

# And...The Search Continues

## Texas Metaphysics Newsletter

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Where – Beefy’s on the Green

12910 US Hwy 281 N, Spring Branch, TX 78070

*Saturday, October 22, 2022, from 1:00 PM until 4:00 PM*

Eating and Socialization starts at 1:00 PM

*Posted Newsletters - <https://www.texasmetaphysics.com/general-5>*

### *October 19, 2022 - Newsletter*

These are unusual times. It is more than just the bumps in the night that keep us awake, but, also, those things over which we have no control. See you *October 22, 2022*, at Beefy’s on the Green, in our forever Search For The Truth.

Don’t forget our MUFON meeting on Tuesday October 25<sup>th</sup>. [See here for details.](#)

### *Beefy’s on the Green Venue*

Are you curious, or do you have a story you would like to share? Come join us at “Beefy’s on the Green,” Saturday, **October 22<sup>nd</sup>** at 1:00 PM. The location is at the corner of HWY 281N and Rebecca Creek Road, in Spring Branch, Texas. You cannot miss it; it has a very large golf ball in the front.

This is a safe place to tell your stories, of the paranormal, without fear of rebukes or ridicule from others. Everybody has gone through something, whether it has been UFO sightings or alien abductions, shadow people coming in the night, or ghosts in the house watching you sleep. This is happening all over the world and in your world. Your friends and family, 18 years of age and older, are welcome, bring them.

*When you buy a meal from Beefy’s, let them know that you are going to the meeting upstairs. This helps lower my cost of the room.*

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If you are **not receiving** my newsletter and want to receive it each month, please go to [www.texasmetaphysics.com](http://www.texasmetaphysics.com) and sign up, or email me at <mailto:carl@cakama.com>. This is especially true for our Meetup Group as I do not have a way to get the full text of the newsletter to you except through my website.

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***Please do your own research & use your own discernment! -  
Top***

As with all those things I put into these newsletters, please use your own discernment. Do your own research to determine if these things are true. Do not accept as truth anything that are in these newsletters without researching it for yourself. I only put information into these newsletters for your starting points of research and articles that I find interesting.

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**The Secret Teachings of Jesus: Four Gnostic Gospels**

**The Secret Book of James – Chapter 3:11b-14a, 16, 17**

Remember my cross and my death, and you will live. I answered and said to Him, “Lord, do not speak of your cross and death to us, for they are far from you. The Lord answered and said, “I tell you the truth: no one will be saved who does not believe in my cross, for the kingdom of God belongs to those who believe in my cross.

“I tell you the truth: no one will be saved among those who fear death. For the kingdom of death belongs to those who put themselves to death. Be superior to me! Be like the child of the Holy Spirit!”

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***September Beefy’s on the Green***

We had a great meeting last month that included 16 individuals coming to learn of others experiences, including four new people and a few that have returned after a long absence.

After the meeting, we went to one of members home for a cookout and a Skywatch that lasted until around 10 o’clock that evening. I believe that the evening started out with at least one event. Nick pointed out in the southwest sky what looked to be a silvery object, that was much larger than the airplane flying below it, and there was no noise from the silvery object. We only heard the plane.

The silvery object, making no noise, had an orange color to it that may have been a reflection from the setting sun. I don’t know. We saw it slowly fly into a small wispy cloud, but never saw it exit the cloud in the few seconds that the cloud held together. It is one of those things that causes one to wonder and reflect on what they had just seen.

Many satellites were seen with the naked eye, however, with the use of the night vision goggles, even more could be seen. I had an opportunity use the goggles, that Jack had so graciously brought to the Skywatch, and I was able to follow the satellites very easily, but when the UFOs came in, I saw them as very fast-moving orbs that went one way then, without slowing down, reversed course until I lost them. This happened a couple of times.

## ***Have You Ever Failed?***

It's your first day at a new school. You don't know anyone. You are kind of excited to be there, but uncertain as to what you're supposed to do. The teacher guides you into an empty room. Dark, empty of others like you, except for the guide. You can barely see through the dim light, to monitor your entrance into the room.

Let us begin the test.

Oh crap! You exclaim. You become fearful as the enormity of the situation finally engulfs you and all you can do now is to cry. I didn't know I was going to have a test.

I'm being tested. I don't know all the answers. Heck! I don't even know any of the questions. Regardless, I'm being carefully watched and everything I do, think, and say are being very carefully recorded. I'm told this will go on my permanent record.

As I look around, I hear strange sounds, mostly soothing and reassuring, and I'm beginning to calm down somewhat. My eyes begin to focus, and I see an old lady smiling at me. She seems to care for me, and I feel safe with her, but now I'm getting hungry and so I let out an ear-piercing cry. The old lady begins to give me something to eat, after which I begin to grow sleepy. What did she give me? Was I drugged?

No, you were not drugged, you're an infant. A newborn baby, and that old lady, is your mother. Old, perhaps in your eyes, but young to the rest of the world.

As I begin to mature, I begin to understand the language I'm hearing. I also remember what happened to me prior to me being with my new mother and family. I remember having died and then being with the Creator of All Things. He let me choose my mother and father.

