

The Twilight Zone Is Real

Texas Metaphysics Newsletter

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Where – Beefy’s on the Green

12910 US Hwy 281 N, Spring Branch, TX 78070

Saturday May 28, 2022, from 1:00 PM until 4:00 PM

Eating and Socialization starts at 1:00 PM

May 22, 2022

These are unusual times. It is more than just the bumps in the night that keep us awake, but, also, those things over which we have no control. See you **May 28, 2022**, at Beefy’s on the Green.

Don’t forget our MUFON meeting on Tuesday May 24th. [See here for details.](#)

Beefy’s on the Green Venue

Are you curious, or do you have a story you would like to share? Come join us at “Beefy’s on the Green,” Saturday, **May 28th** at 1:00 PM. The location is at the corner of HWY 281N and Rebecca Creek Road, in Spring Branch, Texas. You cannot miss it; it has a very large golf ball in the front.

This is a safe place to tell your stories without fear of rebukes or ridicule from others. Everybody has gone through something, whether it has been UFO sightings or alien abductions, shadow people coming in the night, or ghosts in the house watching you sleep. This is happening all over the world and in your world. Your friends are welcome, bring them.

When you buy a meal from Beefy’s, let them know that you are going to the meeting upstairs. This helps lower my cost for the room.

If you are **not receiving** my newsletter and want to receive it each month, please go to www.texasmetaphysics.com and sign up, or email me at <mailto:carl@cakama.com>. This is especially true for our Meetup Group as I do not have a way to get the full text of the newsletter to you except through my website.

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Please do your own research and use your own discernment!

As with all those things I put into these newsletters, please use your own discernment. Do your own research to determine if these things are true. Do not accept as truth anything that are in these newsletters without researching it for yourself. I only put information into these newsletters for your starting points of research and articles that I find interesting.

NEW - " Alien Abduction Survey": – Top

NEW - " Near-Death Survey": – Top

Last Month at Beefy's on the Green - Top

We had a great meeting in April. Most all our regulars showed up and we had a new one come also with her stories to share.

As I have said before in these newsletters, our meetings are for those who want to share their paranormal stories. Sometimes this is done in a group and sometimes on a one-to-one basis. The intent is to have fun, learn of others fantastic experiences, and make new friends,

Skywatch Extraordinaire - Top

Several hours after our Meetup group met at Beefy's on the Green, on April 23rd, we converged to the home of one of our members to see what we may see in the night skies regarding the UFOs and extraterrestrials.

Most of us arrived early and I was somewhat disappointed when I saw the growing cloud cover of the darkening skies. We watched as the skies would clear; then, the clouds would again cover the stars as we watched. We didn't have to wait too long for something to happen after the last hints of the setting sun disappeared, the first moving star showed all of us there was indeed objects high in the skies above our atmosphere. We examined, as best we could, to ensure it was not a satellite or had the blinking navigation lights of a high-flying airplane. A field investigator for MUFON was in attendance and would verify that the objects that we were seeing was neither a satellite nor a plane but may be something other worldly.

Did I say objects? Yes indeed. That night, we saw several objects traversing the night sky that met the criteria of an "Unidentified Flying Object", UFO or "Unidentified Aerial Phenomena", UAP. Some have said there were approximately ten objects that were seen by most of the observers. I believe that what was so amazing about the experience is the visual contact that was made between the observers and the crew that was guiding the craft. When an object was seen, some, who had flashlights, would train their lights on the craft and the craft would blink out or flash us with their lights. This happened multiple times. One craft flashed us up to three times before it disappeared. The light did not go behind a cloud; because, by this time, most of the clouds had disappeared.

It was quite a night of excitement. We had about thirteen observers that night.

P.S. On April 26th, we attended the meeting MUFON in San Antonio. The MUFON State Director was in attendance, the same one who had been at the sky watch the previous Saturday. At the sky watch event, most of us were sitting in a semicircle looking up at the northeastern sky, Ken was walking back towards the group from his RV. He told us that when he heard us whooping, laughing, and yelling, as we saw the lights in the sky flash at us, he said that it was more than a flash. He said that we were hit with a light beam, like the same kind of flash or beam that a photographer would have on their camera. The beam hit us more than one time, it hit us twice according to his observations

Why Do I Say That the Twilight Zone Is Real? - Top

Why do I say that the twilight zone is real? Let me ask you a question. What is real? As human beings, we attempt to define our reality by what we have been taught, by what we observe, by our five senses.

When I watched the Twilight Zone in the 1960s, I was just a young child. I would watch the program sitting on the couch in the living room between my mom and dad. I had my blanket ready to cover my eyes, or if my blanket was not handy, I would look between my fingers as if I could cover my eyes fast enough so that my vision would be quickly covered and not see what I had already seen. As I watch the re-runs now, I look at the show and see that it was not as scary as I thought it had been.

Most of the shows that Rod Serling wrote for television, presented a plausible story line that may have happened to any one of us in an alternate universe. We see life as analog time, going from day to day to day. Nothing much notable happens most of the time. But then, something does happen, as the twist at the end of Rod Serling's tales happen, when our lives are turned upside down and causes us to question what just happened. Was it real? Did I imagine it happening? Did anybody else see it or experience it?

In the next few pages, I'll attempt to put together some stories that I have imagined in my own mind and some things that have actually happened to me.

