

Texas Metaphysics Newsletter

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Where – Beefy’s on the Green

12910 US Hwy 281 N, Spring Branch, TX 78070

Saturday February 26, 2022, from 1:00 PM until 4:00 PM

Eating and Socialization starts at 1:00 PM

February 23, 2022

These are unusual times. It is more than just the bumps in the night that keep us awake, but, also, those things over which we have no control. See you *February 26, 2022*, at Beefy’s on the Green.

Beefy’s on the Green Venue

Are you curious, or do you have a story you would like to share? Come join us at “Beefy’s on the Green,” Saturday, **February 26th** at 1:00 PM. The location is at the corner of HWY 281N and Rebecca Creek Road, in Spring Branch, Texas. You cannot miss it; it has a very large golf ball in the front.

This is a safe place to tell your stories without fear of rebukes or ridicule from others. Everybody has gone through something, whether it has been UFO sightings or alien abductions, shadow people coming in the night or ghosts in the house watching you sleep. This is happening all over the world and in your world. Your friends are welcome, bring them.

If you are **not receiving** my newsletter and want to receive it each month, please go to www.texasmetaphysics.com and sign up, or email me at <mailto:carl@cakama.com>. This is especially for our Meetup Group as I do not have a way to get the full text of the newsletter to you except through my website.

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Last Month at Beefy's on the Green

We had a great meeting in January with people from Spring Branch, San Antonio and Kerrville meeting to discuss the aliens, alien abductions and what it means to us as a people. What are the aliens here for and what does it mean to us? With 20 souls present a lot of information was presented that is sometimes difficult to digest and requires us to do more research on the topics that were presented.

Plan now to see us on February 26th for more exciting discussions. As we were leaving, we had individuals coming up to us to indicate that they would also like to come in February. The word is getting out. Exciting stuff.

A Word of Caution

On January 27th, this past month, I caught the Chyna Virus and Kay, my sister and brother-in-law took me to the Northeast Methodist Emergency Room on February 7th, where I was giving fluids, medications and supplemental O₂. Today, February 15th, I've been a week with no fever, my saturated O₂ is greater than 92% although less than 95%. This is the first time in about 2.5 weeks that I have felt well enough to come up into the loft to work on this newsletter. I was diagnosed with double covid pneumonia and that is one of the reasons for the steroids being given, to loosen the crap in the bottom of mt lungs.

If anyone is sick or think they may be sick, I would caution them to stay home. I've been with this sickness for about three weeks, and I may have caught it anywhere, H.E.B., Beefy's, dining out, etc.

Thank you

The God of Second Chances

I don't know how many times I have heard from the pulpit that Jesus is the God of Second Chances. No matter how many times one may screw their lives up, He is always willing to give the erring one a second chance to come to Him and follow Him.

As many of you, who read these newsletters know, I've had troubling thoughts on reincarnation due to the dogmatic beliefs of the church group I was raised in and was taught to believe. When I first came upon reincarnation as a student of the Quantum Healing Hypnosis Technique, QHHT, it required me to delve into the scriptures, as well as the ancient books from the first century Christianity to see what the early teachers of Christ thought about reincarnation, or as they thought it, transmigration.

The argument goes, if reincarnation were true, why did Jesus have to come in the flesh? In addition, wouldn't reincarnation also signify works versus Jesus doing all the salvation, as we are not capable of being perfect.

I'm not here to convince anyone that reincarnation is true, however much it looks like it. Maybe I'm trying to convince myself. Although I watch many videos on YouTube dealing with the

Near-Dear Experience, I still want to have it straight in my mind that what I believe is true with what our Lord has given to us.

I suppose the question I have most in my mind, and that question has been there ever since I was a child, is this, “If we are put upon on this earth for one lifetime, then it is very important that we get this one lifetime correct.” I would lie awake many nights in fear, as a child, that I hadn’t lived my life correctly and would be lost forever. I remember my mom saying our prayers with us before going to sleep, “Now I lay me down to sleep, I pray the Lord my soul to keep, If I should die before I wake, I pray the Lord my soul to take.” If I died before I woke, would He take my soul?

Here is a YT Video that you may find interesting. As always, use this as a leaping off point to begin your own research.

[They Died And Came Back With A Message - 6 Amazing Near-Death Experience Stories](#)

In Dorothy Shelton’s word: Today's video will present 6 of the most inspiring near-death experiences I have encountered. Near death experiences awaken in us a sense of hope. Hope that there is more to us than the physical bodies we occupy and the fragile world in which we live. Almost everyone who reports having a Near death experience is dramatically transformed by them. People who have had NDEs often report: a decreased fear of death, increase belief in the afterlife, A stronger sense of spirituality, A greater appreciation of life, A reduced interest in material gain or status, They Seek out helping or healing professions.

When I had my first Near-Death Experience in December 2013, I went back home to Russellville, Arkansas not knowing that I had changed. It took me about six weeks to completely recover from the flu and the NDE. During that time, my attitude as a dogmatic Christian slowing changed to a being a Christian, knowing that God loves everyone, regardless of which church they were raised in, and not just those who were brought up in the same church I had been raised in.

Who Are the Aliens???

During January’s meeting at Beefy’s, several names came up that I needed to do research to help clarify in my own mind that what we hear, see and believe is true to the best of our knowledge and is in rapport with our own belief systems.

The Galactic Federation of Light is a name I have heard about for many years, but just who are they? From the website [The Great Picture.com](http://TheGreatPicture.com), we get this description.