I begin to tell my new mother what had happened to me, and she laughs at me as I tell these "funny" stories about another life and family. It begins to concern her, somewhat, when I tell of things that I had not yet been told about in this lifetime.

As I ponder this created story, it brings to mind emotional comments I've read through the years. Things like, "I didn't choose to be here, I didn't choose this life." "I, chose you as my mother and father? Do I didn't." "I'm a product of my environment, I'm not responsible for the things that I have done or said." And the list goes on.

So, what is the answer? Is there an answer that we can take to the bank?

I've watched videos and read books "proving" both sides of the same coin. After a while it gets very tedious. The same arguments over and over and over again.

Does humanity really only have one life to live that determines our eternal destiny? Do our birth circumstances determine the religion, true or false, that will guide us to our final destination?

I “know” what I have seen and experienced. UFOs, alien abductions, ghosts, shadow people, sleep paralysis, near-death experiences with entities carrying me and those who shoved me back into my body, and past-life regression.

I find it amazing that people I have known will outright dismiss my experiences about near-death experiences and they will ignore the UFO and alien encounters and tell me, “That didn’t happen to you.”

Why? Are they jealous of my experiences and they have none to call their own? Or, most likely, it may validate some of their own experiences that they want to suppress as it would upset their own view of what makes their world perfect for them. Everything packaged in neat little boxes with shiny bows on them. Each one having a little tag describing what is each little box and how each box relates to all the other boxes. Box tags: Family, work, religion, living, dying, etc.

### *Continuing:*

If you are reading this newsletter, then it most likely means that you have failed in a previous lifetime. Not all have failed, however, some choose to come back to help failing humanity, similar to human guiding angels.

According to what I have read, and seen in the YouTube videos, reincarnation means having failed and having to repeat a lesson or lessons.

The lessons most associated with having to repeat our existence on this planet is unconditional love. Do we love? I mean really Love? Yes, I love my wife and brothers and sisters. I loved my parents when they were alive. Do I love God, my Savior? Do I love my neighbor? Do I love the homeless and the sick?

I see so many videos that deal with souls that have been reborn in their own family as their grandchild, for instance. Lessons to be learned.

### [Reincarnation, Christianity, and the Dogma of the Church - pdf](#)

### *Self-Hypnosis*

This morning as I was pondering the material I had read concerning the art of Self-Hypnosis, it occurred to me that perhaps it is Self-Hypnosis and meditation that we are to use to heal ourselves rather than trust a doctor who prescribes pharmaceuticals, based on the Rockefeller Protocols of petroleum based products, snake venom, and chemicals from laboratories around the world rather on what God has prescribed for us... plants and meditation (prayer).

Still, I read about [Royal Raymond Rife](#), [Nikola Tesla](#), [Dr. Sebi](#), [Wilhelm Reich](#) and their contributions for natural healing being suppressed by the American Medical Association (AMA). Have you ever considered the fact, that all these experts who spoke out against the above-mentioned men, who had their labs, papers, and lives destroyed, by these so-called experts, they denounced these men because their work was provable or was about to upset the Rockefeller Pharmaceutical Industry where billions, or perhaps trillions of dollars would be lost?

Concerning Hypnosis – “All the answers are available in the subconscious. We confuse ourselves by making up questions.” Gil Boyne

## **The Power of Self-Hypnosis to Improve Your Mind**

Last updated May 11, 2022.

Edited and medically reviewed by [Patrick Alban, DC](#). Written by [Deane Alban](#).

***Self-hypnosis induces a state of extreme relaxation and increased suggestibility to treat a host of mental and physical conditions. Learn how it can help you.***

The word *hypnosis* conjures up images of swinging pendulums and audiences clucking like chickens.

But hypnosis is much more than an amusing entertainer’s trick.

It’s a medically recognized technique that uses the mind’s innate powers to promote improvement in all kinds of mental and physical conditions.

A variety of health care professionals are trained in hypnotherapy — doctors, nurses, psychotherapists, dentists, and chiropractors.

With self-hypnosis, you don’t have to rely on someone else to guide you into this powerful mental state.

Let’s examine how hypnosis and self-hypnosis work, how you can use them to improve your mind and mental health, and how you can induce a therapeutic hypnotic state of consciousness at will.

### **How Does Hypnosis Work?**

Hypnosis is a trance-like state that’s characterized by extreme relaxation, increased suggestibility, and heightened imagination.

It is not completely understood how hypnosis works, but here are a few prevailing theories.

Hypnosis may work by changing electrical patterns of brain function known as *brain waves*.

Using electroencephalographs (EEGs), researchers have detected [measurable changes in brainwave patterns](#).

During hypnosis, the brain is in the theta brainwave state — the same state experienced during daydreaming, deep meditation, and light sleep.

Another theory is that, during hypnosis, the conscious mind takes a backseat to the subconscious mind, allowing you or your therapist to work directly with the subconscious.

And lastly, it's been noted that, under hypnosis, activity in the left side of the brain decreases while activity in the right-side increases.

So, although the [left-brain, right-brain dominance](#) theory has been debunked, hypnosis may alter the way the [two hemispheres of the brain communicate](#) with each other.

## What Is Self-Hypnosis?

Hypnosis was originally called *mesmerism*, as in the word *mesmerize*.