Strange Events in My Life

On Monday, May 2nd, around 10:30pm, I walked out the front door towards the road. As I looked up into the sky, I noticed a really bright light in the sky, just to the left of the North Star. I was very familiar with that area of the north sky but had not seen any bright stars there before. As I shot my flashlight at the "star", the star quickly faded away. What was it? Was it a plane? I doubt it as it had no navigation lights nor was there any sound and the light faded quickly. I've watched jet planes take much longer for the plane and the sound to disappear.

One early morning, I left my parents' home in Lake Jackson, Texas to return to my home in Russellville, Arkansas. I had only about 4 hours of sleep that night and when I woke up, I was still tired and groggy from the day before. I left mom and dad's house as soon as I was dressed, packed, and had loaded up the SUV. I was traveling from Lake Jackson to Russellville via HWY59 N. I don't know when it happened, nor where I was when it happened, but something had happened to me and I found myself waking up, with my right foot on the brake and coming

to a stop behind an 18-wheeler that had stopped at a signal light. I do know one thing, however, and that I had no idea what had happened prior to the time I had stopped. I was surprised and bewildered. I had no idea what had happened during my 60-to-90-minute traveling time. I had lost time. Had I been taken? Surely, I could not have slept during that length of time, because there was not a 60-to-90-minute length of time between the small cities and towns along that route of Texas. I remember passing Houston and several small towns before I found myself waking up. What happened to me? It is still a puzzle.

The Paranormal - Top

I've written many issues when the subject matter was the paranormal. It does not matter if the paranormal is described as aliens, alien abductions, ghosts, shadow people, gnomes in the backyard, or anything else that can be defined as paranormal. Many have seen and experienced these events and described it as a paranormal event. But what does the mighty "G" call it? For that, I go to Google and learn its definition of paranormal, more specifically, [Wikipedia](#).

Paranormal events are purported phenomena described in [popular culture](#), [folk](#), and other non-scientific bodies of knowledge, whose existence within these contexts is described as being beyond the scope of normal scientific understanding.^{[1][2][3][4]} Notable paranormal beliefs include those that pertain to [extrasensory perception](#) (for example, [telepathy](#)), [spiritualism](#) and the [pseudoscience's](#) of [ghost hunting](#), [cryptozoology](#), and [ufology](#).^[5]

Proposals regarding the paranormal are different from [scientific hypotheses](#) or speculations extrapolated from scientific evidence because scientific ideas are grounded in [empirical](#) observations and experimental data gained through the [scientific method](#). In contrast, those who argue for the existence of the paranormal explicitly do not base their arguments on empirical evidence but rather on anecdote, testimony, and suspicion. The [standard scientific models](#) give the explanation that what appears to be paranormal phenomena is usually a misinterpretation, misunderstanding, or anomalous variation of [natural phenomena](#).^{[6][7][8]}

Many years ago, I happened to be eating at a restaurant that had a fairly large aquarium in the middle of the room. As I watched the fish swimming around in the tank and among the floral planted at the bottom, it occurred to me that the life of those fish will always be in that tank of water. They will never get out of that tank and explore the mysteries of the lakes, rivers, or oceans. In fact, they could not even imagine a world outside the confines of their little water world. Perhaps their only excitement was when the big hand would come and sprinkle a little food on the top of the water. And so, their life continued, as such, day in and day out.

As much as we would like to think our life is different than that of a fish in a bowl, we also have very little knowledge of anything outside our little world. Oh, we would like to believe that we are sophisticated and have climbed the ladder of knowledge to where we are at the precipice of any civilization that has risen upon this world before us; but are we so arrogant in believing in such a falsehood?

When I watch YouTube videos of the various rocks and stones that have stood the test of time, and of man's curiosity to dig into those formations, coming to the knowledge that modern man is unable to duplicate the ancients' building method, nor is he able to move the grand stones, that the ancients have been able to move with, what appears to be, ease. To me, it appears that instead of having evolved to a higher state of man, we have devolved to a lower state. Are we able to build, with the same precision of the ancients, the pyramids? Are we able to move great stones as were moved at [Baalbek, The Colossi of Memnon, The Ramesseum, The Western Stone, and The Great Stele, King Ezana's Stele, and the Obelisk of Axum.](#)

According to those who have experienced a near-death event, reports come back that when they were on the other side, they found themselves at home. That was the place where they belonged. However, they were told that their life was not finished, that they had unfinished business and they had to complete their mission, and so returned to life.

So, my question is this. If our real home is on the other side of life, and this life is temporary, would this life be the paranormal in contrast to our life with God and Jesus Christ? Just some thoughts.

Another thing, why is it that when we see a sign that says, "Wet Paint", we want to test it to see if the sign is for real, but when an "authority figure" says that the universe is about 13.8 billion years old, we accept it as fact? Maybe it's because we do not have the expertise nor the equipment to test it ourselves, and maybe we cannot test the paranormal because we do not have the expertise nor the equipment to do a professional job.

Alien Abduction - Top

It's late. The Networks have nothing of interest to watch. YouTube has some interesting things, but even those short videos are not worth staying up to see again. It's time to go to bed. I crawl into a most comforting bed ready for a long night's sleep.

