

Are You Afraid of the Truth?

Our Monthly Meeting This Saturday

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Where – Beefy’s on the Green

12910 US Hwy 281 N, Spring Branch, TX 78070

Saturday, February 18, 2023, from 1:00 PM until 4:00 PM

Eating and Socialization start at 1:00 PM

Posted Newsletters - <https://www.texasmetaphysics.com/general-5>

February 15, 2023 - Newsletter

These are unusual times. It is more than just the bumps in the night that keep us awake, but, also, those things over which we have no control. See you *February 18, 2023*, at Beefy’s on the Green, in our forever Search for The Truth.

Don’t forget our MUFON meeting. [See here for details.](#)

Beefy’s on the Green Venue

Are you curious, or do you have a story you would like to share? Come join us at “Beefy’s on the Green,” Saturday, *February 18th* at 1:00 PM. The location is at the corner of HWY 281N and Rebecca Creek Road, in Spring Branch, Texas. You cannot miss it; it has a very large golf ball in the front.

This is a safe place to tell your stories, of the paranormal, without fear of rebukes or ridicule from others. Everybody has gone through something, whether it has been UFO sightings or alien abductions, shadow people coming in the night, or ghosts in the house watching you sleep. This is happening all over the world and in your world. Your friends and family, 18 years of age and older, are welcome, bring them.

Our scheduled times for our Beefy’s on the Green meeting will be the 3rd Saturday of each month. Please mark your calendars.

When you buy a meal from Beefy's, let them know that you are going to the meeting upstairs. This helps lower the cost of the room.

If you are **not receiving** my newsletter and want to receive it each month, please go to www.texasmetaphysics.com and sign up, or email me at carl@cakama.com. This is especially true for our Meetup Group as I do not have a way to get the full text of the newsletter to you except through my website.

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January 2023 Beefy’s on the Green Recap

We had a great time today at Beefy’s on the Green. Eighteen souls came to tell their stories of the paranormal. Ghosts, alien abductions, shadow people, etc., were listed as just some of the stories in which they touched the lives of those present.

A moment of shadow here, a flash of light there, a time distortion unaccounted for, may all be signs of a paranormal event that has touched us and left us bewildered as to what had just happened.

If you have had an experience with the paranormal, or just want to hear the stories, see us upstairs at Beefy’s on the Green this month, the third Saturday, at 1:00 PM.

Please do your own research & use your own discernment!

DISCLAIMER: *As with all those things I put into these newsletters, please use your own discernment. Do your own research to determine if these things are true. Do not accept as truth anything that are in these newsletters without researching it for yourself. I only put information into these newsletters for your starting point of research and articles that I find interesting.*

“Don’t speak negatively about yourself, even as a joke. Your body doesn’t know the difference. Words are energy.”

*We reap what we sow. As Jesus Christ said,
“Sowing is free, but the harvest is obligatory”.*

A Milestone Has Been Reached.

According to my calculations, this is the One Hundredth (100th) issue of the Texas Metaphysics Newsletter. I’ve really enjoyed writing, copying, and pasting articles that I had hoped would be relevant to my readers. In these issues, we’ve read about UFOs and alien abductions, ghosts, shadow people, the Near-Death Experience (NDE), reincarnation and looking at biblical support for reincarnation as well as the writings of the first century Christians.

As in all these issues, I have encouraged my readers to use their own discernment and to do their own research. The articles are a jumping off place for those individuals who enjoy reading then doing research to see if these things are true.

I will continue to do the newsletters and have the meetup meetings as I see these helping other people.

Those people who know me, know that I do hypnosis. I started out with the Dolores Cannon Quantum Healing Hypnosis Technique (QHHT), then took the Beyond Quantum Healing (BQH) as developed by Candace Crow-Goldman, Dolores' first Level 3 student. But, hypnosis is not something one takes a course in and then believes he/she knows it all. I continue to study and take classes like Mike Mandel's Hypnosis classes that includes the Neo-Ericksonian hypnosis as well as stage hypnosis. I've taken classes with Cal Banyan on "Informing the Soul" that adds greatly to past life regressions, as well as conducting hypnosis sessions over Zoom. Although I took a class with Mike Mandel and Candace Crow-Goldman to do sessions over Zoom, sometimes other classes have a different perspective on the way to do certain things. Currently, I'm also taking classes on "Hypnosis for Weight Loss" and "Stop Smoking 101" with the HMI College of Hypnotherapy. Like I said, sometimes more classes are beneficial to get different perspectives on a subject or topic.

It is my intent to keep up to date on the latest procedures so that I can really help my clients in the manner in which they feel comfortable and are helped on their own path through this life as we chose to do. Every day is a learning experience and we tend to learn by building on what we have learned previously, and sometimes are education is built upon false information so we have to rebuild.

Those are my thoughts.

Hidden Information?

Sphinx

Recently, I watched the YouTube video [**The Sphinx's Secret: The Hidden Room That Could Rewrite History**](#). Today, I began to enumerate, in my mind, some of the things that "The Elite", "The Academies", "The Politicians", etcetera has contrived to keep us, the little people, in the dark.

In this video we uncover the mystery of an ancient time capsule hidden deep beneath the Great Sphinx of Egypt. For centuries, researchers have speculated about the existence of a secret chamber within the iconic statue, and now, using the latest technology and archaeology techniques, we may finally have the answers. From ancient artifacts to long-forgotten texts, this video offers a glimpse into the history and mystery of one of the world's most iconic monuments.

Roswell

Let us remember Roswell, take a look at this video - [**Roswell: The UFO mystery that still haunts America | Planet America**](#). Americans' fascination with UFOs has surged during the Covid pandemic and recent sightings are being taken more seriously with a Pentagon report into

UFO sightings about to be released. But as Planet America's John Barron explains, few UFO mysteries have inspired as much intrigue as the Roswell incident in New Mexico in 1947.

Bible Texts

Bible Hidden Texts | Newly Discovered Passages Removed By The Church

What are the Bible secret texts? What texts were cut out of the Bible? Over the course of the last 2 millennia, the church has systematically edited out of the Bible what historians refer to as the Gnostic Gospels, which contain some extremely explosive ideas—and were a part of the texts that originally comprised the Bible. For one, the Gnostic Gospels tells of two gods: the vengeful and scornful one of the Old Testament, and the benevolent father of Jesus Christ of the New Testament. Several traditional Bible stories are contradicted by the Gnostic Gospels: the serpent in the story of Adam and Eve is the hero in the Gnostic Bible; the Holy Spirit was a flesh and blood woman who lived and breathed on Earth; a baby Jesus struck people blind and killed them in wrathful vengeance.