If you've ever found yourself mesmerized or entranced by a crackling fire, ocean waves, or ripples in a pond, you've experienced self-hypnosis.

You would have felt profoundly relaxed, lost in your thoughts, and temporarily unaware of the rest of the world.

Self-hypnosis occurs when you intentionally put yourself into this state without the help of a hypnotherapist.

### All Hypnosis Is Self-Hypnosis

In a way, the term self-hypnosis is redundant since, in fact, all hypnosis is self-induced.

Psychiatrist Milton Erickson, widely regarded as "the father of hypnosis," considered [all hypnosis self-hypnosis](#).

Unlike in the movies, where the villain hypnotizes his subject to do things she would never normally do, no one can hypnotize you if you aren't willing.

A hypnotist or hypnotherapist merely facilitates the process.

But you are fully capable of achieving the same state on your own.

Most people inadvertently hypnotize themselves several times a day.

Most of us have driven a car while in a hypnotic state!

[Highway hypnosis](#) occurs when you suddenly find yourself further down the road with no recollection of those intervening miles.

That's not as frightening as it sounds since you were essentially driving on autopilot and your subconscious is a pretty good driver.

## Don't Worry, You're In Control

One persistent myth about hypnosis is that you lose control of yourself — that you can be made to do things you don't want to do — or that you can get stuck in trance, unable to get out of it.

A good analogue to being hypnotized is being thoroughly absorbed in a good book or movie.

You become so focused that you're barely aware of your surroundings, but in no way have you lost control of yourself.

And you can easily come back to reality at any time.

## The Many Proven Benefits of Hypnosis

Hypnosis has been acknowledged as a [valid medical therapy](#) by the American Medical Association, the American Psychological Association, and the British Medical Associations since the 1950s.

A surprisingly wide variety of health care professionals may integrate hypnotherapy into their practice: psychologists, psychiatrists, mental health counselors, doctors, anesthesiologists, nurses, dentists, and chiropractors.

"Hypnosis isn't a tool to keep in your back pocket and pull out only when you've got a problem. You can use it anytime to improve any aspect of your life."

Hypnosis is used to reduce stress, improve emotional well-being, and treat a wide variety of mental and neurological disorders.

Over 15,000 studies on the use of hypnosis have been published in the [US National Institutes of Health database](#).

The [benefits of hypnosis](#) have been established for the [following conditions](#):

- addictions
- anxiety disorders
- [cancer](#)
- childbirth
- depression
- dermatologic disorders
- gastrointestinal disorders
- habit control
- [high blood pressure](#)
- insomnia and sleep disorders
- [menopause](#)
- [migraine headaches](#)
- nausea and vomiting



- pain (acute and chronic)
- phobias
- post-surgery
- smoking cessation
- sports performance
- stress relief
- weight loss

## **Hypnosis for Anxiety and Stress Relief**

An [overview of research](#) confirms the proven benefits of hypnosis for generalized anxiety disorder and other disorders with a stress-related component.

Hypnosis can help with situational anxiety, such as fear of public speaking or of taking exams.

It is useful for people with [medical anxiety](#), such as that experienced during or before dental procedures, surgery, chemotherapy, or other medical tests and treatments.

Hypnosis has been successfully used for a long list of chronic disorders that can be aggravated by stress, such as asthma, high blood pressure, fibromyalgia, tension headaches, migraines, chronic pain, eating disorders, bruxism, and irritable bowel syndrome.

## **Hypnosis for Health, Productivity, and Happiness**

Hypnosis isn't a tool to be used only when you've got a problem.

You can use it anytime to improve any aspect of your life.

Hypnosis is most commonly used to lose weight, quit smoking, sleep better, or for general stress relief.

But it's equally useful to increase productivity and concentration, improve confidence and self-esteem, and enhance relationships.

Some of the most successful and creative people of all time reportedly used hypnosis to help them attain their place in history, including Thomas Edison, Albert Einstein, Wolfgang Amadeus Mozart, and Winston Churchill.

Sports legends like Tiger Woods and the entire LA Lakers basketball team have used hypnosis to [achieve peak performance](#).

You can use hypnosis to help you be whatever you want to be — happier, healthier, and more successful.

## **Self-Hypnosis: How to Hypnotize Yourself**

Self-hypnosis is often compared to meditation since both induce a similar mental state whereby thinking and mental processing decrease, while relaxation and focus increase.

Research shows that hypnosis promotes similar effects in the [sympathetic nervous system](#).

But hypnosis goes one step further by using this highly suggestible state to actually reprogram the mind.

There are many self-hypnosis formats to choose from.

There are self-hypnosis scripts that you can perform from memory or those that you can record in your own voice, then follow along.

There are pre-recorded self-hypnosis sessions that you can listen to in the form of audio files or self-hypnosis apps.

But whatever format you use, your success depends on your motivation, and your ability to relax and concentrate on a specific goal.

### **Get Started With This Simple Self-Hypnosis Script**

Sit comfortably with your feet on the floor and your hands on your lap.

Take 3 deep breaths, in through your nose, out through your mouth.

On the third breath, close your eyes and continue to breathe, deeply focusing on your breath.

Now, slowly count down from 10 to 1 with each breath.

