found on the website [Adamski Foundation](#).

If one were to think that the first sightings of a UFO were on June 24, 1947, by Kenneth Arnold near Mount Rainier in the State of Washington, then they would be sadly mistaken. Sights of strange lights in the sky over England were sighted in 1661. A flying enormous, long fiery object was spotted in Switzerland in 1619.

The stories of what we would call UFOs have been around for thousands of years and perhaps millions of years. We call these objects UFOs, but know UAPs, because that is in our vernacular. The ancients may have called them by other names like flying shields, pillars of light, a cloud, etc. One day, our descendants may laugh at our ignorance when they call them by their proper name.

Has our government **EVER** lied to us? [According to CIA Director William Casey, his spoken words say it all, "We'll know our disinformation program is complete when everything the American public believes is false.](#)

UFOs, our American history, our Constitution. What are they hiding and why do they hide it right in front of us?

What about the Bible and all that we hold dear? Have we been lied to by the church? When I speak of the church, I speak of the church of Rome, the Catholic Church as they were the guardians of the sacred scriptures, the Bible. They were the ones who canonized the bible and edited the bible.

When I watched the YouTube video, [Bible Secrets Revealed: Hidden Messages of the Holy Book \(S1, E1\) | Full Episode](#), it answered some of the questions I've had since I was young and did not want to ask due to being a child and adults have all the answers.

Let's continue on with research into the bible.

[Why Did The Vatican Remove 14 Secret Books From The Bible In 1684? Shocking Evidence of Reincarnation | Ancient Mysteries \(S5, E7\) | Full Episode | History](#)

I Hear Voices

When I first began my journey into hypnosis via the Quantum Healing Hypnosis Technique (QHHT) as taught by Dolores Cannon, the instructor told of taking the client into hypnosis and bringing in the higher-self, or subconscious. She said that we may at times hear a voice change in the client when we begin to ask and hear the answers of the client's higher self. This has happened on several occasions and have been startled and mystified as to why this happens. When it happens now, I just see it as part of the process, but then, we have those whose sessions that are imprinted on my mind as they are very much out of the ordinary in my opinion.

A couple of years ago, I had a client come in who had various questions to ask of her higher self. As the process of hypnosis began, and she eventually visualized doors which led her to the answers she sought, she found herself in some sort of vehicle flying in the air. When I asked her where she was going, she said that they were taking her back home. She was about 7 years old. When I asked her where she had been, she complained about pressure being put behind her eyes. This was similar to another client I had a few weeks prior to this session who had also complained about pressure in his head when we got too close to any sort of UFO subject.

She said that the people on the vehicle wore a tight-fitting uniform of some sort and that they looked like people. She also indicated that her skin was much lighter and that she didn't quite look the same as she had earlier in her life. I asked her if this was a past life or maybe a parallel dimension of herself. She indicated that the pressure in her head resumed, and she said that she felt like a cage of some sort was putting pressure on her body.

This client did not go into a past life. All the events described by her higher self, refer to events in this present lifetime.

We went back a few years to an earlier time in this lifetime when she was two years old standing at the foot of her bed. When I questioned her, a male's voice, a much deeper male's voice came in and told me that this is where her issues began. When I enquired as to who I was conversing with, all I was told was that he was the Guardian. Now, this is what caused me to give pause to the voice, or Guardian. This client is not a big woman, and her speaking voice is nowhere at all a deep male voice. The Guardian told me that this client had never been alone, and she had always had help, and neither was the Guardian alone as he had others with him whose names he would not reveal.

So, if this client had never been alone, could it also mean that no one on this planet, or universe is ever alone? That we have constant help every moment of every day? I believe that may be true also due to the conversations with other clients while they under hypnosis.

Recently, I had another client who had questions that he wanted answered by his higher self, particularly about a man named Phil. Apparently Phil had been close to this client, but he really didn't know who Phil was.

The client was led into a deep state of hypnosis. When he arrived and went through his visualized door to find his answers, he at once began to abreact to what he saw, which was a dark

room with pink light. I asked him what he saw, and he said he saw home. He was home. Finally at home.