In 1945, a farmer named Muhammad 'Ali Al-Sammán made the archeological discovery of a lifetime. While digging in Nag Hammadi, Egypt he hit a red clay jar that was nearly a meter tall. Muhammad 'Ali was initially hesitant to open it, thinking it might contain a genie.

What it held was equally as rare as it was powerful: thirteen leather-bound papyrus books comprised of the fifty to sixty ancient texts now referred to as the Gnostic Gospels.

Muhammad 'Ali had no idea the value of what he found. His mother had even less of an understanding, or she never would've used what many say are the lost pages of "The Bible" for kindling.

The books contained works that were originally written around the same time as the passages that did make their way into the finished version of "The Bible," with a few notable additions.

So, the real question is: why didn't the gospels of Thomas, Judas, or Mary Magdalene make the cut?

HIDDEN TEACHINGS of the Bible That Explain Manifestation, Consciousness & Oneness (POWERFUL Info!)

Did they really keep parts of the Bible from us? What would be their reasons? What would be their motivations?

As you can see, through these short videos, there has been and will continue to be those who will hide information from the masses to accumulate wealth and power for their own shorted gains. In [Matthew 16:26](#), Jesus says it best, "[26](#)For what good will it do a person if he gains the whole world, but [\[aa\]](#)forfeits his soul? Or what will a person give in exchange for his soul?"

Nikola Tesla Explained In 16 Minutes | Best Nikola Tesla Documentary

Nikola Tesla was a man ahead of his time. His advancements in electricity were radical, helping to usher in the modern age, with his influence seen in anything from X-rays to remote control. His World Wireless System had the potential to advance technology by nearly a century, while also providing free energy to the globe. Unlike so many of his era, Tesla did not work for

financial gain, instead working to advance humanity. Perhaps it is not surprising that a man so far ahead of his time has only found his place in the 21st century, an age shaped by his technological brilliance.

Royal Raymond Rife

If you have not heard of Dr. Royal Raymond Rife before, watch this short version of "The Royal Rife Story", which will introduce you to this genius and tell you about his great scientific accomplishments. Rife won 14 government awards for scientific discoveries and received an honorary medical degree from the University of Heidelberg for his work in bacteriology. He built many scientific instruments, the best known being the world's most powerful optical microscopes which overcame the limits of standard research microscopes, allowing him to become the first person ever to see a living virus. Dr. Rife's greatest achievement is that he developed a method of destroying disease-causing microorganisms using frequencies, and thus destroying disease.

The Secrets of the Bosnian Pyramid - The Discovery That Shook the World

The existence of a monumental pyramidal complex in Central Bosnia, stone spheres and tunnel system (town of Visoko) has caught the world by surprise and shook the global scientific community, because it may require a part of world history to be rewritten. Semir Sam Osmanagich discovered these amazing structures in 2005, and an Egyptian team of experts confirmed in September 2007 that these structures in Visoko were man-made.

She Went to Heaven, Hell & In Between During Her Near-Death Experience

Near-death experience podcast guest 635 is Erica Makenzie who during her nde experience went to Heaven, hell and the in between.

Near Death Experience I Rabbi Dies and Encounters God's Glory Ep. 10

Rabbi Felix Halpern died when his body became toxic after a medical misdiagnosis and the related wrong prescription. As Felix left his body, he entered a tunnel of light, encountered an angel, and soon finds himself in Heaven's throne room. You're going to be amazed at the destiny-shifting revelations he received on the other side of the veil. Welcome to Randy Kay's YouTube channel, where we bring encouraging messages of hope through the inspirations of God's Holy Spirit, and miraculous encounters like those who have experienced the afterlife.

What Happened during those Missing 5 Hours onboard the UFO?... Anthony Esemplare Story

[@UAMNTV](#) My name is Anthony Esemplare and I am thrilled to share with you my incredible, true story of abduction! I host a captivating podcast called 'Unidentified-S4' on YouTube, where I work alongside my talented producer Andy Gambino, and my brilliant co-hosts Ron Mason and Eric Wood, to delve deep into the fascinating field of UFO research. Every night, I set up my equipment on the New York City shoreline and film the night sky in the hopes of capturing and documenting unidentified flying objects. I am also honored to collaborate with some of the most

renowned researchers and statisticians in the field of Ufology. Trust me, you won't want to miss our show! And, be sure to stick around, because my story only gets even more mind-blowing.

[Top Secret Facility "Hangar 18" Hides UFO Evidence \(S3, E12\) UFO Files | Full Episode](#)

What happens when a UFO crashes? Some experts claim the wreckage and the pilots are transported to a top-secret facility called "Hangar 18" located on Wright Patterson Air Force Base. Learn more, in Season 3, Episode 12, "Hangar 18: The UFO Warehouse."

[Area 51](#)

Secret [U.S. Air Force](#) military installation located at Groom Lake in southern [Nevada](#). It is administered by [Edwards Air Force Base](#) in southern [California](#). The installation has been the focus of numerous [conspiracies](#) involving [extraterrestrial life](#), though its only confirmed use is as a flight testing facility.

For years there was speculation about the installation, especially amid growing reports of [UFO](#) sightings in the vicinity. The site became known as Area 51, which was its [designation](#) on maps of the [Atomic Energy Commission](#). [Conspiracy theories](#) gained support in the late 1980s, when a man alleging to have worked at the installation claimed that the government was examining recovered alien [spacecraft](#).

In 2013 the U.S. government officially acknowledged the existence of Area 51. That year the National Security Archive at the [George Washington University](#) obtained through the [Freedom of Information Act](#) (FOIA) a formerly classified [CIA](#) document that chronicled the history of the [U-2](#) spy plane; a heavily [redacted](#) version had previously been released in 1998. According to the report, in 1955 the remote site—which included an airfield not used by the military since [World War II](#)—was selected in order to test the U-2. Test flights of that spy plane, and subsequent aircraft, accounted for many of the UFO sightings in the area; the U-2 could reach altitudes much higher than any other [planes](#) at the time. After the U-2 was put into service in 1956, Area 51 was used to develop other aircraft, including the A-12 (also known as OXCART) reconnaissance plane and the [stealth](#) fighter [F-117](#) Nighthawk.