The Galactic Federation, also called *Galactic Federation of Light*, the *Confederation (of Planets)*, *Interstellar Alliance*, *Sphere Being Alliance* or the *Galactic Federation of Worlds*, is a cooperation of space traveling civilizations in our Milky Way Galaxy. The Federation consists of hundreds of thousands of members and was founded millions of years ago, after a series of wars in the Lyra constellation. The destruction that happened on that occasion led to the survivors trying from then on to solve galactic conflicts in a peaceful way.

Every inhabited galaxy in our universe has a federation, but ours is one of the eldest.

The Galactic Federation has an enormous fleet of spaceships at its disposal that mediate, or if needed, intervene in any place where conflicts impend. The interdimensional technologies that they can use are of such a high level that we can hardly imagine them. Their control of energy is almost perfect, so things like dematerializing, becoming invisible or the creation of small orbs of energy that can be released with an assignment (for example to create [crop circles](#)) is no problem at all.

Their ships are often created of living material. Some are as large as planets and are totally self-sufficient with woods, fields and rivers. The Federation's fleet consists of ships of the participating nations and several singly operating fleets. Some of these fleets are headed by commanders who have become somewhat renown on Earth and are sometimes [channeled](#), like Ashtar and Hatonn. These channelings started some 50 years ago (1) and lately more and more self-declared mediums claim to be doing so, but most of them don't seem to be very pure.

The Galactic Federation is controlled by a large council, made up of smaller councils, that themselves consist of even smaller councils, each of which has representation from all of the separate members. This way this enormous organization stays manageable. The hierarchy between members is usually determined by their spiritual development. The most highly evolved members are beautiful light beings who voice the Will of God.

At this moment a considerable part of the Galactic Federation is present around the Earth to bring the tumultuous end of our cycle of duality to a happy conclusion. Although our whole universe ascends the [Ascension](#) of the Earth is a different story. The millions of ships that are currently hovering around the Earth are roughly split into three layers, of which the outer layer contains the biggest ships (2). This is no static unity but a continuous arrival and departure of all kinds of ships that use the hyperspace and *stargates* like the sun (3) to travel to their home planets or other places in the universe.

Since the population on Earth is human, the human civilizations within the Galactic Federation play an important role in the assistance with our ascension process. To this group belong, for example, the Pleadians and the Sirians. About 40% of the Galactic Federation is human, the rest consists of other species and light beings. Many of them share a genetic link with us but are more highly developed than we are.

They have visited our planet for millions of years and left behind many *souvenirs* such as [buildings](#) and [art objects](#), although many of them have been made by negative [alien visitors](#) who are no part of the Galactic Federation.

This link with extraterrestrials is hidden as much as possible by mainstream science, which is under the control of the [illuminati](#).

To obey the Universal [Law of Non-Interference](#) as much as possible, the contact with earthlings has been kept to a minimum by the Galactic Federation until now. People that they

contact directly, like [Billy Meier of Switzerland](#), Carlos Diaz of Mexico (5) and Howard Menger of the US (6), often have a genetic link with a certain galactic civilization. They live a life on Earth on behalf of them so that their experiences can be shared later. As this usually happens in a higher dimension, the others can literally tap into the energy of a certain experience and relive it (7).

Only by exception do friendships between friendly *aliens* and earthlings arise when this was not originally planned to happen (8). Generally, they stay in the background as much as possible. However, they are the guarantee that the Ascension process goes as planned and that the actions of the illuminati, who are trying everything to disturb this process, are not too effective. They're keeping the oxygen level in our air up to the mark, preventing nuclear attacks and wars (9), cleaning up radioactive fallout, eliminating (chemical) pollution, [chemtrails](#) and diseases and minimizing the effects from natural disasters, man-made or not, etc.

As soon as the heads of Government of the countries on Earth, who mostly know of their existence, exercise transparency, this will change. According to the [channelings](#) (10) which are the way that the members of the Galactic Federation communicate with us until now, they will then show themselves in public more and their superior technology will partially become available for us.

Fleet Commanders

Ashtar

[Ashtar – “Who is Ashtar? Mission and Purpose”](#)

Hatonn

[Fourwinds10.com](#)

I copy and paste these articles to allow one to do their own research. Can I prove that anything I have said in this newsletter is true? Of course not. In the words of Dr. Irene Hickman, D.O., I can't even prove that I'm alive. Interesting, NO?

OUR BEAUTIFUL LITTLE DIRTY LITTLE PLANET EARTH SHAN..

[Our Beautiful Planet](#)

The information concerning our super universe Orvonton and our Nebadon universe can be found at <https://www.urantia.org>. <https://www.urantia.org/urantia-book-standardized/paper-15-seven-superuniverses>

6-10-20

A friend, RT, has sent the following picture and has written: (Quoting) “This is looking toward our Galactic Central. There are 200 billion stars in our galaxy. Quite a few... Makes me wonder how many Galactic Federations there might be in any one Galaxy, let alone countless Galaxies. I've heard that there are 200,000-star systems in this Galactic Federation. I wonder if this is a

large Federation or is there a “United Federation Of Light” that is extra Galactic? Just wondering.”

You probably know that in the whole of Creation of celestial stars and planets, which is called the Cosmos, there are seven super universes, which extend like spokes of a wheel out from the hub or central universe, the center of which is the Isle of Paradise where Creator Source resides. Our Milky Way Galaxy has been misnamed. It is really the seventh one of the seven super universes.