I brought in the subconscious, higher self, to begin asking his questions. When I got to the question asking about Phil, Phil came in and begin answering the questions. What was amazing about this entity was that Phil had been with the client even in the womb, before the client was even born. Phil's voice was much more dominate than the client's voice. Phil said that he helps the client and guides him. When I asked Phil to leave the client, he said that he couldn't do that, because the client was supposed to be with him. When I asked what would happen if Phil left the client, Phil said that the client would die since they are one and the same. Now, whether or not the client would really die is unknown, however, I was not willing to risk any negative repercussions on my client. Their health and safety are my prime focus.

It was strange indeed when the client talked with his soft voice, yet Phil would talk with a dominate forceful voice like he was the one in control. Which, according to him, he was.

The client was able to go to several past lives and then one future life, the first future life that had spontaneously occurred. At one point he began to cry and when I asked him what was happening, he said that they were leaving him. When I asked who they were, he said the ones in the saucer. I asked if he needed any food or water and he said that he had no need of those things. He said that he didn't want to be here. When I asked what year it was, he stated 2030. I asked him if he was human, he said no, but reiterated that he did not want to be here, but that he had a mission to fulfill and he would complete his task.

Our souls have not come into form on earth to play it safe, but to grow and stretch so that we may ultimately embrace everything that we encounter with love and light.*

All things considered, ask yourself this: Has the government EVER lied to you?

Governments favorite recipe – Problem, Reaction, Solution

I have begun putting “Easter Eggs” in the links below. Enjoy. Also, there may be some “Red Pills” within the mix below. Another note – I receive no compensation from anything I link to, whether it be articles, websites, books, YouTube Videos or other such thing. I only offer these links as a help to those who are searching for the truth. I only receive compensation when a client comes to me for a QHHT Session. Thank you.

If any of the link's fail, please let me know so that I can fix it. Thank-you. Carl

1 – News – Top

[Above Top Secret](#)

[Abundant Hope](#)

[Alien News](#)

[All News Pipeline - ANP](#)

[Attainable Mind](#)

[Before Its News](#)

[Blacklisted News](#)

[Censored News](#)

[Cosmic News](#)

[Dinar Chronicles Daily Newsletter](#)

[Exopolitics – Dr. Michael Salla](#)

[Exploring Real History](#)

[Forbidden Knowledge TV](#)

[Gateway Pundit](#)

[George – Not Just Politics As Usual](#)

[Gesara News](#)

[Gnostic Warrior](#)

[Great Awakening](#)

[Ice Age Now](#)

[In5D](#)

[Indian In The Machine](#)

[Into the Light News](#)

[Life Line News](#)

[Life Site News](#)

[Natural News – the Health Ranger](#)

[NESARA / GESARA](#)

[News-Intel – Aliens Latest](#)

[Next News Network](#)

[Our New Earth News](#)

[Politico](#)

[Real News Feed](#)

[Real Raw News](#)

[Rense](#)

[SGT Report](#)

[Starship Earth: The Big Picture](#)

[Tap News Wire](#)

[The Epoch Times](#)

[The Federalist](#)

[The Final Wakeup Call - English](#)

[The Great Awakening](#)

[The Guardian](#)

[The Rumor Mill](#)

[The True Defender](#)

[Truth Beyond Science](#)

[USSANews](#)

[We Are Change](#)
[What Does It Mean?](#)
[World-Mysteries](#)
[X22report](#)
[Zero Hedge](#)
[ZetaTalk](#)

2 – NDE - Top

[Dr. Bruce Greyson Resources](#)
[Dr. Kenneth Ring Website - Near-Death](#)
[IANDS – International Association for Near-Death Studies, Inc.](#)
[Near-Death Experiences and the Afterlife](#)
[Near-Death Home Page](#)
[Proof of Heaven – Mike Adams](#)