The lights are off and as I draw the covers closer, I fall into a sound sleep, suddenly, dreaming of strange new worlds that are made from the writers of science fiction.

In the morning, the sun rises and wakes me up. I'm fully rested. I get up to shower and shave and then notice a scar on my body that had not been there the night before. As I examine the scar with wonder, I notice some other marks and scars that I do not recall having been made by the accidental bumping into tables, chairs, or anything else that would make those red marks, bruises, small cuts and scars.

At work, the day wears on, my mind constantly going back to what I had seen in the mirror. As I pass the cubicle of a co-worker, she is talking to another co-worker about her pregnancy. Her remarks caused me to pause and listen in just for a short while when she stated that she was no longer pregnant. Had she lost the baby? I wondered. So, I asked. She said that she was about three months pregnant and had gone to sleep earlier this week, but when she awoke, she was no longer pregnant. The baby had been taken, not aborted, not a miscarriage, but had been taken. I asked her, who could have done such a thing as this. She said that when she had gone to sleep,

she had a very dreamy recollection of what had transpired during the night. During her sleep, some short men had come and had taken her to some sort of medical facility. It was not like an Emergency Room, hospital, or doctors' office, but a place that had some very strange instruments on the walls and hanging from the ceiling. She said that she remembered the baby being taken and placed in a safe location. She was also told that she would one day see her child again. Then, the next thing she remembered was being in bed and feeling her flat tummy. The baby was gone.

All around the world, similar stories are being told. Recollections of some other worldly experience has infected the world of individuals just trying to live their daily lives in accordance with their own beliefs, education, and needs. Experiences that have shattered their mental paradigm of what life is all about, has transported them into the Twilight Zone.

In the following videos, the experiences of other people may help to illuminate your own experience.

#1 - [Woman Who Was Attacked by Aliens In Her Sleep | UFO Witness](#)

#2 - [The Women Who Had Fetuses Stolen by An Alien Hybridization Program | UFO Witness](#)

#3- [Ancient Aliens: Aliens Human Hybrids Revealed \(Season 4\) | History](#)

#4- [Man Believes He's The Father Of 100 Hybrid Babies After Alien Sex | World's Strangest UFO Stories](#)

As I watched these videos, I couldn't help but look back on my own experiences of seeing the greys and being capture by them. As I've said in these newsletters and in my conversations, I cannot give more information about the greys, shadow people, near-death experiences than what I've already given. I just do not have enough information to write books or go on speaking tours. I just do not remember the details of what had happened to me. However, when doing hypnosis for those who request it, information about all of the above has come out including for those women who have described their own alien abductions and losing their babies to their alien encounters.

Haunted Motels/Hotels and Places - Top

Eureka Springs, Arkansas

[The 1886 Crescent Hotel & SPA in Eureka Springs, Arkansas](#). In this historic hotel, as depicted on its website, a beautiful limestone building is presented as a vacation place for all of America to enjoy. However, as are most advertisements for the eyes and ears to see and hear, there are other "enjoyments" not for the faint of heart.

The Crescent Hotel is listed as America's most haunted hotel. I have been to the hotel several times, when I lived in Russellville, Arkansas, however, I never spent the night there. First, I do

not like anything that is haunted; second, I had some very strange feelings when I was in the lobby of the hotel and just wanted to get out. In our meetup group, we have at least one other person who has actually spent the night in the hotel. This person had some stories about their visit on the third floor of the hotel.

Here, for your reading enjoyment, is what their website says about the haunted hotel: The Crescent Hotel has gained a reputation as [America's Most Haunted Hotel](#). Featured nationally on such shows and channels as [Ghost Hunters](#) and the Travel Channel. **New Discovery:** Glass bottles found during Baker Hospital days: [Watch Video](#). Our nightly **ghost tours** take you on a journey of the hotel's colorful past with a visit to the most thrilling paranormal site in Eureka Springs, the Crescent Hotel Morgue. You too can participate in ghost investigations, every January, during [ESP Weekend \(Eureka Springs Paranormal\)](#) the largest ghost hunt in America.

Here is a short synopsis of the hotel as a cancer treatment hospital where many “patients” died. [The 1886 Crescent Hotel & SPA.](#)

In 1937, a charlatan who allowed himself to be called “doctor” purchased the Crescent Hotel and converted it to “Baker’s Cancer Curing Hospital.” Baker nationally advertised a strict regimen of fresh air, healthy food, and exercise as the basis for his cancer treatments. They assumed the character of the mystical though, when he accompanied the treatment with the use of an elixir that mainly consisted of alcohol and watermelon. Many perished while receiving Baker’s hopeless therapy, and legends persist that their spirits still haunt the building. But justice finally caught up to Baker, who was soon arrested for fraud and imprisoned in Leavenworth Federal Prison in 1940. A friend of Baker’s began running the hotel shortly after his trial, eventually turning it over to a group of Chicago-based businessmen some six years later.

There are many other stories that I heard when I lived in Arkansas about the Crescent Hotel.

Bay City, Texas

[Executive Inn – Bay City, Texas](#)

After my retirement from Arkansas Nuclear One in 2012, I decided to work as a contractor at several nuclear plants around the country as an Instrument & Control Technician / Metrologist. One of the plants that I had an opportunity to work at for their refueling outage, was the South Texas Project, close to Bay City, Texas. I worked in their I&C department, working their outages, three times after my retirement. During those three refueling outages I worked at the STP, I stayed at the Executive Inn in Bay City, Texas. I must say that my stay at that motel may rival the Crescent Hotel, in my opinion. At least, when I visited the Crescent Hotel, I didn’t see ghosts, but...