Within each super universe are 100,000 universes, and each of these universes has a Creator Son. Therefore, there are 700,000 universes in the Cosmos with 700,000 Creator Sons. Our super universe is called Orvonton, our universe is Nebadon, and our Creator Son is Hatonn/Aton.

Our earth’s Cosmic name is “Shan”, and we are to be the thirty-third planet to join our Galactic Federation. Therefore, our Galactic Federation is quite small in comparison to everything around us in the Cosmos. We are told that more than 200 Star Nations have come to assist in Shan's transition into fifth dimension.

Shan is the only planet in our solar system that has not yet achieved 5D. Also, our planet is a very small planet in comparison to many other planets in the Cosmos. Why would Creator God Aton of our Nebadon Universe even care about our little, dirty, stinking planet that is seen, as a smudge pot of filth sailing through space in this "corner" of the Nebadon Universe, leaving a trail of negative energy behind it? Why would he come to Shan, the "planet of tears", as Gyeorgos Ceres Hatonn/Aton disguised as the Pleiadian Star Fleet Commander of a fleet of ten thousand starships?

Why would Esu Immanuel Sananda spend so many lifestreams in 3D on this planet as Buddha, as Esu, as the Great White Father, as Sananda, etc. as a Truthbringer trying to wake us up? Why would Violinio Germain spend lifestream after lifestream on Shan doing his alchemy magic and building wealth for the future Truthbringers and Lightworkers? Why have we returned lifestream after lifestream to this very Dark and dirty little planet? Surely there are other places we could have chosen.

Earth Shan may be a small and very Dark planet today, but in its beginning, it was a most magnificent and valuable planet in the Nebadon Universe. Shan was created as a supply planet for other planets and placed at the crossroads of travel in this section of our super universe of Orvonton. Our planet had such abundance and variety of plant and animal life as never before seen. The purpose of this was to supply other planets that were developing and were in need of various plants and animals in creating their balance.

Now, I'm going to tell you a secret that few people know. Our little planet was important in another way. In the core of Shan was placed by Creator God Aton a brilliant crystal, when he created Shan. Our planet was to be the "seed planet" for the entire Nebadon Universe. From the energy of this crystal all of the Nebadon Universe was created. Because this is so, Shan is the oldest planet in our universe, and because it was the first planet it was also designated as the

"supply planet" for this sector of the Nebadon Universe.

How could our most beautiful planet become so Dark? We can blame Lucifer for that. Lucifer at one time had achieved the position of being the Archangel of highest authority next to Creator God Aton. That was not enough for his ego, for he desired to be Creator God. His ego caused his frequencies to lower to the point where he could not stand the higher frequencies of the Lighted Realms. When he finally chose to leave and go to 4D, one-third of the Angels of the "Heaven" of Aton went with him. They roamed our universe destroying planet after planet, including Venus and Mars, with their evil, until Aton said "Enough!"

Lucifer was told to choose one planet on which to live, which would become his "jail planet!" Guess what? He chose Shan! He chose the most beautiful and abundant of all planets in the Nebadon Universe. Wouldn't you? So, we were given the great handicap of defeating Lucifer on our own planet. Is it any wonder that Shan became the Darkest of planets in the Nebadon Universe? Is it any wonder that for eons the greatest spiritual beings of Light have come to our planet as Truthbringers?

Now we know why Hatonn/Aton is here on our dirty little planet to help us. It's called the "Lucifer Connection". Now we know why even Creator Source is helping us. Our little planet has polluted this whole area of the Cosmos with its negativity, and it is now time for the Darkness to leave and Shan to be returned to the Light. This is, indeed, the end of the Age of Darkness on our planet.

Because we, who are now on Shan, had proven ourselves as Enlightened Beings in the last two Grand Experiments, we were chosen and asked to volunteer to return in this lifestream to assist in the transition of our earth into fifth dimension. We could have learned our lessons elsewhere, but we agreed to come here at this time and help combat the Darkside. Those Lightworkers, who have awakened to Truth, have endured much and have with their positive energy and thought power helped greatly to overcome the Darkness on Shan. It is now time for these powerful but very tired Lightworkers to have relief.

Be of good cheer, my friends, for the time of the coming of the Light is here. The Great Awakening is happening. The Starships are here everywhere in the sky day and night. Our Star Friends from over 200 Star Nations have come to our aid, as the "Hosts of Heaven". Our little speck of a planet in the Cosmos shall be redeemed from the Darkness of Satan and his troops. Satan has been defeated. He and his troops have been escorted off our beloved planet, never to return.

Only his evil human minions remained to carry out his evil plans. These plans lay in tatters, for the Lightworkers through the power of Spirit are overwhelming these Serpent People everywhere. The Darkness is fading into the sunrise of Shan's Golden Age, as she proceeds with her self-cleansing and re-birthing.

Rejoice, my friends, rejoice! Our pain and suffering shall soon be no more. Heed not the blatherings of the soothsayers. Our time of peace and freedom and abundance is soon here! Declare with me that we shall have victory! The long night is ending, and our beautiful little

dirty little planet shall be rescued from the pit of Hell and returned to a place of beauty and peace once again, but this time in fifth dimension! Aho!

People of the Lie: Reincarnation

PEOPLE OF THE LIE: REINCARNATION

by Patrick H. Bellringer

5-25-21

For centuries man has debated the concept of reincarnation. Reincarnation is the coming again of your God-Spirit or soul within another physical body in another lifetime. To incarnate is to manifest in physical form. We are spiritual beings, who have taken on a physical body to experience in third dimension at this time.