3 – Reincarnation - Top

[ASK DR. WEISS: Free will and destiny; soulmates; ghosts; souls in different forms](#)
[Bible Truths](#)
[Christian Reincarnation - Love](#)
[Christian-Reincarnation.com](#)
[Dr. Brian Weiss - Leon's Past Life Regression](#)
[Dr. Brian Weiss on the Patient Who Made Him Believe in Past Lives](#)
[Dr. Brian Weiss-Free will and destiny–soulmates–ghosts–souls in different forms](#)
[Edgar Cayce's A.R.E.](#)
[Facts Are Facts](#)
[Facts Are Facts – Reincarnation is Not Being Born Again!](#)
[Merciful Truth](#)
[Reincarnate Life](#)
<https://reincarnate.life/resurrection-and-reincarnation-in-early-christianity/>
[Reincarnation](#)
[Reincarnation After Death Stories](#)
[Reincarnation and the Bible](#)
[Reincarnation and the Near-Death Experience](#)
[Reincarnation Christianity and the Dogma of the Church – Jan Erik Sigdell](#)
[Reincarnation in Christian Gnosticism – Jan Sigdell](#)
[Reincarnation in the Bible Part 1](#)
[Reincarnation in the Bible Part 2](#)
[Reincarnation Is it Biblical - You Will Not Believe What I am About to Tell You. – Jacob Israel](#)
[Reincarnation Jesus, the Bible, New Testament & Christian Doctrine](#)
[Reincarnation Research](#)
[Reincarnation Stories](#)
[Reincarnation The Key to Christianity](#)
[Reincarnation Truth](#)
[Spirit Of the Scripture](#)
[Spirit Release Forum](#)

[Spiritual Travel.org](#)
[The Reluctant Messenger](#)
[Theosophy - Reincarnation](#)
[Theosophy Northwest](#)
[Theosophy World](#)
[Why Jesus Taught Reincarnation: A Better Gospel, by Herbert Bruce Puryear](#)
[Yeshua before 30CE](#)

4 - Television Shows - Top

[One Step Beyond](#)
[Twilight Zone](#)

5 – QHHT – Quantum Healing Hypnosis Technique - Top

[Suzanne Spooner on What to Expect During a QHHT Session](#)
[What is QHHT?](#)

6 - The Rabbit Holes - Top

[13 Bloodlines of the Illuminati, The Majestic Project / MJ-12 ...Your turn.](#)
[Daily Odds and Ends](#)
[How Stuff Works](#)
[Index by Areas, Disclosure-Life in the Universe, Abductions and Abductees, An Alien Abduction Account ...Your turn.](#)
[The Mysterious Universe](#)
[The Biggest Book, A Free World? Wilhelm Reich ... Your turn.](#)

7 - UFOs and the Extraterrestrials - Top

[Disclose ET UFO Technology for Humanity Earth](#)
[Exemplore – FBI Confirms Aliens Exist](#)
[Exopolitics - Home](#)
[Exopolitics – Dr. Michael Salla](#)
[Future of Mankind – Billy Meier](#)
[George Adamski Foundation](#)
[MUFON](#)
[Nicholas Ginex Enters the WordPress World!](#)
[PlanetSev.com](#)
[SecureTeam10](#)
[Serpo – Extraterrestrial Exchange Program](#)
[The Great Picture](#)
[Tom Keyon – Who are the Hathors](#)
[UAMN](#)
[UFO Casebook](#)
[UFO Sightings Caught Over Texas Hill Country | UFO Sightings 2017](#)

[Universe People](#)
[Zohar Stargate TV](#)

8 – Q - Top

[Q – The Plan To Save The World Remastered](#)
[Welcome to Qniversity](#)

9 – YouTube - Top

[Absolute Documentaries](#)
[Can't Stop Smiling When I Watch This](#)
[E.T. Message - 'We Are Here To Help You, If You Allow Us'... Paul Hellyer \(1923 - 2021\)](#)
[HIDDEN TEACHINGS of the Bible That Explain Manifestation, Consciousness & Oneness](#)
[Natalie – Melanie – The Experience Episode 141 – We Are You and You Are Us](#)
[Reincarnation! Is it Biblical? You Won't Believe What I'm About To Tell You.](#)
[Strange But True Stories!](#)
[Suppressed Secret Technologies](#)
[The Best Is Yet to Come](#)
[UAMN TV](#)
[Zohar Star Gate Ancient Discoveries](#)

10 - The Phoenix Journals - Top

FourWinds10

The Recommended Starter Journals ...Here They Are

[*Phoenix Journal 02 – And They Called His Name Immanuel, I Am Sananda – 116 Pages*](#)
[*Phoenix Journal 03 – Space Gate, The Veil Removed – 92 Pages*](#)
[*Phoenix Journal 05 – From Here to Armageddon – 83 Pages*](#)
[*Phoenix Journal 07 – The Rainbow Masters – 116 Pages*](#)
[*Phoenix Journal 27 – Phoenix Operator-Owner Manual – 84 Pages*](#)
[*Phoenix Journal 47 - Pre-Flight Instructions For The Phoenix – 131 Pages*](#)