The first time I stayed in the motel, I was in a ground floor room. As I lay in bed one night, I had closed my eyes. I was laying on my back. By a hunch, I opened my eyes towards the ceiling and what I saw really startled me. I saw a perfect circular light slowly growing smaller until it disappeared. There were no lights from any known source that I could find. Even if someone outside had pointed a flashlight at the ceiling, the light would have been an oval, not a circle.

The second time I was there, one morning the atmosphere was full of fog. I was lodging in a second-floor room. When I came out of my room to go to work, I visually surveyed the parking lot from my vantage point. The lot was full of cars and trucks, because there was also pipeline work being done not far from Bay City that required a lot of pipefitters and welders. When I found my SUV, I noticed the parking space next to my driver's side door was empty. I made a mental note that a person could easily be ambushed if one did not watch carefully as they were going to their vehicle. It didn't take long before I had arrived at my SUV and had gotten into the driver's seat. When I looked out the driver's window, I was shocked to find a man leaning up against the vehicle across the empty parking space I mentioned before. It really shook me up. I trembled as I let the window down enough to talk to the man. I don't remember any of the conversation, if there was one, all I remember was telling the man if he needed some help he could go to the motel office, and I pointed the way. Since that time, I have really wondered who that may have been. I didn't even see him as I got into my SUV. It's like he just appeared. Was he a ghost? An angel? I don't know.

The third time I worked the outage there, was in the fall of 2013. The days were cool, and I had brought a sweater but no jacket, after all, it's not cold in south Texas at the end of November. Right? I was working outside mostly on temperature and pressure indicators. As the final weekend came up, I had become very sick with the flu. The management allowed me to come to work as long as I showed up, but they did not give me any jobs to work or people to work with. As a contractor, one does not get paid nor receive per diem if one does not show up for work. Since this had been the final weekend to work, I told my supervisor that I was going to "work" Sunday, after all, Sunday was double time. I worked on Sunday, but when Monday morning came, I was unable to get out of bed I was so sick. I was able to call my supervisor and let him know I was unable to come to work that day, as if he didn't already know my circumstances. I went back to sleep for a short time, but I was awakened when someone had come into my room. I was laying on my left side with my face facing the wall and I was in sleep paralysis. I was unable to move to see who had come in. The next thing I knew, I was being carried by a very large "man". He was carrying me like a parent would carry a small child. I didn't know this was or why I was being carried, but I knew I was safe, and I didn't have the pain of the flu. That is... until he knew me onto the bed. Then, all the pain of the flu came back, yet I believed that it was all just a very, very strange dream.

It took me about two months to recover from that illness and in the meantime, I was reading and watching YouTube, when I came across a young woman, in her forty's, who described her near-death experience, I took notice. She was describing the same experience I just had two months prior. As I listened, it occurred to me that I may have had a near-death experience also. I do know that from that December in 2013, my life changed considerably. I was always active in my church, leading the singing, leading prayers, working in the audio/visual booth and doing whatever was asked of me to do. After that experience, church was no longer important. However, God and Jesus Christ were still very important in my life, and I learned to be spiritual rather than religious.

Independence, Kansas

In the early 1960s, we had moved to a new neighborhood in Independence, Kansas. It seemed we always moved every 2 to 3 years as I was growing up. We hadn't lived in this new house very

long before I was wishing I had some friends to play with. I was in the second grade at this time. One day, as I was staring out the front window, I noticed a woman with her little boy walking down the street just past our home. The woman's name was June Pickens and she and my mother became very good friends, her son, his name was Jeffery, a year younger than I.

Jeffery had a strange gait as he walked down the street. He was wearing what looked like a military uniform, carrying a toy military rifle, and wearing an army helmet. He sometimes liked to be called Jeffery Alan Pickens as his initials spelled JAP. As he walked down the street with his rifle and his mother at his side, he looked almost like he was hunched over as if the enemy would jump out at him at any moment.

During the years that we knew June and Jeffery, we had become good friends and it was a sad day for us when June remarried and the whole family moved to a different town. We never saw them again.

However, I was once again staring out the front window of our home when I saw June and Jeffery again walking down the street, just like I had seen them when I first saw them a few years earlier. I ran out of the house to see them and to greet them, but when they turned around to see me, it was a truly frightening experience. I did not know who these people were, if you could call them people. Their facial features were truly bizarre, alien like. It terrified me and I ran home and into the house. I'll never forget what I had seen.

Extra – Top

Videos

[You Will Be Stunned by This Information! Finally, We Can Begin to Understand the 5th Kind! Reptilians in the Bible! You Will Be Stunned by This Information! The 5th Kind](#)

Websites

[A Catalog of Mysterious and Amazing Lights](#)

Love is not simply a word or an emotion; love is a power that gives action to all around it. Love is the power of life.

Physical and Mental, we exercise both, we neglect Spiritual. Everything we do, think, and say is Spiritual.

All things considered, ask yourself this: Has the government EVER lied to you?