There is no debate over reincarnation, if one believes what Esu (Jesus) Immanuel taught his disciples 2000 years ago. He taught that every human being created by God received a portion or fragment of God's Spirit, which is known as the "soul". To be truly "free" individuals, we were also given a free-will to choose between right and wrong. Without a free-will we would be nothing more than robots or puppets on a string.

Our task as human beings is to learn the Laws of God and the Laws of Creation, and then by free-will choice choose to live them to perfection to become one with God and the Creation.

Every human being has been given the ability to determine right from wrong. This means we, through our conscience, can determine good and evil. With our free-will we can then choose between good and evil. Our goal is to always choose good in order to perfect our God-Spirit(soul) to the point of again becoming one with the Spirit of God and The Creation in perfection and harmony.

To do this we must learn Truth. Truth involves the Laws of God and The Creation. These laws are also known as The Laws of Balance. As we learn to choose wisely good over evil, we learn wisdom. Our goal is to always choose wisely so that we grow in "soul" perfection. Gradually, we learn the Truth of The Laws of Balance and grow in knowledge. As we learn to choose good over evil and follow those laws in daily living, we grow in wisdom, and thus, in soul perfection.

It is impossible for one to gain the knowledge of Truth, to grow in the wisdom of right choices, and to complete all of one's lessons to the point of soul perfection in a single physical lifestream. Therefore, our God-Spirit must return again and again over many lifestreams within human physical form to continue the task of soul perfection. This repeating incarnation of one's soul is one's reincarnation. So, we see that reincarnation is necessary for one to complete the task of our God-Spirit becoming "one" again with God and The Creation.

We have all lived many lifestreams either on Planet Earth or on some other planet. Each time we reincarnate, our soul perfection starts where we left off in the previous lifestream. This point is always determined by our previous lifestream choices. The one major problem we face each time we reincarnate is that we have no memory of our past lifestreams. The physical plane, as we experience it, is a third dimensional plane. At the end of any given lifestream, our soul goes to the astral plane where our memory is restored to us. There we judge ourselves according to the Laws of God and Creation and

decide the lessons we have yet to learn. If we have not learned all our lessons in soul perfection, we then return again to the schoolroom of third dimension without memory to learn them.

Our common enemy, Satan, knows about and fully understands the meaning of reincarnation. He knows that this life is but a passing experience and that there is life experience after this one. He, too, has a free-will. He was known as Lucifer of the Lighted Realms, The Bright and Morning Star", and he chose unwisely to attempt to "become God." This caused great imbalance and disharmony within the Lighted Realms, which lowered the frequencies of Lucifer and his dark brotherhood to the point of great discomfort. Thus, he chose to leave the Lighted Realms. After causing much destruction in the cosmos on other planets, he was finally banned by God Aton of Light to live on Planet Earth as his- "jail" planet. Lucifer was then given the name "Satan" by God Aton.

Satan knows, that through the knowledge of the Truth of reincarnation, we will want to perfect our souls in order to move to fifth dimension and leave Planet Earth. Satan does not want that to happen because his goal is to "trick" us into believing his "Lie". He wants us to choose to join his forces of evil, so that one day he can again challenge God! Satan's goal is not only to take control of our world but also of the entire universe. Therefore, Satan has planned carefully to bury Truth and especially the Truth of reincarnation. He cannot afford to let us have the knowledge of how to escape his clutches. He needs troops for his army of evil intent.

Most of the people of Esu (Jesus) Immanuel's day chose not to accept his teachings. Esu (Jesus) Immanuel clearly taught reincarnation. From the very beginning Satan's troops, starting with the Pharisees and even the early "Christian" disciples, altered Esu's teachings to suit their own needs. The accepted writings of "Christianity" were collected and canonized at the Council of Nicea in 323 A.D. Esu's teachings on reincarnation remained intact for nearly 500 years. Finally, at the Second Council of Constantinople in 525 A.D., the "canonized" writings of Christianity were sanitized of most references to reincarnation. Thus, Satan skillfully buried the Truth of reincarnation, and the "Christian" church has faithfully perpetrated that "Lie" ever since. Other people have not been so ignorant concerning reincarnation, as is evidenced by the knowledge of the Natives of both India and of North America.

Satan has used Christianity as one of the master plans to deceive us. Christianity has "tricked" us into believing that we do not have to work at soul perfection, but that the blood of their Messiah, one renamed "Jesus Christ", magically removes our "sins". The Satanic myth continues in that those who have been "saved" will at the magic moment be whisked away from this evil place by the "Christ", who comes floating back to Earth in the clouds. Thinking that someone else "does it for you", one makes no progress in soul perfection. The result is for one's soul to stay lifetime after lifetime on the "wheel of reincarnations."

Satan also uses self-punishment to "trick" us. Satan encourages self-punishment for our errors and past sins. The cause of our problem is believing this "Lie". The effect is that we allow our "ego" to be altered. We believe the Anti-Christ (Satan), that we are either inferior or superior to other people. This results in a rejection of our true being; for God has created all human beings equal. This gives us a sense of unworthiness to really be our true self to live freely without such feelings of inferiority or superiority.