YouTube Video

[I Died And Saw Many Souls In Heaven | Near-Death Experience | NDE - Comes from Arthur Yensen](#)

Or Read It

[Arthur Yensen's Near-Death Experience](#)

by [Kevin Williams](#) Posted on [September 16, 2019](#)

Arthur Yensen was another near-death experiencer who received knowledge of [reincarnation](#). In August of 1932, Yensen, a university graduate, geologist, and staunch “materialist turned syndicated cartoonist,” decided to take some time off to research his weekly cartoon strip, “ADVENTUROUS WILLIE WISPO.” Since his main character was a hobo, Yensen became a

hobo for a time, blending in with the over sixteen million unemployed at that time in our nation's Great Depression. He bummed rides from Chicago through Minnesota, until a young man in a convertible coupe picked him up on the way to Winnipeg. Going too fast for the road conditions, the car hit a three-foot-high ridge of oiled gravel and flipped into a series of violent somersaults. Both men were catapulted through the cloth top before the car smashed into a ditch. The driver escaped unharmed, but Yensen was injured, losing consciousness just as two female spectators rushed to his aid. After seeing the afterlife during this near-death experience, he later learned that telling others about his NDE often brought criticism, especially from the church. But there were those who would listen and as time wore on, more and more people would ask him about it. Finally in 1955, Arthur Yensen published a report of his near-death experience after much public interest. His booklet entitled "I Saw Heaven" (out-of-print) describes his NDE and gives answers to questions he was always asked. On this web page I have some excerpts from his booklet. His NDE also appears in [P.M.H. Atwater](#)'s book "[Beyond the Light](#)."

1. Arthur Yensen's Near-Death Experience

I felt as if I were coming loose from my body! While I believed that my body was me, I knew instinctively that if I separated from it, I'd be dead! My soul and body started separating again and continued to separate until I felt a short, sharp pain in my heart, which felt as if something had been torn loose. Then slowly and softly I rose out through the top of my head.

Gradually the Earth scene faded away, and up through it loomed a bright, new, beautiful world – beautiful beyond imagination! For half a minute I could see both worlds at once. The Earth fading away, and the other world looming up brighter, and brighter, and still brighter! Finally when the Earth was all gone, I stood in a glory that could only be heaven.

In the background were two beautiful mountains similar to Fujiyama of Japan. The tops were snow-capped, and the slopes were adorned with foliage of indescribable beauty. Since there was no pollution, haze, or other obstructions to mar one's vision, all the details were sharp and clear.

The mountains appeared to be about fifteen miles away, yet I could see individual flowers growing on their slopes. I estimated my vision to be about 100 times better than on Earth.

While I stood there marveling, I saw twenty people beyond the first trees, playing and singing-dancing games something like "skip-to-my-lou." They were having a hilarious time holding hands and dancing in a circle – fast and lively. Their singing, their laughter, and even their shouting was melodious.

As soon as they saw me, four of the players left the game and joyfully skipped over to greet me. As they approached, I estimated their ages to be: one 30; two 20; and one 12. Their bodies seemed almost weightless, and the grace and beauty of their easy movements was fascinating to watch.

As the heaven-people gathered around, the oldest, largest and strongest-looking man announced pleasantly, "You are in the land of the dead. We lived on Earth, just like you, till we came here." With unbounded enthusiasm I shouted, "This is wonderful!"

“It’s marvelous!” they answered. Then with delight they told me how I could swim around in the lake as long as I pleased and when I came out, I’d be dry! Another one said, “You can run, jump, dance, sing and play as much as you want to and you’ll never get tired!”

Then I noticed that the landscape was gradually becoming familiar. It seemed as if I had been here before. I remembered what was on the other side of the mountains. Then with a sudden burst of joy, I realized that this was my real home! Back on Earth I had been a visitor, a misfit, and a homesick stranger. With a sigh of relief, I said to myself, “Thank God I’m back again. This time I’ll stay!”

Then the oldest man, who looked like a Greek god, continued to explain. “Everything over here is pure. The elements don’t mix or break down as they do on Earth. Everything is kept in place by an all-pervading Master-Vibration, which prevents aging. That’s why things don’t get dirty, or wear out, and why everything looks so bright and new. Then I understood how heaven could be eternal.

Next I noticed that I was loving everything and everybody and that it was making me intensely happy. Apparently only the good in me had survived. Without the bad, which is discord, I was happy beyond anything I had ever known.

My next question was, “How do you explain this intense happiness?”

Your thoughts are vibrations which are controlled by the Master-Vibration. It neutralizes all negative thoughts and lets you think only the good thoughts, such as love, freedom and happiness.

“Then what becomes of the old grouches?”

If they are too bad, they go to a realm of lower vibrations where their kind of thoughts can live. If they came here, the Master-Vibration would annihilate them. After death people gravitate into homogenous groups according to the rate of their soul’s vibrations. If the percent of discord in a person is small, it can be eliminated by the Master-Vibration; then the remaining good can live on here.

For example, if a person were 70% good and 30% bad, the bad could be eliminated by the Master-Vibration and the remaining good welcomed into heaven. However, if the percentage of bad were too high, this couldn’t be done, and the person would have to gravitate to a lower level and live with people of his own kind. In the hereafter each person lives in the kind of a heaven or hell that he prepared for himself while on Earth.

If you threw a small pebble into a threshing machine, it would go into the box – not because it is good or bad, but because of its proper size and weight. It’s the same way here. No one sends you anywhere. You are sorted by the high or low vibrations of your soul. Everyone goes where he fits in! High vibrations indicate love and spiritual development, while low vibrations indicate debasement and evil.

When I asked what a person should do while on Earth to make it better for him when he dies, he answered, “All you can do is to develop along the lines of unselfish love. People don’t come here

because of their good deeds, or because they believe in this or that, but because they fit in and belong. Good deeds are the natural result of being good, and bad deeds are the natural result of being bad. Each carries its own reward and punishment. It's what you are that counts!"

While we talked, my mind, or whatever I had to think with, became crystal clear. Instantly and without effort I could remember everything I had ever known. I seemed to understand the Earth and all about it. The whole scheme of life was plain as day. Everything on Earth has its purpose. It all fits into a pattern which will, in the end, work out for justice and good. People worry because of their incomplete viewpoints. They don't realize that trouble is nature's way of teaching lessons that won't be learned otherwise. If we'd only learn from other peoples' troubles, we could avoid most of our own.

While we were still talking, and I was enjoying the ecstasy of heaven, my friend gently announced, "You can't stay here any longer. You have to go back to Earth."
"Back to Earth! Oh, no, not back to that horrible place!"