I have begun putting “Easter Eggs” in the links below. Enjoy. Also, there may be some “Red Pills” within the mix below. Another note – I receive no compensation from anything I link to,

whether it be articles, websites, books, YouTube Videos or other such thing. I only offer these links as a help to those who are searching for the truth. I only receive compensation when a client comes to me for a QHHT Session. Thank you.

If any of the link's fail, please let me know so that I can fix it. Thank-you. Carl

1 – News – Top

[Above Top Secret](#)

[Abundant Hope](#)

[Alien News](#)

[All News Pipeline - ANP](#)

[Attainable Mind](#)

[Before Its News](#)

[Blacklisted News](#)

[Censored News](#)

[Cosmic News](#)

[Dinar Chronicles Daily Newsletter](#)

[Exopolitics – Dr. Michael Salla](#)

[Exploring Real History](#)

[Forbidden Knowledge TV](#)

[Gateway Pundit](#)

[George – Not Just Politics As Usual](#)

[Gesara News](#)

[Great Awakening](#)

[Ice Age Now](#)

[In5D](#)

[Indian In The Machine](#)

[Into the Light News](#)

[Life Line News](#)

[Life Site News](#)

[Natural News – the Health Ranger](#)

[NESARA / GESARA](#)

[News-Intel – Aliens Latest](#)

[Next News Network](#)

[Our New Earth News](#)

[Politico](#)

[Real News Feed](#)

[Real Raw News](#)

[Rense](#)

[SGT Report](#)

[Starship Earth: The Big Picture](#)

[Tap News Wire](#)

[The Epoch Times](#)

[The Federalist](#)

[The Final Wakeup Call - English](#)

[The Great Awakening](#)

[The Guardian](#)
[The Rumor Mill](#)
[The True Defender](#)
[Truth Beyond Science](#)
[USSANews](#)
[We Are Change](#)
[What Does It Mean?](#)
[World-Mysteries](#)
[X22report](#)
[Zero Hedge](#)
[ZetaTalk](#)

2 – NDE - Top

[Dr. Bruce Greyson Resources](#)
[Dr. Kenneth Ring Website - Near-Death](#)
[IANDS – International Association for Near-Death Studies, Inc.](#)
[Near-Death Experiences and the Afterlife](#)
[Near-Death Home Page](#)
[Proof of Heaven – Mike Adams](#)

3 – Reincarnation - Top

[ASK DR. WEISS: Free will and destiny; soulmates; ghosts; souls in different forms](#)
[Bible Truths](#)
[Christian Reincarnation - Love](#)
[Christian-Reincarnation.com](#)
[Dr. Brian Weiss - Leon's Past Life Regression](#)
[Dr. Brian Weiss on the Patient Who Made Him Believe in Past Lives](#)
[Dr. Brian Weiss-Free will and destiny–soulmates–ghosts–souls in different forms](#)
[Edgar Cayce's A.R.E.](#)
[Facts Are Facts](#)
[Facts Are Facts – Reincarnation is Not Being Born Again!](#)
[Merciful Truth](#)
[Reincarnate Life](#)
[Reincarnation](#)
[Reincarnation After Death Stories](#)
[Reincarnation and the Bible](#)
[Reincarnation and the Near-Death Experience](#)
[Reincarnation Christianity and the Dogma of the Church – Jan Erik Sigdell](#)
[Reincarnation in Christian Gnosticism – Jan Sigdell](#)
[Reincarnation in the Bible Part 1](#)
[Reincarnation in the Bible Part 2](#)
[Reincarnation Is it Biblical - You Will Not Believe What I am About to Tell You. – Jacob Israel](#)
[Reincarnation Jesus, the Bible, New Testament & Christian Doctrine](#)
[Reincarnation Research](#)
[Reincarnation Stories](#)

[Reincarnation The Key to Christianity](#)

[Reincarnation Truth](#)

[Spirit Of the Scripture](#)

[Spirit Release Forum](#)

[Spiritual Travel.org](#)

[The Reluctant Messenger](#)

[Theosophy - Reincarnation](#)

[Theosophy Northwest](#)

[Theosophy World](#)

[Why Jesus Taught Reincarnation: A Better Gospel, by Herbert Bruce Puryear](#)

[Yeshua before 30CE](#)

4 - Television Shows - Top

[One Step Beyond](#)

[Twilight Zone](#)

5 – QHHT – Quantum Healing Hypnosis Technique - Top

[Suzanne Spooner on What to Expect During a QHHT Session](#)

[What is QHHT?](#)

6 - The Rabbit Holes - Top

[13 Bloodlines of the Illuminati, The Majestic Project / MJ-12 ...Your turn.](#)

[Daily Odds and Ends](#)

[How Stuff Works](#)

[Index by Areas, Disclosure-Life in the Universe, Abductions and Abductees, An Alien](#)

[Abduction Account ...Your turn.](#)

[The Mysterious Universe](#)

[The Biggest Book, A Free World? Wilhelm Reich ... Your turn.](#)

7 - UFOs and the Extraterrestrials - Top

[Disclose ET UFO Technology for Humanity Earth](#)

[Exemplore – FBI Confirms Aliens Exist](#)

[Exopolitics - Home](#)

[Exopolitics – Dr. Michael Salla](#)

[Future of Mankind – Billy Meier](#)

[MUFON](#)