Most Important Books on Earth, Were Banned by U.S. Government ...Here They Are

[*Phoenix Journal 20 – Hotfoot for the Phoenix - The Mossad Connection – 253 Pages*](#)
[*Phoenix Journal 30 – Pleiades Connection, Vol. I – Return of the Phoenix - 210 Pages*](#)
[*Phoenix Journal 31 – Pleiades Connection, Vol II – Let There Be Light –223 Pages*](#)
[*Phoenix Journal 32 – Pleiades Connection Vol. III – I And My Father, – 237 Pages*](#)
[*Phoenix Journal 33 – Pleiades Connection Vol. IV – Atomic Suicide – 148 Pages*](#)
[*Phoenix Journal 34 - Pleiades Connection Vol. V – Phone Home, E.T. – 190 Pages*](#)
[*Phoenix Journal 35 - Pleiades Connection Vol. VI – The Sacred Spirit Within – 239*](#)

Pages

[*Phoenix Journal 36 - Pleiades Connection Vol. VII – The Cosmic Order – 196 Pages*](#)
[*Phoenix Journal 37 - Pleiades Connection Vol. VIII – Transformation of Man – 197*](#)

Pages

[*Phoenix Journal 47 – Pre-Flight Instructions for the Phoenix, Vol. I – 240 Pages*](#)

11 - Early Christian Writings - Top

Early Christian Writings – Church Fathers

Gnosis.org

The Gnostic Society Library

The Lost Books

The Nazirene Way

12 - Galactic Federation - Top

ERA of Light

Into the Light

13 – Extra - Top

13 Bloodlines of the Illuminati

A Free World?

Ancient Origins

Ancient Texts

Bibliotecapleyades

Biggest Secret – David Icke 541 pages

Daily Mysteries

Divinity Now – Mike Adams

Educate-Yourself.org

Energy Frequency and Vibration

Feed Spot

Flight Aware – Central to Aviation

Forbidden History - BeforeUs

Free Crypto Course - Future Money

Global Research

Great Awakening

Henry Makow

Inspire Good Vibes

Internet Sacred Text Archive

Jesus-Resurrection Info

Immanuel Velikovsky - Worlds in

Collision

Julian Assange Wikileaks Files

Lost Christianity

Meta-Religion.com

Meta Tech

Office Of the World Teacher

Operation Disclosure Official

Pandemic Timeline

Patriots for Truth

Phantoms and Monsters

Phoenix Journals

Phoenix Operator-Owner Manual

Political Vel Craft

Prepare for Change

Red Light Therapy

Remedies.net

• Anti-Aging

• Arthritis

• Diabetes

• Diet Dilemma

• Heart Health

• Obesity

• Organic Salt

• Women's Health

Restore – Google Alternatives

Rose Rambles

Royal Raymond Rife

Tesla Shift Frequency

The Biggest Secret

The Epic of Gilgamesh

The Gnosis Archive

The Hollow Earth

The Lacerta Files

The Law of One

The Law of One Society

The Lost Gospel of Q – The Sayings of

Jesus – Version 2:

<https://youtu.be/M4qNp7xSekA>

The Mysterious Universe

[The Smokey God](#)
[The True Reporter](#)
[The Universe Inside You 1](#)
[The Universe Inside You 2](#)
[Time for Disclosure](#)
[Urantia Book](#)

[Urantia Foundation](#)
[Visible Origami](#)
[WebMD – What is Red Light Therapy](#)
**You will find every book under the sun
for free** downloaded here: <https://z-lib.org/>

[**Trevor Winchell – American Patriot - Important Updates: Global Currency Reset, Ten days of darkness, GITMO, Gold Repatriated from Cabal**](#)

[Back to Eden by Jethro Kloss](#)
[Essential Oil Magic by Vervain Helsdottir](#)
[Native American Herbalist's Bible by Lyotanka Sioux](#)
[The Drugging of America: The Pharmakeia Sorcery Deception \[podcast\]](#)

The following are PDFs that when clicked on, will download a PDF file:

- [1888 - E.D. Walker - Reincarnation - A Study of Forgotten Truth](#)
- [1908 - Reincarnation and the Law of Karma](#)
- [Hidden Beliefs Covered by the Early Church Re: Resurrection & Reincarnation](#)
- [May a Christian Believe in Reincarnation](#)
- [Past Life Memories of Children and Past Regression - A Case for Reincarnation](#)
- [Reincarnation](#)
- [Reincarnation - An Investigation Through the Bible, Science and Experience](#)
- [Reincarnation - The Church's Biggest Lie](#)
- [Reincarnation "When I Was Big"](#)
- [Reincarnation and Christianity](#)
- [Reincarnation and Christianity - Nazirene](#)
- [Reincarnation As Taught By Early Christians](#)
- [Reincarnation Children Don't Believe in Death](#)
- [Reincarnation In The Bible - Part 1](#)
- [Reincarnation Scripture](#)
- [Reincarnation, Christianity and the Dogma of the Church](#)
- [The Formation of the New Testament Canon](#)
- [The Moral Dilemma of Right and Wrong](#)
- [The Truth About Reincarnation](#)

14 - Suggested Reading - Top

[Children Who Remember Previous Lives: A Question of Reincarnation](#)
[Many Lives, Many Masters](#)
[Same Soul, Many Bodies](#)
[The Andreasson Affair: The True Story of a Close Encounter of the Fourth Kind](#)
[The Books of Enoch](#)

[The Great Human Potential, Teaching from the Ninth Dimensional Pleiadians and the Hathors](#)
[The Unquiet Dead: A Psychologist Treats Spirit Possession](#)

15 - Music Videos - [Top](#)

["In The Year 2525" - music video clip made in 2020](#)
["REFLECTIONS OF MY LIFE" THE MARMALADE ~ 1969](#)
[THE ASSOCIATION "Requiem For The Masses" 1967](#)
[Mike Curb Congregation – "Burning Bridges"](#)
[The Hollies – "He Ain't Heavy, He's My Brother"](#)
["The Air That I Breathe" - The Hollies](#)
[The Association – "Everything That Touches You"](#)
[Tommy James and the Shondells – "Crimson And Clover Lyrics" - extended version 1968](#)
["Those Were The Days"](#)
["While My Guitar Gently Weeps" - \(Taken from Concert For George\)](#)
[Electric Light Orchestra – "Don't Bring Me Down"](#)
[* Classic Rock * Electric Light Orchestra – "Livin' Thing"](#)
['Footloose' - Dancing In The Movies](#)
['Step Back In Time' - Old School Dance Mashup](#)
[Movie stars dancing to...! I'm So Excited!](#)
[Bee Gees – "Too Much Heaven" - \(Official Music Video\)](#)

16 – Survival - [Top](#)

[4 Patriots](#)

17 – Advanced Technology - [Top](#)

[2014-02-20 - Is Technology More Advanced than it Appears?](#)
[2014-04-01 - Advanced Technology: Flying Saucers & the Underworld](#)
[2014-04-30 - Advanced Technology: Beginning with Roswell](#)

18 – Amazing Water Remedies - [Top](#)

[Rice Water – Glowing skin, healthy hair, shrink pores, and energy drink.](#)
[Lemon Water – Flat belly, boost immune system, detox, blemish free skin and healthy digestion.](#)
[Fennel Water – Relieves menstrual problems, digestive problems, weight loss and healthy skin.](#)
[Ginger Water – Relieve menstrual cramps, headaches, bloating, cold and indigestion.](#)
[Mint Water – Detox, freshen breath, fight acne, promote digestion and improve complexion.](#)
[Rose Water – Shiny hair, lighten scar, tighten pores, soothe skin, purify skin, prevent breakouts.](#)
[Cucumber Water – Healthy skin, ease nausea, keeps you hydrated, and remove dark circles.](#)
[Honey Water – Cure acne, reduce bloating, flush out toxins, sore throat remedy, weight loss.](#)
[The Little Shine – Top 10 Water Remedies](#)

19 – Jokes and Stories - [Top](#)

[Diary of a Snow Shoveler – Funniest Thing You Will Read This Season](#)
[What Heaven's Like](#)

20 – War Is a Racket – Major General Smedley Butler - [Top](#)

List Updated 6-20-2022

Newsletter Input - Top

Sometimes, from time to time, we all experience something from the unknown. Our God knows, but we have not a clue as to what it was, and it bewilders us and forces us to do a reality check. We also find that we want to tell someone, anyone, maybe. But who? Do you have a story you want to tell, but do not want to be put on the front stage with all eyes looking at you? Do you get nervous meeting new friends and are fearful that they may think you to be strange and not all “there?” If you would like, please email me with your story. I will read it to see if it has interest for our readers, I may check for spelling and grammar then post it in our newsletter. I can leave your name off if you would like. But I want to hear from our readers.