But already I was leaving this beautiful land and slipping back into my body – still enough in heaven to have no inhibitions, and yet far enough back into my body to have terrible thoughts. Like a kid having a tantrum I kicked and screamed, "Let me stay! Let me stay!" – But all my protesting did no good.

As I moved farther back into my body, there was a painful, prickly feeling all over, similar to a foot waking up. Also a crowded feeling as if the real me was having to compress itself to get back into its hateful prison.

The last thing the strong man said to me was, "You have more important work to do on Earth, and you must go back and do it! There will come a time of great confusion and the people will need your stabilizing influence. When your work on Earth is done, then you can come back here and stay."

[Arthur Yensen's death experience ends here. What follows are answers to questions people always asks him about.]

2. Can you tell us a little more about heaven?

Heaven is really hard to describe in Earth language because our words aren't adequate to describe things beyond our imaginations. However, the heaven I saw is characterized by its vivid greenness, its crystalline cleanliness, its newness, its all-pervading music and its overall beauty – all of which are maintained by the Master-Vibration.

It's a vigorous, lively place with an outflowing happiness that's uncontainable. It's an "over-answer" to everything we should have, and so far as I know, it's a final home for the soul. It's not a place of rest, as so many tired people picture it, because no one there gets tired. It's more like a new lease on life. No one could possibly use all the bubbling energy that wells up from his diaphragm. It's a lively hilarious place that's unbelievably sweet, serene and melodious. The people there reminded me of uninhibited, carefree children – before well-meaning adults work them over.

In heaven where all people really love each other, there are no inhibitions, or need for them. Everyone does exactly as he pleases. This works out well because only the best in each person survives, and good is all anyone wants to do. This allows a freedom and happiness that people on Earth can't imagine.

On Earth, where everyone is more or less evil, we need thousands of laws and inhibitions to keep order. For some people these restrictions are so severe that they become depressed, which may cause them to commit suicide. But in heaven, where there are no restrictions, people want to live forever.

3. What can you tell us about hell?

Not much, but I hear it's a cool place.

Heat is molecules in motion, while cold is their lack of motion. Likewise, love is a fast vibration of the soul, while hate is a slower vibration. Complete love would be God, while complete hate would be death, leaving the soul extinct.

The temperature in heaven was just right, neither hot nor cold. But that stranger who said he'd been in hell three weeks described it as a dark, dank, chilly, frightening place. A place where everyone retains their physical desires without a way to satisfy them. For example, the glutton can't eat because he has no physical body. The alcoholic can't drink for the same reason, neither can the smoker smoke, nor the drug addict get a fix. The miser can't protect his money, and the sex-maniac, who doesn't believe in love, finds it impossible to satisfy his lust. Hell is real hell for anyone who lives only to satisfy his selfish desires.

Without physical bodies, feelings of hate and fear are intensified as souls vainly try to hide from their enemies. Their only hope is to reincarnate. Then unfortunately when they do, they may forget all about their torment in hell and again lead lives of greed and tyranny. This miserable cycle can continue "forever" unless they find salvation in one of their lifetimes. Such people really need a savior, since they are not able to help themselves. I'm sure Christ incarnated to help them because he said, "I came not to call the righteous, but sinners to repentance."

4. How does a person get ahead in the next world?

You don't. There is no place in heaven for discontent or personal ambition. You may not be able to change at all after you arrive ... The Bible also tells us that when the Devil got too ambitious, he was kicked out of heaven.

If everyone completely understood the afterlife, they'd quit trying to keep up with the Joneses and start learning how to live unselfishly. Here we can change ourselves quite easily and should use this life to make ourselves into the kind of people we want to be in the hereafter. This world is a miserable place for anyone who hasn't learned internal harmony – characterized by unselfish love. Mankind is like a chain. What one does affects us all. We should try to strengthen our weakest links. In heaven, as far as I could tell, all people do is enjoy themselves. They're like children who don't demand work in order to be happy.

5. What is success and what is failure?

We came into this world to have trouble and to learn from it. Unfortunately, many people don't realize this and complain about their bad luck and spend their lives chasing pleasure, fame and money. Then they die without making any spiritual progress. And so they waste life after life. It should be obvious that all we'll take with us is our character, our karma and our abilities, and that we'll have to live with people like ourselves.

Therefore, our highest success would be to rise into the highest heaven through unselfish love. And our most dismal failure would be to hate ourselves out of existence – if that is possible.

6. Why didn't you mention God and salvation?

I didn't omit them intentionally. It's only that I didn't see God, Christ, or hear anything about salvation. However, I do consider the Master-Vibration as part of God because it controls the universe and seems to regulate everything except the evil minds of people on Earth.

To understand God, I believe one would have to be almost as great as God is. Or at least be like Christ who was in harmony with God. On the other hand, salvation is simple. All one has to do is to love so unselfishly that his soul-vibrations will rise high enough to fit him into heaven.

7. What is sin?

Sin is anything that stops spiritual growth. The three great sins are: Not learning from experience, letting leadership turn into tyranny, and letting selfishness turn into greed.

Everyone should constantly check themselves for developing greed, tyranny, fear, worry, anger, hate, jealousy, and especially guilt. By conquering these harmful traits, we keep in tune with our oversouls (guardian angels), God and the universe. Sin is anything that causes us to lose this contact. When the subconscious mind feels guilty it is ashamed to face its oversoul and builds up barriers to shut it out. Without the oversoul to guide it, such a person is like a child lost in the dark. The only hope it has is to get rid of its guilt and re-connect with its oversoul.

8. How are we saved?

By unselfish love. When we love unselfishly, our vibrations are so high that the only place we'll fit into is heaven. There is no other place we can go if we want to. This is divine justice because it gives all the people who ever lived, as well as all the higher animals who know right from wrong, an equal chance to eventually attain internal harmony which will fit them into some kind of heaven – regardless of their intelligence, education, indoctrination, ignorance, wealth or poverty.

9. Explain the trinity

The Father, of course, is God, or Infinity, who created and controls the universe.

The Son is an individualized portion of God who has attained a perfect oneness with God – which is also our goal.

The Holy Ghost, or Holy Spirit, would be the Master-Vibration which flows into us as freely as the barriers we have built up against it will allow.

10. Do you believe in the devil?

No, but if there is one, he would have to be an insane angel who was crazy enough to fight with God, which would be as futile as for us to try to stop the sunrise. I believe the devil is a mythological character, invented by humans and used for a scapegoat. Grown people with immature minds like to blame the devil for their misdeeds instead of acting like people and taking the blame themselves.