After each number, think the word “deeper” to nudge yourself into a state of deeper relaxation.

After you reach 1, repeat a positive, affirming statement to yourself that you’ve decided on beforehand.

Repeat that statement to yourself for as long as you wish, usually a few minutes.

When you are done, sit quietly for a moment, then slowly count from 1 to 5, visualizing energy returning to your body.

Open your eyes. You’re done.

### **Self-Hypnosis Tips**

If you are unsure about what to use as your mantra during a session, you can’t go wrong with this famous all-encompassing autosuggestion by French psychologist Emile Coue:

*“Every day, in every way, I’m getting better and better.”*

Whatever you decide your mantra to be, don’t just say it by rote.

**Muster up intention and emotion.**

**Visualize the results in your mind’s eye.**

**Imagine what achieving that result will feel like.**

**And always make it a positive statement.**

For example, if you’re using self-hypnosis for anxiety, you should repeat “I am calm and relaxed,” not “I’m no longer stressed and anxious.”

## **Choosing Self-Hypnosis Audio Files and Apps**

It’s not always easy to master self-hypnosis.

Sometimes the stress of trying to remember what to do next can interfere with your ability to completely let go.

That’s why I recommend using a pre-recorded hypnosis session.

You can find both free and paid self-hypnosis audio files and apps.

A [scientific review of hypnosis apps](#) concluded that you can expect to get what you pay for.

Researchers found that, of the over 1,400 apps they reviewed, none had been tested for effectiveness and few were created by someone trained or certified in hypnosis or hypnotherapy.

While they probably won’t do you any harm, the consensus is that they probably won’t do you much good either.

For true hypnosis benefits, stick to audio files developed by professionals with hypnosis training and accreditation.

One of the few companies that does this is [Hypnosis Downloads](#).

They offer over 1,200 self-hypnosis audio downloads *created by practicing hypnotherapists*.

## **Self-Hypnosis: Take the Next Step**

Hypnosis is a relaxed state of heightened suggestibility.

It's considered a valid medical treatment used by many types of health care practitioners to reduce stress and improve emotional well-being.

Self-hypnosis involves inducing a hypnotic state on your own without the aid of a hypnotist or hypnotherapist.

Self-hypnosis can be useful for everything from stress-related issues to serious mental and physical health concerns.

You can create your own script or use free audio files or apps, but for best results, stick with versions created by trained hypnosis professionals.

## ***YouTube Videos***

**The 5<sup>th</sup> Kind**

**[Where Did Humans REALLY Come From?! Paul Wallis, Steven & Evan Strong](#)**

**KXAN Austin, Texas**

**[Green lights spotted in sky near Spicewood](#)**

**Gaia**

**[Multiple Alien Races Studying Humans on Our Planet - E.T. Encounters Regression](#)**

**Ann Barham**

**[9 Clues to Your Past Lives](#)**

**Supernatural Confrontations Episode 54**

**[The Most Chilling Account of a Hybrid Encounter](#) - [Walking Among Us](#) – Dr. David Jacobs**

***I receive no compensation from anything I link to, whether it be articles, websites, books, YouTube Videos or other such thing. I only offer these links as a help to those who are searching for the truth. I only receive compensation when a client comes to me for a QHHT Session. Thank you.***

***If any of the link's fail, please let me know so that I can fix it. Thank-you. Carl***

## ***News Links***

### ***1 – News***

[\*Above Top Secret\*](#)

[\*Abundant Hope\*](#)

[\*Alien News\*](#)

[\*All News Pipeline - ANP\*](#)

[\*American Media Group – amg-news.com\*](#)

[\*Attainable Mind\*](#)

[\*Beach Broadcast News\*](#)

[\*Before Its News\*](#)

[\*Blacklisted News\*](#)

[\*Censored News\*](#)

[\*Cosmic News\*](#)

[\*Dinar Chronicles Daily Newsletter\*](#)

[\*Divine Cosmos\*](#)

[\*Exopolitics – Dr. Michael Salla\*](#)

[\*Exploring Real History\*](#)

[\*Final Wakeup Call - English\*](#)

[\*Forbidden Knowledge TV\*](#)

[\*Gateway Pundit\*](#)

[\*George – Not Just Politics As Usual\*](#)

[\*Gesara News\*](#)

[\*Gnostic Warrior\*](#)

[\*Great Awakening\*](#)

[\*Ice Age Now\*](#)

[\*In5D\*](#)

[\*Indian In The Machine\*](#)

[\*Into the Light News\*](#)

[\*Life Line News\*](#)

[\*Life Site News\*](#)

[\*Natural News – the Health Ranger\*](#)

[\*NESARA / GESARA\*](#)

[\*News-Intel – Aliens Latest\*](#)

[\*Next News Network\*](#)

[\*Operation Disclosure Official – Judy Byington\*](#)

[\*Our New Earth News\*](#)

[\*Politico\*](#)

[\*Real News Feed\*](#)

[\*Real Raw News\*](#)

[\*Rense\*](#)

[\*SGT Report\*](#)

[\*Starship Earth: The Big Picture\*](#)

[\*Tap News Wire\*](#)

[\*The Covid Blog\*](#)

[\*The Epoch Times\*](#)