[Nicholas Ginex Enters the WordPress World!](#)

[SecureTeam10](#)

[Serpo – Extraterrestrial Exchange Program](#)

[The Great Picture](#)

[Tom Keyon – Who are the Hathors](#)

[UAMN](#)

[UFO Casebook](#)

[UFO Sightings Caught Over Texas Hill Country | UFO Sightings 2017](#)

[Zohar Stargate TV](#)

8 – Q - Top

[Q – The Plan To Save The World Remastered](#)

[Welcome to Qniversity](#)

9 – YouTube - Top

[Absolute Documentaries](#)

[Can't Stop Smiling When I Watch This](#)

[E.T. Message - 'We Are Here To Help You, If You Allow Us'... Paul Hellyer \(1923 - 2021\)](#)

[HIDDEN TEACHINGS of the Bible That Explain Manifestation, Consciousness & Oneness](#)

[Natalie – Melanie – The Experience Episode 141 – We Are You and You Are Us](#)

[Reincarnation! Is it Biblical? You Won't Believe What I'm About To Tell You.](#)

[Strange But True Stories!](#)

[Suppressed Secret Technologies](#)

[The Best Is Yet to Come](#)

[UAMN TV](#)

[Zohar Star Gate Ancient Discoveries](#)

10 - The Phoenix Journals - Top

FourWinds10

The Recommended Starter Journals ...Here They Are

[*Phoenix Journal 02 – And They Called His Name Immanuel, I Am Sananda – 116 Pages*](#)

[*Phoenix Journal 03 – Space Gate, The Veil Removed – 92 Pages*](#)

[*Phoenix Journal 05 – From Here to Armageddon – 83 Pages*](#)

[*Phoenix Journal 07 – The Rainbow Masters – 116 Pages*](#)

[*Phoenix Journal 27 – Phoenix Operator-Owner Manual – 84 Pages*](#)

[*Phoenix Journal 47 - Pre-Flight Instructions For The Phoenix – 131 Pages*](#)

Most Important Books on Earth, Were Banned by U.S. Government ...Here They Are

[*Phoenix Journal 20 – Hotfoot for the Phoenix - The Mossad Connection – 253 Pages*](#)

[*Phoenix Journal 30 – Pleiades Connection, Vol. I – Return of the Phoenix - 210 Pages*](#)

[*Phoenix Journal 31 – Pleiades Connection, Vol II – Let There Be Light –223 Pages*](#)

[*Phoenix Journal 32 – Pleiades Connection Vol. III – I And My Father, – 237 Pages*](#)

[*Phoenix Journal 33 – Pleiades Connection Vol. IV – Atomic Suicide – 148 Pages*](#)

[*Phoenix Journal 34 - Pleiades Connection Vol. V – Phone Home, E.T. – 190 Pages*](#)

[*Phoenix Journal 35 - Pleiades Connection Vol. VI – The Sacred Spirit Within – 239*](#)

Pages

[*Phoenix Journal 36 - Pleiades Connection Vol. VII – The Cosmic Order – 196 Pages*](#)

[*Phoenix Journal 37 - Pleiades Connection Vol. VIII – Transformation of Man – 197*](#)

Pages

11 - Early Christian Writings - Top

[Early Christian Writings – Church Fathers](#)

[Gnosis.org](#)

[The Gnostic Society Library](#)

[The Lost Books](#)

[The Nazirene Way](#)

12 - Galactic Federation - Top

[ERA of Light](#)

[Into the Light](#)

13 – Extra - Top

[13 Bloodlines of the Illuminati](#)

[A Free World?](#)

[Ancient Origins](#)

[Ancient Texts](#)

[Bibliotecapleyades](#)

[Biggest Secret – David Icke 541 pages](#)

[Daily Mysteries](#)

[Divinity Now – Mike Adams](#)

[Educate-Yourself.org](#)

[Energy Frequency and Vibration](#)

[Feed Spot](#)

[Flight Aware – Central to Aviation](#)

[Forbidden History - BeforeUs](#)

[Free Crypto Course - Future Money](#)

[Global Research](#)

[Great Awakening](#)

[Henry Makow](#)

[Inspire Good Vibes](#)

[Internet Sacred Text Archive](#)

[Julian Assange Wikileaks Files](#)

[Meta-Religion.com](#)

[Meta Tech](#)

[Office Of the World Teacher](#)

[Operation Disclosure Official](#)

[Pandemic Timeline](#)

[Patriots for Truth](#)

[Phantoms and Monsters](#)

[Phoenix Journals](#)

[Phoenix Operator-Owner Manual](#)

[Political Vel Craft](#)

[Prepare for Change](#)

[Red Light Therapy](#)

[Remedies.net](#)

• [Anti-Aging](#)

• [Arthritis](#)

• [Diabetes](#)

• [Diet Dilemma](#)

• [Heart Health](#)

• [Obesity](#)

• [Organic Salt](#)

• [Women’s Health](#)

[Restore – Google Alternatives](#)

[Rose Rambles](#)

[Royal Raymond Rife](#)

[Tesla Shift Frequency](#)

[The Biggest Secret](#)

[The Epic of Gilgamesh](#)

[The Gnosis Archive](#)

[The Hollow Earth](#)

[The Lacerta Files](#)

[The Law of One](#)