However, there may be earthbound spirits of low vibrations, whom we may regard as devils because they annoy us through mental telepathy. These demons tune in on us through our low vibrations of hate, fear and greed. They can be tuned out with unselfish love, or if necessary be chased away by the stronger spirit of Jesus Christ.

There's an old saying, "Birds of a feather, flock together." The way to be rid of the "devil" is not to be like him.

11. Do you believe in predestination or free will?

Both. Since they told me I had a destiny, why wouldn't everyone else have one? Obviously, our brains can only know what we've recorded in them, but our oversouls know all about us. That's why they try to guide us, and keep us in our bodies until our life's work is finished – just like we try to stay in our cars until we reach our destinations.

Yet, we all have free will. Any of us can get drunk and drive into a telephone pole.

12. What's wrong with fixed beliefs about the hereafter?

Things change little in the hereafter. Suppose we have the fixed idea that we'll sleep till the resurrection of the body. Then suppose there isn't a resurrection of the body. We might sleep a very long time.

On the other hand, if we have no fixed beliefs about anything, we'd be free to adapt to the new surroundings and fit in where we belong with no unusual difficulty.

Everything has its place. Fixed beliefs are useful in prayer where doubt is fatal. Yet doubt is always useful in sizing up religious dogma, reading junk mail, listening to commercials, and the promises of politicians.

13. Why are people turned off by religion?

Any complete body of knowledge is like a spoke in a wheel – pointing to the center of ultimate truth. Science, art, music, philosophy and religion run into trouble because they are not yet complete bodies of knowledge even though religion is advertised and sold as such.

Many religionists think they have the whole truth and the only short-cut to heaven. And in their well-meaning zeal to rescue wayward humanity, they argue, persuade and even go to war to force non-believers to accept their formula for getting into heaven.

Outsiders are turned off mostly because the churches can't agree among themselves. Some churches have even resorted to torture to force their particular brand of God's love on people who were perfectly satisfied and thought they were on good terms with God already.

But even though the churches have abused religion, and the beliefs of some churches are ridiculous to other churches, I believe everyone should have some kind of a religion, or philosophy, to encourage them to think and grow spiritually.

14. What is God like?

I don't know. I didn't see him. But I did feel a Master-Vibration which must be a part of God because it kept everything in good order and controlled the universe. Maybe it was the Holy Spirit.

People differ a great deal in their ideas of what God is like. Little children imagine him to be a gray-haired old man with a long white beard.

One religious denomination believes there is a Mr. and Mrs. God. Other churches consider God to be a universal spirit that created and rules the universe, while the atheists say there is no God at all – until they get in a jam. Then they pray like there really is one!

Under self-hypnosis, I once asked what God was like. I saw a huge mountain almost covered with clouds. Here and there were small peepholes through which I could see lightning and great activity. Then a voice from somewhere said, "To fully understand God, you'll have to be almost as great as God is!"

This put me in my place. But for reasoning purposes I had to have some kind of a mental image of what God is like. To me now, after many years of thought, he's a combination of many things such as: the known and unknown laws of nature, light, electricity, gravity, time, space, infinity, love and life itself – totally incomprehensible! But since we have life, we must all be a small part of him.

That's probably why we call him Father and consider ourselves his ornery kids – who always need forgiveness.

15. What is karma?

Karma is the totality of all our actions – good and bad – which determine our fate, or destiny.

If we do only good things we will eventually run out of bad karma and only good things will happen to us, and vice versa. The purpose of karma is to force us to learn life's lessons whether we want to or not.

Between lives, with the great knowledge of our oversouls, we choose the next life we are going to live and how much karma we are going to meet and settle. For example, if you abused animals, or people, in one life your oversoul would probably cause you to reincarnate into a situation where you'd get abused to make you realize the misery you've caused others.

The only way to bypass karma is to develop so much unselfish love that paying for bad karma will serve no purpose – much like a college student challenging a course he already knows.

16. Do you believe in reincarnation?

“Except a man be born again, he cannot see the kingdom of God.” John 3:3. Reincarnation certainly explains a lot of things that would be hard to account for otherwise. From my experience I’m convinced we have all lived and died many times. The reason we don’t remember our former lives is because our vast soul memories are not transferred to our baby brains at birth.

All we know in this life is what we learned in past lifetimes. That would be the reason why some things are so much easier for us to learn than others. For example, Mozart didn’t have to learn music because he already knew it.

One of the good things about reincarnation is that at the beginning of each lifetime we are cleared of all past prejudices, learning blocks and wrong teachings, and are ready for a fresh start – just like a new term at school – and, like school, when we have learned enough of life’s lessons, we graduate and don’t have to come back to this Earth anymore, except as volunteers to teach stragglers.

Since our opportunities for spiritual growth on this planet are probably limited time-wise, we should realize that in dealing with children, the learning value of any incarnation can be spoiled by indoctrination before the child is old enough to reason. In some cases this is worse than murder because it may waste a whole lifetime instead of just a few years.

Some scholars say that in the Dark Ages the Church had all references to reincarnation deleted from the Bible, so as to better control the people by threatening them with hell fire. But they didn’t get rid of every passage that refers to reincarnation because there are some that could hardly mean anything else, such as: “He who overcomes, I will make a pillar in the temple of God and he shall go out no more...” Revelation 13:12.

17. What do you think of Jesus redeeming humanity by suffering and dying on the cross?

Jesus was called a master because he had mastered all the problems of mankind. To help us with our slow spiritual progress he magnanimously volunteered to reincarnate and teach us how to evolve faster through unselfish love.

His teachings made so much sense to his followers that they called him the long-looked-for MESSIAH! And they would have crowned him king except that the ruling Jews who were afraid of their jobs, had him crucified first.

But their murder of Jesus backfired. His disciples, and many others, believed that he had risen from the dead and that he was the son of God! And so, Christianity was born.

Then traditional Jewish sacrifices were such a bloody nuisance, the Christians proclaimed that Jesus had sacrificed his life on the cross to end all other sacrifices! And that’s how the doctrine

of vicarious atonement got started. It made good sense in those days and saved the lives of thousands of innocent sheep and doves.

But now, 2,000 years later, it's pure nonsense. Suppose I were God, and to please me, you sacrificed a son, or a daughter. I'd be outraged! Or suppose you cut a lamb's throat and let it bleed to death just to please me. Next lifetime I'd let you be the lamb! But if you gave your wife a bouquet of beautiful flowers – I'd love you for it!