Our altered ego feelings of inferiority/superiority may then be expressed in such ways as shame, resentment, helplessness, depression, envy and self-doubt. They may be lust, greed, hatred and

jealousy. They may be expressed in impatience which leads to frustration or even in illness and disease which leads to the death-wish of the body. Because we believe in the "Lie" of self-punishment and do not accomplish "soul growth," our immortal God-Spirit again becomes locked into the "wheel of reincarnations", and lifetime after lifetime our soul cycles through human forms with little perfection of the soul.

Reincarnation and soul growth are inseparable. Our rate of soul perfection determines the number of lifestreams necessary to reach perfection and become one with God and Creation. Of all dimensions the third dimension of physical human experience grants us the best lessons for challenge and perfection of our Creative Spirit within. Now is the most fantastic time for soul growth in all the history of Planet Earth. The potential for soul growth is greatest when a celestial planet moves into its fifth dimension. Planet Earth is now at that point in its evolution. Third dimensional human beings must now leave this Earth. We are at the culmination of all of our previous lifestreams on this planet, and we have the greatest potential for soul growth at this time. In the Lighted Realms this opportunity for such potential soul growth occurs only when a planet graduates out of the third dimension.

Soul growth never remains constant, that is, it never stands still. In soul perfection we are constantly moving either forward or backward. If in a given lifestream we choose Truth, in the next lifestream it will be far easier for us to find and choose Truth again. Should we choose the "Lie" of Satan, in the next lifestream it will be far harder for us to find and choose Truth again. It is possible for one to continually regress in soul perfection so that the flickering Light of the soul is all but extinguished. One may be required by his God-Spirit to go back and start over as a "cave man" to work on soul perfection. Should that occur, one could continue as a cave man without memory for thousands of years on the "wheel of reincarnations!"

Reincarnation is Truth. The Earth is nothing more than a schoolroom where we learn our lessons and prepare for our next place and experience. Our destiny is perfection of our God-Spirit--of our Soul within. We must strive for perfect Love that is pure and without conditions, and its fire will burn and cleanse all that is unclean and evil in its path. We must work and grow spiritually or we will "repeat our grades" in another place in another schoolroom until such time that we have learned our lessons.

Reincarnation is probably the most basic tenant of Truth for us to learn at this time, for it answers our questions about our past, our present, and our future. This is why Satan very quickly removed any teaching about reincarnation from Master Teacher, Esu (Jesus) Immanuel's teachings. Reincarnation is an elementary lesson, and unless we fully understand its meaning, we shall have great difficulty with our future lessons in soul growth.

Whether we accept reincarnation as a fact of "Life" or not, most certainly, will determine both our soul progression and our destiny. We are but fragments of the "Whole". By our free-will we decide how quickly we will learn our future lessons in soul perfection and find complete harmony and balance, and again re-join the "One" Creator/God Aton of Light and The Creation and live in complete love and harmony and peace with all of Creation. Ponder this most carefully.

Resource: The Phoenix Journals

--The Phoenix Journal/Contact Newspaper Archive site is at--

<http://www.fourwinds10.com>

--The Bellringer Writings are at--

<http://www.fourwinds10.com>

bellringer@fourwinds10.com

***ONLY 1% Will See This Message! " - Do Not Underestimate This WARNING!
Galactic Federation (2022)***

<https://www.youtube.com/watch?v=nGlvKCgIksU>

At What Point Does One End a Monthly Newsletter?

When I first began to the newsletters, I found that they were pretty short and did not have much in them worth reading. As the years come and go, I found different avenues to putting out the newsletter and it has begun to grow by leaps and bounds. Not because you requested it, but because I found it difficult to find a place to stop writing. I add this information that I do, not only because I find it interesting, But I can always go back to these newsletters and continue to read. With that said, I want to include one more article on [Reincarnation in Christian Gnosticism](#).

***Love is not simply a word or an emotion; love is a power that gives action to all
around it. Love is the power of life.***

***Physical and Mental, we exercise both, we neglect Spiritual. Everything we do,
think, and say is Spiritual.***

Click the links below to begin your own research journey – this is all free!

***You can follow me on the following new social media sites, I'm leaving Facebook, Twitter and
YouTube, when possible:***

[gab](#) - [@carlmarshall](#)

[Rumble](#) – [carlmarshall](#)

[Rumble](#) – [Texas Metaphysics & QHHT](#)

***I have begun putting “Easter Eggs” in the links below. Enjoy. Also, there may be some “Red
Pills” within the mix below. Another note – I receive no compensation from anything I link to,
whether it be articles, websites, books, YouTube Videos or other such thing. I only offer these
links as a help to those who are searching for the truth. I only receive compensation when a
client comes to me for a QHHT Session. Thank you.***

If any of the link's fail, please let me know so that I can fix it. Thank-you. Carl

1 – News – Top

[Above Top Secret](#)

[Abundant Hope](#)

[Alien News](#)

[All News Pipeline - ANP](#)

[Attainable Mind](#)

[Before Its News](#)

[Blacklisted News](#)

[Censored News](#)

[Cosmic News](#)

[Dinar Chronicles Daily Newsletter](#)

[Exopolitics – Dr. Michael Salla](#)

[Exploring Real History](#)

[Forbidden Knowledge TV](#)

[Gateway Pundit](#)

[George – Not Just Politics As Usual](#)

[Gesara News](#)

[Great Awakening](#)

[Ice Age Now](#)

[In5D](#)

[Indian In The Machine](#)

[Into the Light News](#)

[Life Line News](#)

[Life Site News](#)

[Natural News – the Health Ranger](#)

[NESARA / GESARA](#)

[Next News Network](#)