[The Federalist](#)  
[The Final Wakeup Call - English](#)  
[The Great Awakening](#)  
[The Guardian](#)  
[The Rumor Mill](#)  
[The True Defender](#)  
[Truth Beyond Science](#)  
[USSANews](#)  
[We Are Change](#)  
[What Does It Mean?](#)  
[World-Mysteries](#)  
[X22report](#)  
[Zero Hedge](#)  
[ZetaTalk](#)

## **2 – NDE**

[Dr. Bruce Greyson Resources](#)  
[Dr. Kenneth Ring Website - Near-Death](#)  
[IANDS – International Association for Near-Death Studies, Inc.](#)  
[Near-Death Experiences and the Afterlife](#)  
[Near-Death Home Page](#)  
[Proof of Heaven – Mike Adams](#)

## **3 – Reincarnation**

[ASK DR. WEISS: Free will and destiny; soulmates; ghosts; souls in different forms](#)  
[Bible Truths](#)  
[Cathars and Cathar Beliefs in The Languedoc](#)  
[Christian Reincarnation - Love](#)  
[Christian-Reincarnation.com](#)  
[Dr. Brian Weiss - Leon's Past Life Regression](#)  
[Dr. Brian Weiss on the Patient Who Made Him Believe in Past Lives](#)  
[Dr. Brian Weiss-Free will and destiny–soulmates–ghosts–souls in different forms](#)  
[Edgar Cayce's A.R.E.](#)  
[Elizabeth Clare Prophet – Inner Perspectives](#)  
[Facts Are Facts](#)  
[Facts Are Facts – Reincarnation is Not Being Born Again!](#)  
[Merciful Truth](#)  
[Reincarnate Life](#)  
<https://reincarnate.life/resurrection-and-reincarnation-in-early-christianity/>  
[Reincarnation](#)  
[Reincarnation After Death Stories](#)  
[Reincarnation and the Bible](#)  
[Reincarnation and the Near-Death Experience](#)  
[Reincarnation Christianity and the Dogma of the Church – Jan Erik Sigdell](#)  
[Reincarnation in Christian Gnosticism – Jan Sigdell](#)  
[Reincarnation in the Bible Part 1](#)

## [Reincarnation in the Bible Part 2](#)

[Reincarnation Is it Biblical - You Will Not Believe What I am About to Tell You. – Jacob Israel](#)

[Reincarnation Jesus, the Bible, New Testament & Christian Doctrine](#)

[Reincarnation Research](#)

[Reincarnation Stories](#)

[Reincarnation The Key to Christianity](#)

[Reincarnation Truth](#)

[Spirit Of the Scripture](#)

[Spirit Release Forum](#)

[Spiritual Travel.org](#)

[The Original Gospel - Ebionite](#)

[The Reluctant Messenger](#)

[Theosophy - Reincarnation](#)

[Theosophy Northwest](#)

[Theosophy World](#)

[Why Jesus Taught Reincarnation: A Better Gospel, by Herbert Bruce Puryear](#)

[Yeshua before 30CE](#)

## **4 - UFOs and the Extraterrestrials**

[Disclose ET UFO Technology for Humanity Earth](#)

[Exemplore – FBI Confirms Aliens Exist](#)

[Exopolitics - Home](#)

[Exopolitics – Dr. Michael Salla](#)

[Future of Mankind – Billy Meier](#)

[George Adamski Foundation](#)

[MUFON](#)

[Nicholas Ginex Enters the WordPress World!](#)

[PlanetSev.com](#)

[SecureTeam10](#)

[Serpo – Extraterrestrial Exchange Program](#)

[The Great Picture](#)

[Tom Keyon – Who are the Hathors](#)

[UAMN](#)

[UFO Casebook](#)

[UFO Sightings Caught Over Texas Hill Country | UFO Sightings 2017](#)

[Universe People](#)

[Zohar Stargate TV](#)

## **5 - The Phoenix Journals**

[FourWinds10](#)

[PEOPLE OF THE "LIE": SPACESHIPS, ALIENS AND YOUR FUTURE](#)

[PEOPLE OF THE LIE: REINCARNATION](#)

## **6 - Early Christian Writings**

[Early Christian Writings – Church Fathers](#)

[The Gnosis Archive](#)

[The Gnostic Society Library](#)

[The Lost Books](#)

[The Nazirene Way](#)

## **7 – Extra**

[13 Bloodlines of the Illuminati](#)

[A Free World?](#)

[Ancient Origins](#)

[Ancient Pages](#)

[Ancient Texts](#)

[Bibliotecapleyades](#)

[Biggest Secret – David Icke 541 pages](#)

[Daily Mysteries](#)

[Dinar Recaps](#)

[Divinity Now – Mike Adams](#)

[Earth Observatory](#)

[Educate-Yourself.org](#)

[Elizabeth Clare Prophet - Prophets](#)

[Energy Frequency and Vibration](#)

[Feed Spot](#)

[Flight Aware – Central to Aviation](#)

[Forbidden History - BeforeUs](#)

[Free eBooks](#)

[Free Crypto Course - Future Money](#)

[Global Research](#)

[Golden Age of Gaia](#)

[Great Awakening](#)

[Henry Makow](#)

[Hey What's That](#)