18. Will there will be a resurrection of our physical bodies?

I don't see how a physical body would be of any use in the spiritual world – unless it is vastly improved and able to travel with thought. At present we can't even see the spiritual world until we get out of our physical bodies. The people I saw in heaven seemed to get along very well with translucent spiritual bodies.

19. More about Arthur Yensen

Born on a Nebraska sandhill during the blizzard of 1898, Yensen recalled being force-fed religion as a youngster. Not only did he turn against it, but he started challenging his parents at every turn – including questioning the way they ate. He observed that their farm animals did just fine on a diet of fresh greens and whole grains, yet family members were always suffering indigestion and constipation from the white flour, sugar, and grease they consumed. Behind his parents' back, he cured himself by eating bran flakes. He continued to defy the conventions of his day, switching from atheism to mysticism after his near-death experience at the age of thirty-four, marrying afterwards, and built his own home in Parma, Idaho, from blocks of tuffa (pumice) he and his sons quarried. He later became an educator, public speaker, was active in politics, specialized in historical sculpture (his work adorns Parma's city park), was a movie extra in several Hollywood films, an authority on organic gardening and nutrition, and was singled out as one of Idaho's "Most Distinguished Citizens."

Although a public figure, Yensen was frequently at odds with the school boards where he taught: opposing any procedure that capped a child's creative drive; speaking out against the incarceration of American citizens of Japanese ancestry during World War II; and ignoring school rules by sharing his near-death experience in class as proof to his students that morality matters and life really has a purpose. Ironically, Yensen was still questioning whether or not he had fulfilled his life's work when he returned "home" in 1992, the quiet benefactor of thousands.

YouTube

[I Died And Saw Hell And All Of Creation | Near Death Experience | NDE – Mellen-Thomas Benedict](#)

Or Read It

[Mellen-Thomas Benedict's Near-Death Experience](#)
by [Kevin Williams](#) Posted on [September 18, 2019](#)

In 1982 Mellen-Thomas (died 2017) suffered from terminal brain cancer and died; but miraculously lived to tell about it. While showing no vital signs for 90 minutes, Benedict had perhaps the most transcendental NDE ever documented. While on the Other Side, Benedict journeyed through various afterlife realms and was given access to Universal Intelligence by which he was allowed to absorb a tremendous amount of spiritual and scientific knowledge including the nature of reincarnation. Benedict's enthusiastic curiosity during his NDE took him far into the remote depths of existence – and even beyond – into the energetic void of nothingness behind the Big Bang. He was shown in holographic detail the evolution of both Mother Earth (“Gaia”) and humanity and experienced the cosmology of our soul's connection with Gaia. He was given knowledge about humanity's role in the Universe including a beautiful vision of humanity's future for the next 400 years. [Deepak Chopra](#), in his book “[Life after Death: The Burden of Proof](#),” recounts Benedict's journey at length and says, “Mellen is an encyclopedia of the afterlife.” In the view of the webmaster of this site, on this web page you will read the most inspirational NDE ever documented.

1. About Mellen-Thomas Benedict

Mellen-Thomas Benedict's NDE resulted in perhaps the greatest fundamental transformation of any near-death experiencer ever documented. Miraculously, Benedict returned to his body with a complete remission of the disease. The advanced scientific knowledge he brought back from his NDE led him to numerous scientific discoveries and U.S. and foreign patents (see www.lighthealthresearch.com). Ever since his NDE, Benedict has maintained his direct access to Universal Intelligence, and returns to the Light at will. This enables him to be a bridge between science and spirit and allows him to develop new technologies for health and wellness. Benedict discovered living cells can respond very quickly to light stimulation resulting in, among other things, high speed healing. NDE expert [Dr. Kenneth Ring](#) says of Benedict:

“Mellen-Thomas has the big picture. His story is one of the most remarkable I have encountered in extensive research on near-death experiences. It is very rare that those who have died and returned have seen into the future to the extent that Mellen has. His vision of the future is one of hope. He has participated in studies of a major university where he contributed to understanding the structure of genes and chromosome coding for a genetic disease, while researchers puzzled over how he could have access to this information.” – [Dr. Kenneth Ring](#)

[Dr. Janice Holden](#) of [International Association of Near Death Studies](#) (IANDS) says of Benedict:

“Mellen-Thomas, under hypnosis, was able to give accurate information about and draw the genetic makeup of a rare neuromuscular disease. I was astounded by this. It's not the kind of thing where one could cheat.” – Dr. Janice Holden

Benedict has been closely involved in the research area of [Quantum Biology](#) – the quantum relationship between light and life. Benedict has discovered how living cells can respond very quickly to light stimulation resulting in, among other things, high speed healing. His research is providing dramatic new perspectives on how biological systems work. He is also a technology and product consultant and a popular lecturer on the subjects of longevity, energy medicine, and phototherapy.

During his NDE, Benedict was given the names of several people whose discoveries would one day be seen as on a par with those of Newton or Einstein. One of the names given to him was “Cleve Backster.” After having his NDE, Benedict tracked him down. [Cleve Backster](#), see www.primaryperception.com, is best known for his experiments with biocommunication in plant and animal cells using a polygraph machine in the 1960s which led to his theory of “primary perception.” Cleve Backster’s study was partially replicated in 1973 by [Dr. Harold Puthoff](#) and [Russell Targ](#) of CIA remote-viewing “[Stargate Project](#)” fame at the Stanford Research Institute. Puthoff and Targ applied for and received a research grant to probe plant sensitivity. In 1973, they began to conduct plant and human consciousness research on the “[Backster Effect](#).” The product culminated in a final report called “[Organic Biofield Sensor](#)” by H. E. Puthoff and R. Fontes.

Benedict says in about 200 years Cleve Backster will be seen as a kind of “saint” to the Gaia-based spirituality which will dominate society at that time. Cleve Backster’s work is neither esoteric nor spiritual, but scientific. His book is entitled, “[Primary Perception: Biocommunication with Plants, Living Foods, and Human Cells](#)” and his original work is described in the book, “[The Secret Life of Plants](#).” See also [Cleve Backster’s Wikipedia page](#).

Benedict’s NDE is reprinted here by the permission of his friends Dr. Lee Worth Bailey and Jenny Yates. Their excellent book entitled [The Near-Death Experience: A Reader](#), published by Routledge, New York, in 1996, is highly recommended by the webmaster. A portion of his near-death experience also appears in [P.M.H. Atwater](#)’s book, [Beyond the Light](#). Atwater is the one who introduced Benedict to the near-death community.