[Our New Earth News](#)

[Politico](#)

[Real News Feed](#)

[Real Raw News](#)

[Rense](#)

[SGT Report](#)

[Starship Earth: The Big Picture](#)

[Tap News Wire](#)

[The Epoch Times](#)

[The Federalist](#)

[The Final Wakeup Call - English](#)

[The Great Awakening](#)

[The Guardian](#)

[The Rumor Mill](#)

[The True Defender](#)
[Truth Beyond Science](#)
[USSANews](#)
[We Are Change](#)
[What Does It Mean?](#)
[World-Mysteries](#)
[X22report](#)
[Zero Hedge](#)
[Zeta Talk](#)

2 – NDE - Top

[Dr. Bruce Greyson Resources](#)
[IANDS – International Association for Near-Death Studies, Inc.](#)
[Near-Death Experiences and the Afterlife](#)
[Near-Death Home Page](#)
[Proof of Heaven – Mike Adams](#)

3 – Reincarnation - Top

[ASK DR. WEISS: Free will and destiny; soulmates; ghosts; souls in different forms](#)
[Bible Truths](#)
[Christian Reincarnation - Love](#)
[Christian-Reincarnation.com](#)
[Dr. Brian Weiss - Leon's Past Life Regression](#)
[Dr. Brian Weiss on the Patient Who Made Him Believe in Past Lives](#)
[Dr. Brian Weiss-Free will and destiny–soulmates–ghosts–souls in different forms](#)
[Edgar Cayce's A.R.E.](#)
[Facts Are Facts](#)
[Facts Are Facts – Reincarnation is Not Being Born Again!](#)
[Merciful Truth](#)
[Reincarnate Life](#)
[Reincarnation](#)
[Reincarnation After Death Stories](#)
[Reincarnation and the Bible](#)
[Reincarnation and the Near-Death Experience](#)
[Reincarnation Christianity and the Dogma of the Church – Jan Erik Sigdell](#)
[Reincarnation in Christian Gnosticism – Jan Sigdell](#)
[Reincarnation in the Bible Part 1](#)
[Reincarnation in the Bible Part 2](#)
[Reincarnation Is it Biblical - You Will Not Believe What I am About to Tell You. – Jacob Israel](#)
[Reincarnation Jesus, the Bible, New Testament & Christian Doctrine](#)
[Reincarnation Research](#)
[Reincarnation Stories](#)
[Reincarnation The Key to Christianity](#)
[Reincarnation Truth](#)

[Spirit Release Forum](#)
[Spiritual Travel.org](#)
[The Reluctant Messenger](#)
[Theosophy - Reincarnation](#)
[Theosophy Northwest](#)
[Theosophy World](#)
[Why Jesus Taught Reincarnation: A Better Gospel, by Herbert Bruce Puryear](#)
[Yeshua before 30CE](#)

4 - Television Shows - Top

[One Step Beyond](#)
[Twilight Zone](#)

5 – QHHT – Quantum Healing Hypnosis Technique - Top

[Suzanne Spooner on What to Expect During a QHHT Session](#)
[What is QHHT?](#)

6 - The Rabbit Holes - Top

[The Biggest Book, A Free World? Wilhelm Reich ... Your turn.](#)
[13 Bloodlines of the Illuminati, The Majestic Project / MJ-12 ... Your turn.](#)
[Index by Areas, Disclosure-Life in the Universe, Abductions and Abductees, An Alien Abduction Account ... Your turn.](#)

7 - UFOs and the Extraterrestrials - Top

[Disclose ET UFO Technology for Humanity Earth](#)
[Exemplore – FBI Confirms Aliens Exist](#)
[Future of Mankind – Billy Meier](#)
[MUFON](#)
[Nicholas Ginex Enters the WordPress World!](#)
[SecureTeam10](#)
[The Great Picture](#)
[Tom Keyon – Who are the Hathors](#)
[UAMN](#)
[UFO Casebook](#)
[UFO Sightings Caught Over Texas Hill Country | UFO Sightings 2017](#)

8 – Q - Top

[Q – The Plan To Save The World Remastered](#)
[Welcome to Qniversity](#)

9 – YouTube - Top

[Can't Stop Smiling When I Watch This](#)

[HIDDEN TEACHINGS of the Bible That Explain Manifestation, Consciousness & Oneness](#)

[Natalie – Melanie – The Experience Episode 141 – We Are You and You Are Us](#)

[Reincarnation! Is it Biblical? You Won't Believe What I'm About To Tell You.](#)

[Strange But True Stories!](#)

[Suppressed Secret Technologies](#)

[The Best Is Yet to Come](#)

[UAMN TV](#)

[Zohar Star Gate Ancient Discoveries](#)

10 - The Phoenix Journals - Top

FourWinds10

[PEOPLE OF THE "LIE": SPACESHIPS, ALIENS AND YOUR FUTURE](#)

[PEOPLE OF THE LIE: REINCARNATION](#)

11 - Early Christian Writings - Top

[Early Christian Writings – Church Fathers](#)

[Gnosis.org](#)

[The Gnostic Society Library](#)

[The Lost Books](#)

[The Nazirene Way](#)

12 - Galactic Federation - Top

[ERA of Light](#)

[Into the Light](#)

13 – Extra - Top

[13 Bloodlines of the Illuminati](#)

[A Free World?](#)

[Ancient Origins](#)

[Bibliotecapleyades](#)

[Biggest Secret – David Icke 541 pages](#)