[Inspire Good Vibes](#)

[Internet Sacred Text Archive](#)

[Jesus-Resurrection Info](#)

[Immanuel Velikovsky - Worlds in](#)

[Collision](#)

[Julian Assange Wikileaks Files](#)

[Lost Christianity](#)

[Meta-Religion.com](#)

[Meta Tech](#)

[Nicks Intel Blog RV / GCR Update](#)

[Office Of the World Teacher](#)

[Operation Disclosure Official](#)

[Pandemic Timeline](#)

[Patriots for Truth](#)

[Phantoms and Monsters](#)

[Phoenix Journals](#)

[Phoenix Operator-Owner Manual](#)

[Political Vel Craft](#)

[Prepare for Change](#)

[Red Light Therapy](#)

[Restore – Google Alternatives](#)

[Rose Rambles](#)

[Royal Raymond Rife](#)

[Tesla Shift Frequency](#)

[The Biggest Secret](#)

[The Epic of Gilgamesh](#)

[The Gnosis Archive](#)

[The Hollow Earth](#)

[The Lacerta Files](#)

[The Law of One](#)

[The Law of One Society](#)

[The Lost Gospel of Q – The Sayings of](#)

[Jesus – Version 2:](#)

<https://youtu.be/M4qNp7xSekA>

[The Mysterious Universe](#)

[The Smokey God](#)

[The True Reporter](#)

[The Universe Inside You 1](#)

[The Universe Inside You 2](#)

[Time for Disclosure](#)

[Urantia Book](#)

[Urantia Foundation](#)

[Visible Origami](#)

[WebMD – What is Red Light Therapy](#)

[You will find every book under the sun for](#)

[free downloaded here: https://z-lib.org/](#)



**The following are PDFs that when clicked on, will download a PDF file:**

- [1888 - E.D. Walker - Reincarnation - A Study of Forgotten Truth](#)
- [1908 - Reincarnation and the Law of Karma](#)
- [Hidden Beliefs Covered by the Early Church Re: Resurrection & Reincarnation](#)
- [May a Christian Believe in Reincarnation](#)
- [Past Life Memories of Children and Past Regression - A Case for Reincarnation](#)
- [Reincarnation](#)
- [Reincarnation - An Investigation Through the Bible, Science and Experience](#)
- [Reincarnation - The Church's Biggest Lie](#)
- [Reincarnation "When I Was Big"](#)
- [Reincarnation and Christianity](#)
- [Reincarnation and Christianity - Nazirene](#)
- [Reincarnation As Taught By Early Christians](#)
- [Reincarnation Children Don't Believe in Death](#)
- [Reincarnation In The Bible - Part 1](#)
- [Reincarnation Scripture](#)
- [Reincarnation, Christianity and the Dogma of the Church](#)
- [The Formation of the New Testament Canon](#)
- [The Moral Dilemma of Right and Wrong](#)
- [The Truth About Reincarnation](#)

## **8 - Suggested Reading**

[Children Who Remember Previous Lives: A Question of Reincarnation](#)

[Many Lives, Many Masters](#)

[Same Soul, Many Bodies](#)

[The Andreasson Affair: The True Story of a Close Encounter of the Fourth Kind](#)

[The Books of Enoch](#)

[The Great Human Potential, Teaching from the Ninth Dimensional Pleiadians and the Hathors](#)

[The Unquiet Dead: A Psychologist Treats Spirit Possession](#)

## **9 – Lost History**

[Historical Blindness – The Lost Empire of Tartaria](#)

[Shift Frequency – History of Tartaria Erased](#)

[Tartaria – The Hidden / Stolen History](#)

## **10 – For Researchers – FREE – Books – Articles – Documents**

### **Forgotten Books**

Forgotten Books is a London-based book publisher specializing in the restoration of old books, both fiction and non-fiction.

Today we have 1,294,207 books available to read online, download as ebooks, or purchase in print.

## [LLResearch.org](http://LLResearch.org)

Home of The Law of One material, L/L Research is a non-profit organization dedicated to discovering and sharing information to aid in the spiritual evolution of humankind.

## **VDOC.PUB**

Welcome to VDOC.PUB, your number one source for your research and study. We're dedicated to giving you the very best of documents, with a focus on quality, secured, and totally free.

Founded in 2018 by Cassandre Schimmel, VDOC.PUB has come a long way from its beginnings in university. When Tris Vernice first started out, his passion for place that everyone can sharing knowledge, drove him to quit day job so that VDOC.PUB can offer you this service. We now serve customers all over the world, and are thrilled that we're able to turn our passion into own website.

We hope you enjoy our products as much as we enjoy offering them to you. If you have any questions or comments, please don't hesitate to contact us.

## [Z-Library.org](http://Z-Library.org)

Z-Library is a library that is open twenty-four hours a day, seven days a week. Like our readers, Z-Library strives to become better, and that's why we've made a number of upgrades.

We want our users to focus on reading, not on technical things. Therefore, we have increased the size of files that can be sent, the limit is now 45 MB and performance of full-text search became higher—search results appear faster. We increased displayed books limit from 500 to 1000 books for premium users only.