[The Law of One Society](#)

[The Lost Gospel of Q](#) – The Sayings of
Jesus – Version 2:

<https://youtu.be/M4qNp7xSekA>

[The Mysterious Universe](#)

[The Smokey God](#)

[The True Reporter](#)

[The Universe Inside You 1](#)
[The Universe Inside You 2](#)
[Time for Disclosure](#)
[Urantia Book](#)
[Urantia Foundation](#)

[Visible Origami](#)
[WebMD – What is Red Light Therapy](#)
**You will find every book under the sun
for free** downloaded here: <https://z-lib.org/>

[**Trevor Winchell – American Patriot - Important Updates: Global Currency Reset, Ten days of darkness, GITMO, Gold Repatriated from Cabal**](#)

[Back to Eden by Jethro Kloss](#)
[Essential Oil Magic by Vervain Helsdottir](#)
[Native American Herbalist's Bible by Lyotanka Sioux](#)
[The Drugging of America: The Pharmakeia Sorcery Deception \[podcast\]](#)

The following are PDFs that when clicked on, will download a PDF file:

- [1888 - E.D. Walker - Reincarnation - A Study of Forgotten Truth](#)
- [1908 - Reincarnation and the Law of Karma](#)
- [Hidden Beliefs Covered by the Early Church Re: Resurrection & Reincarnation](#)
- [May a Christian Believe in Reincarnation](#)
- [Past Life Memories of Children and Past Regression - A Case for Reincarnation](#)
- [Reincarnation](#)
- [Reincarnation - An Investigation Through the Bible, Science and Experience](#)
- [Reincarnation - The Church's Biggest Lie](#)
- [Reincarnation "When I Was Big"](#)
- [Reincarnation and Christianity](#)
- [Reincarnation and Christianity - Nazirene](#)
- [Reincarnation As Taught By Early Christians](#)
- [Reincarnation Children Don't Believe in Death](#)
- [Reincarnation In The Bible - Part 1](#)
- [Reincarnation Scripture](#)
- [Reincarnation, Christianity and the Dogma of the Church](#)
- [The Formation of the New Testament Canon](#)
- [The Moral Dilemma of Right and Wrong](#)
- [The Truth About Reincarnation](#)

14 - Suggested Reading - Top

[Children Who Remember Previous Lives: A Question of Reincarnation](#)
[Many Lives, Many Masters](#)
[Same Soul, Many Bodies](#)
[The Andreasson Affair: The True Story of a Close Encounter of the Fourth Kind](#)
[The Books of Enoch](#)
[The Great Human Potential, Teaching from the Ninth Dimensional Pleiadians and the Hathors](#)

[The Unquiet Dead: A Psychologist Treats Spirit Possession](#)

15 - Music Videos - [Top](#)

["In The Year 2525" - music video clip made in 2020](#)

["REFLECTIONS OF MY LIFE" THE MARMALADE ~ 1969](#)

[THE ASSOCIATION "Requiem For The Masses" 1967](#)

[Mike Curb Congregation – "Burning Bridges"](#)

[The Hollies – "He Ain't Heavy, He's My Brother"](#)

["The Air That I Breathe" - The Hollies](#)

[The Association – "Everything That Touches You"](#)

[Tommy James and the Shondells – "Crimson And Clover Lyrics" - extended version 1968](#)

["Those Were The Days"](#)

["While My Guitar Gently Weeps" - \(Taken from Concert For George\)](#)

[Electric Light Orchestra – "Don't Bring Me Down"](#)

[* Classic Rock * Electric Light Orchestra – "Livin' Thing"](#)

['Footloose' - Dancing In The Movies](#)

['Step Back In Time' - Old School Dance Mashup](#)

[Movie stars dancing to...I'm So Excited!](#)

[Bee Gees – "Too Much Heaven" - \(Official Music Video\)](#)

16 – Survival - [Top](#)

[4 Patriots](#)

17 – Advanced Technology - [Top](#)

[2014-02-20 - Is Technology More Advanced than it Appears?](#)

[2014-04-01 - Advanced Technology: Flying Saucers & the Underworld](#)

[2014-04-30 - Advanced Technology: Beginning with Roswell](#)

18 – Amazing Water Remedies - [Top](#)

[Rice Water – Glowing skin, healthy hair, shrink pores, and energy drink.](#)

[Lemon Water – Flat belly, boost immune system, detox, blemish free skin and healthy digestion.](#)

[Fennel Water – Relieves menstrual problems, digestive problems, weight loss and healthy skin.](#)

[Ginger Water – Relieve menstrual cramps, headaches, bloating, cold and indigestion.](#)

[Mint Water – Detox, freshen breath, fight acne, promote digestion and improve complexion.](#)

[Rose Water – Shiny hair, lighten scar, tighten pores, soothe skin, purify skin, prevent breakouts.](#)

[Cucumber Water – Healthy skin, ease nausea, keeps you hydrated, and remove dark circles.](#)

[Honey Water – Cure acne, reduce bloating, flush out toxins, sore throat remedy, weight loss.](#)

[The Little Shine – Top 10 Water Remedies](#)

19 – Jokes and Stories - [Top](#)

[Diary of a Snow Shoveler – Funniest Thing You Will Read This Season](#)

[What Heaven's Like](#)

[Will I Live to be 80?](#)

20 – War Is a Racket – Major General Smedley Butler - [Top](#)

List Updated 5-4-2022

Newsletter Input - Top

Sometimes, from time to time, we all experience something from the unknown. Our God knows, but we have not a clue as to what it was, and it bewilders us and forces us to do a reality check. We also find that we want to tell someone, anyone, maybe. But who? Do you have a story you want to tell, but do not want to be put on the front stage with all eyes looking at you? Do you get nervous meeting new friends and are fearful that they may think you to be strange and not all “there?” If you would like, please email me with your story. I will read it to see if it has interest for our readers, I may check for spelling and grammar then post it in our newsletter. I can leave your name off if you would like. But I want to hear from our readers.