[Daily Mysteries](#)

[Divinity Now – Mike Adams](#)

[Educate-Yourself.org](#)

[Energy Frequency and Vibration](#)

[Feed Spot](#)

[Flight Aware – Central to Aviation](#)

[Forbidden History - BeforeUs](#)

[Global Research](#)

[Great Awakening](#)

[Henry Makow](#)

[Inspire Good Vibes](#)

[Internet Sacred Text Archive](#)

[Julian Assange Wikileaks Files](#)

[Meta-Religion.com](#)

[Meta Tech](#)

[Office Of the World Teacher](#)

[Operation Disclosure Official](#)

[Pandemic Timeline](#)

[Patriots for Truth](#)

[Phantoms and Monsters](#)

[Phoenix Journals](#)

[Phoenix Operator-Owner Manual](#)

[Political Vel Craft](#)
[Prepare for Change](#)
[Red Light Therapy](#)
[Remedies.net](#)

- [Anti-Aging](#)
- [Arthritis](#)
- [Diabetes](#)
- [Diet Dilemma](#)
- [Heart Health](#)
- [Obesity](#)
- [Organic Salt](#)
- [Women's Health](#)

[Restore – Google Alternatives](#)
[Royal Raymond Rife](#)
[Tesla Shift Frequency](#)
[The Biggest Secret](#)
[The Gnosis Archive](#)

[The Hollow Earth](#)
[The Lacerta Files](#)
[The Law of One](#)

The Lost Gospel of Q – The Sayings of Jesus – Version 2:

<https://youtu.be/M4qNp7xSekA>

[The Mysterious Universe](#)
[The Smokey God](#)
[The Universe Inside You 1](#)
[The Universe Inside You 2](#)
[Time for Disclosure](#)

[Urantia Foundation](#)
[Visible Origami](#)

[WebMD – What is Red Light Therapy](#)

You will find every book under the sun for free downloaded here: <https://z-lib.org/>

[**Trevor Winchell – American Patriot - Important Updates: Global Currency Reset, Ten days of darkness, GITMO, Gold Repatriated from Cabal**](#)

[Back to Eden by Jethro Kloss](#)

[Essential Oil Magic by Vervain Helsdottir](#)

[Native American Herbalist's Bible by Lyotanka Sioux](#)

[The Drugging of America: The Pharmakeia Sorcery Deception \[podcast\]](#)

The following are PDFs that when clicked on, will download a PDF file:

- [1888 - E.D. Walker - Reincarnation - A Study of Forgotten Truth](#)
- [1908 - Reincarnation and the Law of Karma](#)
- [Hidden Beliefs Covered by the Early Church Re: Resurrection & Reincarnation](#)
- [May a Christian Believe in Reincarnation](#)
- [Past Life Memories of Children and Past Regression - A Case for Reincarnation](#)
- [Reincarnation](#)
- [Reincarnation - An Investigation Through the Bible, Science and Experience](#)
- [Reincarnation - The Church's Biggest Lie](#)
- [Reincarnation "When I Was Big"](#)
- [Reincarnation and Christianity](#)
- [Reincarnation and Christianity - Nazirene](#)
- [Reincarnation As Taught By Early Christians](#)
- [Reincarnation Children Don't Believe in Death](#)
- [Reincarnation In The Bible - Part 1](#)
- [Reincarnation Scripture](#)
- [Reincarnation, Christianity and the Dogma of the Church](#)

- [The Formation of the New Testament Canon](#)
- [The Moral Dilemma of Right and Wrong](#)
- [The Truth About Reincarnation](#)

14 - Suggested Reading - Top

[Children Who Remember Previous Lives: A Question of Reincarnation](#)

[Many Lives, Many Masters](#)

[Same Soul, Many Bodies](#)

[The Andreasson Affair: The True Story of a Close Encounter of the Fourth Kind](#)

[The Books of Enoch](#)

[The Great Human Potential, Teaching from the Ninth Dimensional Pleiadians and the Hathors](#)

[The Unquiet Dead: A Psychologist Treats Spirit Possession](#)

15 - Music Videos - Top

[“In The Year 2525” - music video clip made in 2020](#)

["REFLECTIONS OF MY LIFE" THE MARMALADE ~ 1969](#)

[THE ASSOCIATION “Requiem For The Masses” 1967](#)

[Mike Curb Congregation – “Burning Bridges”](#)

[The Hollies – “He Ain't Heavy, He's My Brother”](#)

[“The Air That I Breathe” - The Hollies](#)

[The Association – “Everything That Touches You”](#)

[Tommy James and the Shondells – “Crimson And Clover Lyrics” - extended version 1968](#)

[“Those Were The Days”](#)

[“While My Guitar Gently Weeps” - \(Taken from Concert For George\)](#)

[Electric Light Orchestra – “Don't Bring Me Down”](#)

[* Classic Rock * Electric Light Orchestra – “Livin' Thing”](#)

['Footloose' - Dancing In The Movies](#)

['Step Back In Time' - Old School Dance Mashup](#)

[Movie stars dancing to...! I'm So Excited!](#)

[Bee Gees – “Too Much Heaven” - \(Official Music Video\)](#)

16 – Survival - Top

[4 Patriots](#)

17 – Advanced Technology - Top

[2014-02-20 - Is Technology More Advanced than it Appears?](#)

[2014-04-01 - Advanced Technology: Flying Saucers & the Underworld](#)

[2014-04-30 - Advanced Technology: Beginning with Roswell](#)