As you know, Amazon will stop supporting MOBI files for sending to Kindle at the end of the month. It will be replaced by EPUB. Until that happens, we recommend using MOBI, as EPUB is still a work in progress. While the choice is yours, you can also send EPUB files to Kindle, Zlibrary already has this feature.

## ***List Updated 10-17-2022***

### ***Newsletter Input - Top***

Sometimes, from time to time, we all experience something from the unknown. Our God knows, but we have not a clue as to what it was, and it bewilders us and forces us to do a reality check. We also find that we want to tell someone, anyone, maybe. But who? Do you have a story you want to tell, but do not want to be put on the front stage with all eyes looking at you? Do you get nervous meeting new friends and are fearful that they may think you to be strange and not all “there?” If you would like, please email me with your story. I will read it to see if it has interest

for our readers, I may check for spelling and grammar then post it in our newsletter. I can leave your name off if you would like. But I want to hear from our readers.

### ***QHHT Sessions - Top***

If you are interested in doing a QHHT session, my current fee is \$300 for the entire session. I only do one session per day so that there will be no rush to finish a session before it is natural completion. You will also find that my fees are at the low end of the scale among QHHT® practitioners, to make it more affordable. I'll send you some paperwork to be filled out when we schedule the appointment, then I'll send a reminder one or two days prior to the session that will also include my address here in Spring Branch, Texas. Bring the paperwork with you and we can go over it when you get here. A belief in reincarnation *is not* a requirement for a QHHT® session. Your unconscious mind will take you to the most appropriate time and place in which your questions will be answered.

If you need to call or text me, to ask more questions, I will be more than happy to answer any questions you may have. If the call goes to voice mail, I will call back as soon as I am able. I am retired and hypnosis is the only “work” that I do, so if you need to call or text, do not hesitate. The session can last four to seven hours. This includes a two-hour discussion and a review of the questions you bring with you that you want your unconscious mind to answer, a one-to-two-hour hypnotic session that may include one to three past lives, answers to your questions by your unconscious mind, and a body scan by your unconscious mind. The session is videoed, and an audio file of the session is sent to you via Drop Box.

### ***ABOUT - Top***

This newsletter started out as a way to encourage others to meet and tell others of their paranormal experiences. I've also included a lot of my own experiences in the previous newsletters, but now, I believe it is time to include other subjects that will help a person to grow and heal, not only in the mind, but also in the body. After all, isn't that what we all want, to have a healthy mind, body and spirit?

As I research the various topics that I find interesting, I will occasionally dip down into rabbit holes and find nuggets that were completely unexpected. Attending “**The Healing Arts Festival & Market**”, I also see where people are seeking alternative sources of healing rather than the allopathic medicine in which we have begun to shy away from due to the contraindications associated with their treatments when using questionable pharmaceuticals.

I have found, in my readings, therapies that include frequency, vibration and energy as well as red light therapy. Frequency would be associated with light and sound, as in the Singing Bowls that one may find at the Healing Arts Festival & Market. So, please expect more, and if you believe that I have veered off track and need to come back to center, please let me know. Feedback does help.

### ***Reincarnation Links Sources***

[Christian Reincarnation – “Reincarnation, Christianity and the Dogma of the Church”](#)

Dr. Jan Erik Sigdell

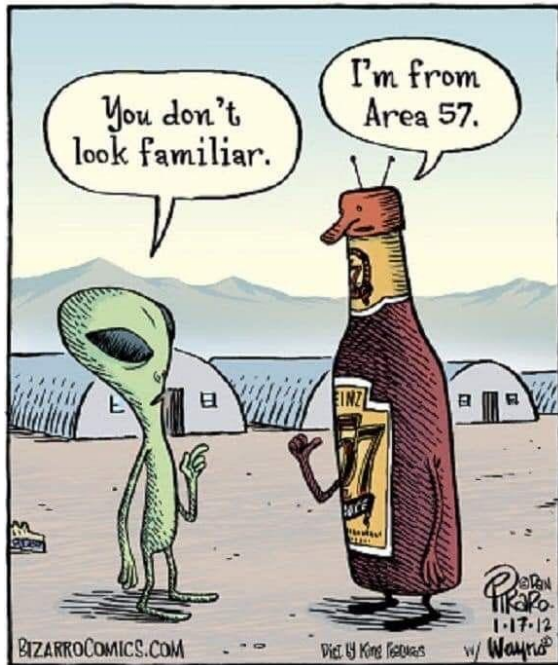
[Why Jesus Taught Reincarnation](#)

Dr. Herbert Bruce Puryear or on [Amazon](#)