QHHT Sessions - Top

If you are interested in doing a QHHT session, my current fee is \$300 for the entire session. I only do one session per day so that there will be no rush to finish a session before it is natural completion. You will also find that my fees are at the low end of the scale among QHHT® practitioners, to make it more affordable. I’ll send you some paperwork to be filled out when we schedule the appointment, then I’ll send a reminder one or two days prior to the session that will also include my address here in Spring Branch, Texas. Bring the paperwork with you and we can go over it when you get here. A belief in reincarnation *is not* a requirement for a QHHT® session. Your unconscious mind will take you to the most appropriate time and place in which your questions will be answered.

If you need to call or text me, to ask more questions, I will be more than happy to answer any questions you may have. If the call goes to voice mail, I will call back as soon as I am able. I am retired and hypnosis is the only “work” that I do, so if you need to call or text, do not hesitate. The session can last four to seven hours. This includes a two-hour discussion and a review of the questions you bring with you that you want your unconscious mind to answer, a one-to-two-hour hypnotic session that may include one to three past lives, answers to your questions by your unconscious mind, and a body scan by your unconscious mind. The session is videoed, and an audio file of the session is sent to you via Drop Box.

ABOUT - Top

This newsletter started out as a way to encourage others to meet and tell others of their paranormal experiences. I’ve also included a lot of my own experiences in the previous newsletters, but now, I believe it is time to include other subjects that will help a person to grow and heal, not only in the mind, but also in the body. After all, isn’t that what we all want, to have a healthy mind, body and spirit?

As I research the various topics that I find interesting, I will occasionally dip down into rabbit holes and find nuggets that were completely unexpected. Attending “**The Healing Arts Festival & Market**”, I also see where people are seeking alternative sources of healing rather than the

allopathic medicine in which we have begun to shy away from due to the contraindications associated with their treatments when using questionable pharmaceuticals.

I have found, in my readings, therapies that include frequency, vibration and energy as well as red light therapy. Frequency would be associated with light and sound, as in the Singing Bowls that one may find at the Healing Arts Festival & Market. So, please expect more, and if you believe that I have veered off track and need to come back to center, please let me know. Feedback does help.

Contact Information - Top

Cell-phone number Carl Marshall 479-970-6922
Email Address carl@cakama.com
Website www.texasmetaphysics.com

Our Meetings at Beefy's on the Green – Upcoming Dates - Top

Upcoming Dates: **May 28** **Jun 25** **Jul 23** **Aug 27** **Sep 24**
Oct 22 **Nov 19** **Dec 17**



The Healing Arts Festival & Market – Pat Booker - Top

Hilton Garden Inn – 8101 Pat Booker Road – San Antonio

Upcoming Dates: **Jun 5** **Jul 3** **Aug 7** **Sep 4** **Oct 2**
Nov 6 **Dec 4**

The Healing Arts Festival & Market – The RIM - Top

Hilton Garden Inn – 5730 Rim Pass – San Antonio

Upcoming Dates: **Jun 19** **Jul 17** **Aug 21** **Sep 18** **Oct 16**
Nov 20 **Dec 18**

MUFON San Antonio, Texas - Top



**OPEN PUBLIC MEETING FOR
May, 2022**

JOIN US FOR SAN ANTONIO CHAPTER MEETING LIVE AND IN PERSON ON TUESDAY, MAY 24TH AT 7PM. (ROOM WILL OPEN AT 6:30 FOR SOCIAL TIME) JOIN US IN PERSON AT THE VFW LODGE AT 2322 AUSTIN HIGHWAY, SAN ANTONIO, TEXAS 78218

There is a \$5.00/person door charge to cover room rental. Bring your own food is OK, the kitchen will be closed.

KEN JORDAN, THE TEXAS STATE DIRECTOR WILL BE THERE TO VISIT WITH ATTENDEES.

Mr. Marshall will be hosting and talking about regressive hypnosis and related topics.



This month's meeting will be hosted by:
Carl Marshall
QHHT Practitioner
Spring Branch, Texas

TEXAS FACEBOOK PAGES

San Antonio: <https://www.facebook.com/MUFONSANANTONIO>

Houston: <https://www.facebook.com/HoustonMUFON>

Dallas/Ft. Worth: <https://www.facebook.com/DFWMUFON>

Brazos Valley: <https://www.facebook.com/search/top/?q=mufon%20brazos%20valley>

To report a UFO – MUFON UFO REPORT

Chris Holm – [Conspire a Theory Podcast](#) – Top
[072 Tom Whitmore, MJ12 affair](#)

Until next time, I am Carl Marshall. – Top