18 – Amazing Water Remedies - Top

[Rice Water – Glowing skin, healthy hair, shrink pores, and energy drink.](#)

[Lemon Water – Flat belly, boost immune system, detox, blemish free skin and healthy digestion.](#)

[Fennel Water – Relieves menstrual problems, digestive problems, weight loss and healthy skin.](#)
[Ginger Water – Relieve menstrual cramps, headaches, bloating, cold and indigestion.](#)
[Mint Water – Detox, freshen breath, fight acne, promote digestion and improve complexion.](#)
[Rose Water – Shiny hair, lighten scar, tighten pores, soothe skin, purify skin, prevent breakouts.](#)
[Cucumber Water – Healthy skin, ease nausea, keeps you hydrated, and remove dark circles.](#)
[Honey Water – Cure acne, reduce bloating, flush out toxins, sore throat remedy, weight loss.](#)
[The Little Shine – Top 10 Water Remedies](#)

19 – Jokes and Stories - Top

[Diary of a Snow Shoveler – Funniest Thing You Will Read This Season](#)

[What Heaven's Like](#)

[Will I Live to be 80?](#)

List Updated 2-22-2022

Newsletter Input

Sometimes, from time to time, we all experience something from the unknown. Our God knows, but we have not a clue as to what it was, and it bewilders us and forces us to do a reality check. We also find that we want to tell someone, anyone, maybe. But who? Do you have a story you want to tell, but do not want to be put on the front stage with all eyes looking at you? Do you get nervous meeting new friends and are fearful that they may think you to be strange and not all “there?” If you would like, please email me with your story. I will read it to see if it has interest for our readers, I may check for spelling and grammar then post it in our newsletter. I can leave your name off if you would like. But I want to hear from our readers.

QHHT Sessions

If you are interested in doing a QHHT session, my current fee is \$300 for the entire session. I only do one session per day so that there will be no rush to finish a session before it is natural completion. You will also find that my fees are at the low end of the scale among QHHT® practitioners, to make it more affordable. I'll send you some paperwork to be filled out when we schedule the appointment, then I'll send a reminder one or two days prior to the session that will also include my address here in Spring Branch, Texas. Bring the paperwork with you and we can go over it when you get here. A belief in reincarnation *is not* a requirement for a QHHT® session. Your unconscious mind will take you to the most appropriate time and place in which your questions will be answered.

If you need to call or text me, to ask more questions, I will be more than happy to answer any questions you may have. If the call goes to voice mail, I will call back as soon as I am able. I am retired and hypnosis is the only “work” that I do, so if you need to call or text, do not hesitate.

The session can last four to seven hours. This includes a two-hour discussion and a review of the questions you bring with you that you want your unconscious mind to answer, a one-to-two-hour hypnotic session that may include one to three past lives, answers to your questions by your unconscious mind, and a body scan by your unconscious mind. The session is videoed, and an audio file of the session is sent to you via Drop Box.

ABOUT

This newsletter started out as a way to encourage others to meet and tell others of their paranormal experiences. I've also included a lot of my own experiences in the previous newsletters, but now, I believe it is time to include other subjects that will help a person to grow and heal, not only in the mind, but also in the body. After all, isn't that what we all want, to have a healthy mind, body and spirit?

As I research the various topics that I find interesting, I will occasionally dip down into rabbit holes and find nuggets that were completely unexpected. Attending “**The Healing Arts Festival & Market**”, I also see where people are seeking alternative sources of healing rather than the allopathic medicine in which we have begun to shy away from due to the contraindications associated with their treatments when using questionable pharmaceuticals.

I have found, in my readings, therapies that include frequency, vibration and energy as well as red light therapy. Frequency would be associated with light and sound, as in the Singing Bowls that one may find at the Healing Arts Festival & Market. So, please expect more, and if you believe that I have veered off track and need to come back to center, please let me know. Feedback does help.

Contact Information

Cell-phone number Carl Marshall 479-970-6922
Email Address carl@cakama.com
Website www.texasmetaphysics.com

Our Meetings at Beefy's on the Green – Upcoming Dates - Top

Upcoming Dates: **Feb 26** **Mar 26** **Apr 23** **May 28** **Jun 25**
 Jul 23 **Aug 27** **Sep 24** **Oct 22** **Nov 19** **Dec 17**

The Healing Arts Festival & Market – Pat Booker - Top

Hilton Garden Inn – 8101 Pat Booker Road – San Antonio

Upcoming Dates: **Mar 5** **Apr 3** **May 1** **Jun 5** **Jul 10**
 Aug 7 **Sep 11** **Oct 2** **Nov 6** **Dec 4**

The Healing Arts Festival & Market – The RIM - Top

Hilton Garden Inn – 5730 Rim Pass – San Antonio

Upcoming Dates: **Mar 20** **Apr 24** **May 15** **Jun 19** **Jul 17**
 Aug 21 **Sep 18** **Oct 16** **Nov 20** **Dec 18**



MUFON San Antonio, Texas

- Top

To report a UFO – MUFON UFO REPORT

Open Public Meetings Restarting in January 2022

Join us for the San Antonio Chapter meeting live and via Zoom on Tuesday, February 22nd at 7 P.M. (Room will open at 6:30 P.M. for social time.)

We will be streaming the meeting so those out of town can participate. Watch this Facebook page for more information as we get closer to the meeting date.

Meeting ID: TBA Passcode: TBA



Until next time, I am Carl Marshall.