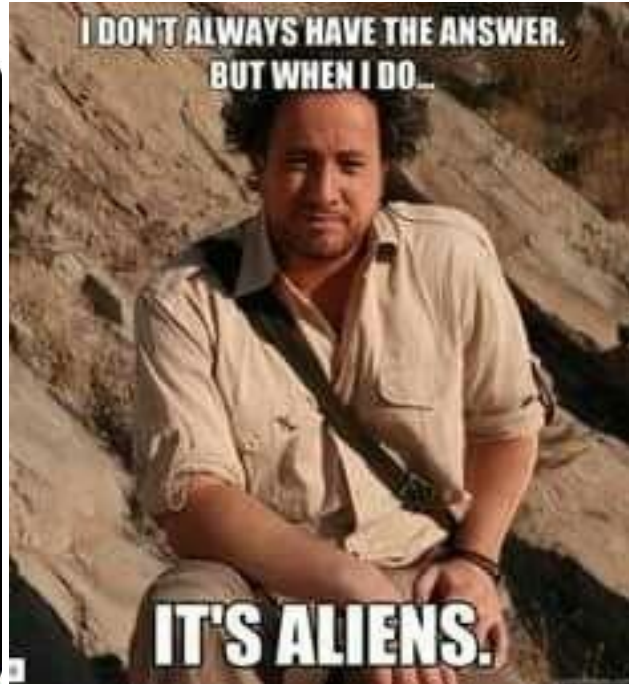
[Reincarnation – The Missing Link In Christianity](#)

Elizabeth Clare Prophet

*Comics*



Naturally, there was a bit of skepticism among the media regarding the official Air Force explanation.



## ***Remote Hypnosis Sessions***

I do not make any money when someone clicks on the links, and or buys a book. The only money I make is from doing hypnosis.

After having several inquiries as to whether or not I do remote sessions, the answer is, **NO! I do not do remote hypnosis over Zoom, Skype or any other telecommunication means.** I want to be able to see the client's eyes and determine the depth of trance they are in, and **it cannot be done when watching a screen.** It has to be in person.

When calling to make an appointment, the caller must be the one who is wanting the session. I need to talk with the potential client, because the client will need to acknowledge that they desire the Hypnosis Session and are willing to follow directions to be led into hypnosis.

### ***Contact Information - Top***

Cell-phone number Carl Marshall 479-970-6922

Email Address [carl@cakama.com](mailto:carl@cakama.com)

Website [www.texasmetaphysics.com](http://www.texasmetaphysics.com)

Upcoming EVENTS:

MUFON USES: [TEXAS METAPHYSICS & QHHT](#)

**CARL MARSHALL** who uses the QUANTUM HEALING HYPNOSIS TECHNIQUE  
(479) 970-6922. [www.texasmetaphysics.com](http://www.texasmetaphysics.com). **BEEFY'S ON THE GREEN MEETING**  
**SATURDAY OCTOBER 22<sup>ND</sup> AT 1PM at 12910 US 281, SPRING BRANCH TX 78070**

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## Our Meetings at Beefy's on the Green – Upcoming Dates - Top

Upcoming Dates: **Oct 22** **Nov 19** **Dec 17**



### *The Healing Arts*

#### *Festival & Market – Pat Booker - Top*

Hilton Garden Inn – 8101 Pat Booker Road – San Antonio

Upcoming Dates: **Nov 6** **Dec 4**

### *The Healing Arts Festival & Market – The RIM - Top*

Hilton Garden Inn – 5730 Rim Pass – San Antonio

Upcoming Dates: **Nov 20** **Dec 18**

## MUFON San Antonio, Texas - Top

Public Meeting Tuesday, October 25<sup>th</sup>

The VFW Lodge

2222 Austin Highway

San Antonio, Texas 78218

There is a \$5 cover charge for the room rental. Eat before the event or bring your own food.

Welcome everyone, please join us for **San Antonio Chapter LIVE & ZOOM Meeting** on Tuesday, September 27<sup>th</sup> at 7PM. **We will discuss the Tic Tac Cases & give Experiencers a chance to voice their stories.**

**Hosting the Meeting** will be Mario Guzman the new MUFON San Antonio Chapter Coordinator.

The **VFW room will open** at 6:30 PM for social time. **Located** at: 2222 Austin Highway, San Antonio TX 78218

Entrance **FEE** of \$5.00 per person to cover the Meeting room rental.

Bring your own **FOOD**; water and soda pops will be provided by Tater.

Invite your friends or family (over 18 years old)

[mufon.com](http://mufon.com) **MUFON – Mutual UFO Network** < click here for **MUFON HEADQUARTERS** if you need to:

Donate, research, news store, join, track UFO's, MUFON TV, Mufon Journal, Report a UFO, Experiencer Resource Team

### [Conspire A Theory](#)

Conspire A Theory Paranormal, Fandom, Hot topic comedy show that has raunchy humor and skeptical insights all in one place.

Conspire A Theory podcast.

Discusses some controversial issues as well as interviews with interesting people in the paranormal community. Some shows might be too much for all audiences but there is something for everyone in the list of episodes.

**IF YOU HAVE ANY QUESTIONS CONTACT:**

**Thank You,**

**Tater Baker (Terrie Maldonado)**

**Mufon Texas Chapter Assistant**

**[taterbaker1@yahoo.com](mailto:taterbaker1@yahoo.com). (210) 993-1457**

### **TEXAS MUFON FACEBOOK PAGES**

San Antonio: <https://www.facebook.com/MUFONSANANTONIO>

Houston: <https://www.facebook.com/HoustonMUFON>

Dallas/Ft. Worth: <https://www.facebook.com/DFWMUFON>

Brazos Valley: <https://www.facebook.com/search/top/?q=mufon%20brazos%20valley>

**To report a UFO – *MUFON UFO REPORT***

***Until next time, I am Carl Marshall. – Top***