Concerning the validity of Benedict’s testimony, P.M.H. Atwater has this to say:

“I can attest that his case is genuine and his claims about the brain tumor and the conditions of his death are true. I have met his mother and step-father, been in his and their homes, and have followed his life since – his struggles and his accomplishments – as he sought to find a way to integrate his experience into his daily life while still honoring the mission he felt guided to fulfill.” – [P.M.H. Atwater](#)

2. The Road to Death

In 1982 I died from terminal cancer. The condition I had was inoperable, and any kind of chemotherapy they could give me would just have made me more of a vegetable. I was given six to eight months to live. I had been an information freak in the 1970’s, and I had become increasingly despondent over the nuclear crisis, the ecology crisis, and so forth. So, since I did not have a spiritual basis, I began to believe that nature had made a mistake, and that we were probably a cancerous organism on the planet. I saw no way that we could get out from all the problems we had created for ourselves and the planet. I perceived all humans as cancer, and that is what I got. That is what killed me. Be careful what your world view is. It can feed back on you, especially if it is a negative world view. I had a seriously negative one.

That is what led me into my death. I tried all sorts of alternative healing methods, but nothing helped. So, I determined that this was really just between me and God. I had never really faced

God before, or even dealt with God. I was not into any kind of spirituality at the time, but I began a journey into learning about spirituality and alternative healing. I set out to do all the reading I could and bone up on the subject, because I did not want to be surprised on the other side. So, I started reading on various religions and philosophies. They were all very interesting, and gave hope that there was something on the other side. I ended up in hospice care.

I remember waking up one morning at home about 4:30 A.M. and I just knew that this was it. This was the day I was going to die. So, I called a few friends and said goodbye. I woke up my hospice caretaker and told her. I had a private agreement with her that she would leave my dead body alone for six hours, since I had read that all kinds of interesting things happen when you die. I went back to sleep. The next thing I remember is the beginning of a typical near-death experience. Suddenly I was fully aware and I was standing up, but my body was in the bed. There was this darkness around me. Being out of my body was even more vivid than ordinary experience. It was so vivid that I could see every room in the house, I could see the top of the house, I could see around the house, I could see under the house.

3. The Light of God

There was this Light shining. I turned toward the Light. The Light was very similar to what many other people have described in their near-death experiences. It was so magnificent. It is tangible; you can feel it. It is alluring; you want to go to it like you would want to go to your ideal mother's or father's arms. As I began to move toward the Light, I knew intuitively that if I went to the Light, I would be dead. So, as I was moving toward the Light I said, "Please wait a minute, just hold on a second here. I want to think about this; I would like to talk to you before I go." To my surprise, the entire experience halted at that point. You are indeed in control of your near-death experience. You are not on a roller coaster ride.

So my request was honored and I had some conversations with the Light. The Light kept changing into different figures, like Jesus, Buddha, Krishna, mandalas, archetypal images and signs. I asked the Light, "What is going on here? Please, Light, clarify yourself for me. I really want to know the reality of the situation." I cannot really say the exact words, because it was sort of telepathy.

The Light responded. The information transferred to me was that your beliefs shape the kind of feedback you are getting before the Light. If you were a Buddhist or Catholic or Fundamentalist, you get a feedback loop of your own stuff. You have a chance to look at it and examine it, but most people do not. As the Light revealed itself to me, I became aware that what I was really seeing was our Higher Self matrix.

We all have a higher Self, or an oversoul part of our being. It revealed itself to me in its truest energy form. The only way I can really describe it is that the being of the higher Self is more like a conduit. It did not look like that, but it is a direct connection to the Source that each and every one of us has. We are directly connected to the Source. So, the Light was showing me the higher Self matrix. I was not committed to one particular religion. So that is what was being fed back to me during my life after death experience. As I asked the Light to keep clearing for me, to keep explaining, I understood what the higher Self matrix is. We have a grid around the planet where all the higher Selves are connected. This is like a great company, a next subtle level of energy

around us, the spirit level, you might say. Then, after a couple of minutes, I asked for more clarification. I really wanted to know what the universe is about, and I was ready to go at that time. I said, "I am ready, take me."

4. The River of Life

Then the Light turned into the most beautiful thing that I have ever seen: a mandala of human souls on this planet. Now I came to this with my negative view of what has happened on the planet. So as I asked the Light to keep clarifying for me, I saw in this magnificent mandala how beautiful we all are in our essence, our core. We are the most beautiful creations. The human soul, the human matrix that we all make together is absolutely fantastic, elegant, exotic, everything. I just cannot say enough about how it changed my opinion of human beings in that instant. I said, "Oh, God, I did not know how beautiful we are." At any level, high or low, in whatever shape you are in, you are the most beautiful creation, you are.

I was astonished to find that there was no evil in any soul. I said, "How can this be?" The answer was that no soul was inherently evil. The terrible things that happened to people might make them do evil things, but their souls were not evil. What all people seek, what sustains them, is love, the Light told me. What distorts people is a lack of love.

The revelations coming from the Light seemed to go on and on, then I asked the Light, "Does this mean that humankind will be saved?" Then, like a trumpet blast with a shower of spiraling lights, the Great Light spoke, saying:

"Remember this and never forget; you save, redeem and heal yourself. You always have. You always will. You were created with the power to do so from before the beginning of the world."

In that instant I realized even more. I realized that WE HAVE ALREADY BEEN SAVED, and we saved ourselves because we were designed to self-correct like the rest of God's universe. This is what the second coming is about. I thanked the Light of God with all my heart. The best thing I could come up with during my near-death experience was these simple words of total appreciation: "Oh dear God, dear Universe, dear Great Self, I Love My Life." The Light seemed to breathe me in even more deeply. It was as if the Light was completely absorbing me. The Love Light is, to this day, indescribable. I entered into another realm, more profound than the last, and became aware of something more, much more. It was an enormous stream of Light, vast and full, deep in the Heart of Life. I asked what this was. The Light responded:

"This is the RIVER OF LIFE. Drink of this manna water to your heart's content."

So, I did. I took one big drink and then another. To drink of life Itself! I was in ecstasy.

Then the Light said: "You have a desire."

The Light knew all about me, everything past, present and future.

"Yes!" I whispered.

I asked to see the rest of the Universe, beyond our solar system, beyond all human illusion. The Light then told me that I could go with the Stream. I did and was carried through the Light at the end of the tunnel. I felt and heard a series of very soft sonic booms. What a rush!