QHHT Sessions - Top

If you are interested in doing a QHHT session, my current fee is \$300 for the entire session. I only do one session per day so that there will be no rush to finish a session before it is natural completion. You will also find that my fees are at the low end of the scale among QHHT® practitioners, to make it more affordable. I’ll send you some paperwork to be filled out when we schedule the appointment, then I’ll send a reminder one or two days prior to the session that will also include my address here in Spring Branch, Texas. Bring the paperwork with you and we can go over it when you get here. A belief in reincarnation *is not* a requirement for a QHHT® session. Your unconscious mind will take you to the most appropriate time and place in which your questions will be answered.

If you need to call or text me, to ask more questions, I will be more than happy to answer any questions you may have. If the call goes to voice mail, I will call back as soon as I am able. I am retired and hypnosis is the only “work” that I do, so if you need to call or text, do not hesitate. The session can last four to seven hours. This includes a two-hour discussion and a review of the questions you bring with you that you want your unconscious mind to answer, a one-to-two-hour hypnotic session that may include one to three past lives, answers to your questions by your unconscious mind, and a body scan by your unconscious mind. The session is videoed, and an audio file of the session is sent to you via Drop Box.

ABOUT - Top

This newsletter started out as a way to encourage others to meet and tell others of their paranormal experiences. I’ve also included a lot of my own experiences in the previous newsletters, but now, I believe it is time to include other subjects that will help a person to grow and heal, not only in the mind, but also in the body. After all, isn’t that what we all want, to have a healthy mind, body and spirit?

As I research the various topics that I find interesting, I will occasionally dip down into rabbit holes and find nuggets that were completely unexpected. Attending “**The Healing Arts Festival**

& Market”, I also see where people are seeking alternative sources of healing rather than the allopathic medicine in which we have begun to shy away from due to the contraindications associated with their treatments when using questionable pharmaceuticals.

I have found, in my readings, therapies that include frequency, vibration and energy as well as red light therapy. Frequency would be associated with light and sound, as in the Singing Bowls that one may find at the Healing Arts Festival & Market. So, please expect more, and if you believe that I have veered off track and need to come back to center, please let me know. Feedback does help.

Contact Information - Top

Cell-phone number Carl Marshall 479-970-6922
Email Address carl@cakama.com
Website www.texasmetaphysics.com

Our Meetings at Beefy’s on the Green – Upcoming Dates - Top

Upcoming Dates: **Jun 25 Jul 23 Aug 27 Sep 24 Oct 22**
Nov 19 Dec 17



The Healing Arts Festival & Market – Pat Booker - Top

Hilton Garden Inn – 8101 Pat Booker Road – San Antonio

Upcoming Dates: **Jul 3 Aug 7 Sep 4 Oct 2 Nov 6**
Dec 4

The Healing Arts Festival & Market – The RIM - Top

Hilton Garden Inn – 5730 Rim Pass – San Antonio

Upcoming Dates: **Jul 17 Aug 21 Sep 18 Oct 16 Nov 20**
Dec 18

MUFON San Antonio, Texas - Top

Public Meeting Tuesday, June 28th

The VFW Lodge

2222 Austin Highway

San Antonio, Texas 78218

There is a \$5 cover charge for the room rental. Eat before the event or bring your own food.



TEXAS FACEBOOK PAGES

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Dallas/Ft. Worth: <https://www.facebook.com/DFWMUFON>

Brazos Valley: <https://www.facebook.com/search/top/?q=mufon%20brazos%20valley>

To report a UFO – MUFON UFO REPORT

Chris Holm – [Conspire a Theory Podcast](#) – [Top](#)
[072 Tom Whitmore, MJ12 affair](#)

Until next time, I am Carl Marshall. – [Top](#)

**The Laughing Cherub Guide to Past-life Regression: A Handbook for Real People, by
Mary Elizabeth Raines - back*