Suddenly I seemed to be rocketing away from the planet on this stream of Life. I saw the earth fly away. The solar system, in all its splendor, whizzed by and disappeared. At faster than light speed, I flew through the center of the galaxy, absorbing more knowledge as I went. I learned that this galaxy, and all of the Universe, is bursting with many different varieties of LIFE. I saw many worlds. The good news is that we are not alone in this Universe!

As I rode this stream of consciousness through the center of the galaxy, the stream was expanding in awesome fractal waves of energy. The super clusters of galaxies with all their ancient wisdom flew by. At first I thought I was going somewhere; actually traveling. But then I realized that, as the stream was expanding, my own consciousness was also expanding to take in everything in the Universe! All creation passed by me. It was an unimaginable wonder! I truly was a Wonder Child, a babe in Wonderland!

5. The Void

At this point of my near-death experience, I found myself in a profound stillness, beyond all silence. I could see or perceive FOREVER, beyond Infinity. I was in [the Void](#).

I was in pre-creation, before the Big Bang. I had crossed over the beginning of time / the First Word / the First vibration. I was in the Eye of Creation. I felt as if I was touching the Face of God. It was not a religious feeling. Simply, I was at one with Absolute Life and Consciousness. When I say that I could see or perceive forever, I mean that I could experience all of creation generating itself. It was without beginning and without end. That's a mind-expanding thought, isn't it? Scientists perceive the Big Bang as a single event that created the Universe. I saw during my life after death experience that the Big Bang is only one of an infinite number of Big Bangs creating Universes endlessly and simultaneously. The only images that even come close in human terms would be those created by super computers using [fractal geometry equations](#).

The ancients knew of this. They said God had periodically created new Universes by breathing out, and recreated other Universes by breathing in. These epochs were called [Yugas](#). Modern science called this the Big Bang. I was in absolute, pure consciousness. I could see or perceive all the Big Bangs or Yugas creating and recreating themselves. Instantly I entered into them all simultaneously. I saw that each and every little piece of creation has the power to create. It is very difficult to try to explain this. I am still speechless about this.

It took me years after I returned from my near-death experience to assimilate any words at all for the Void experience. I can tell you this now: the Void is less than nothing, yet more than everything that is! The Void is absolute zero; chaos forming all possibilities. It is Absolute Consciousness, much more than even Universal Intelligence. The Void is the vacuum or nothingness between all physical manifestations. The SPACE between atoms and their components. Modern science has begun to study this space between everything. They call it [Zero point](#). Whenever they try to measure it, their instruments go off the scale, or to infinity, so to

speak. They have no way, as of yet, to measure infinity accurately. There is more of the zero space in your own body and the Universe than anything else!

What mystics call the Void is not a void. It is so full of energy, a different kind of energy that has created everything that we are. Everything since the Big Bang is vibration, from the first Word, which is the first vibration. The biblical “I am” really has a question mark after it. “I am — What am I?” So creation is God exploring God’s Self through every way imaginable, in an ongoing, infinite exploration through every one of us. I began to see during my near-death experience that everything that is, is the Self, literally, your Self, my Self. Everything is the great Self. That is why God knows even when a leaf falls. That is possible because wherever you are is the center of the universe. Wherever any atom is, that is the center of the universe. There is God in that, and God in the Void.

As I was exploring the Void during my life after death experience and all the Yugas or creations, I was completely out of time and space as we know it. In this expanded state, I discovered that creation is about Absolute Pure Consciousness, or God, coming into the Experience of Life as we know it. The Void itself is devoid of experience. It is pre life, before the first vibration. Godhead is about more than Life and Death. Therefore, there is even more than Life and Death to experience in the Universe!

When I realized this I was finished with the Void, and wanted to return to this creation, or Yuga. It just seemed like the natural thing to do. Then I suddenly came back through the second Light, or the Big Bang, hearing several more velvet booms. I rode the stream of consciousness back through all of creation, and what a ride it was! The super clusters of galaxies came through me with even more insights. I passed through the center of our galaxy, which is a black hole. Black holes are the great processors or recyclers of the Universe. Do you know what is on the other side of a Black Hole? We are; our galaxy, which has been reprocessed from another Universe. In its total energy configuration, the galaxy looked like a fantastic [city of lights](#). All energy this side of the Big Bang is light. Every sub atom, atom, star, planet, even consciousness itself is made of light and has a frequency and/or particle. Light is living stuff. Everything is made of light, even stones. So, everything is alive. Everything is made from the Light of God; everything is very intelligent.

6. The Light of Love

As I rode the stream on and on, I could eventually see a huge Light coming. I knew it was the First Light, the higher Self Light Matrix of our solar system. Then the entire solar system appeared in the Light, accompanied by one of those velvet booms. I could see during my near death experience all the energy that this solar system generates, and it is an incredible light show! I could hear the [Music of the Spheres](#). Our solar system, as do all celestial bodies, generates a unique matrix of light, sound and vibratory energies.

Advanced civilizations from other star systems can spot life as we know it in the universe by the vibratory or energy matrix imprint. It is child’s play. The earth’s Wonder child (human beings) make an abundance of sound right now, like children playing in the backyard of the universe. The Light explained to me that there is no death; we are immortal beings. We have already been alive forever! I realized that we are part of a natural living system that recycles itself endlessly. I

was never told that I had to come back. I just knew that I would. It was only natural, from what I had seen during my life after death experience.

I don't know how long I was with the Light, in human time. But there came a moment when I realized that all my questions had been answered and my return was near. When I say that all my questions were answered on the other side, I mean to say just that. During my near death experience, all my questions have been answered. Every human has a different life and set of questions to explore. Some of our questions are Universal, but each of us is exploring this thing we call Life in our own unique way. So is every other form of life, from mountains to every leaf on every tree. And that is very important to the rest of us in this Universe. Because it all contributes to the Big Picture, the fullness of Life. We are literally God exploring God's self in an infinite Dance of Life. Your uniqueness enhances all of Life.

7. His Return to Earth

As I began my return to the life cycle, it never crossed my mind, nor was I told during my near-death experience that I would return to the same body. It just did not matter. I had complete trust in the Light and the Life process. As the stream merged with the great Light, I asked never to forget the revelations and the feelings of what I had learned on the other side. There was a "Yes." It felt like a kiss to my soul. Then I was taken back through the Light into the vibratory realm again. The whole process reversed, with even more information being given to me. I came back home, and I was given lessons from my near-death experience on the mechanics of reincarnation. I was given answers to all those little questions I had: "How does this work? How does that work?" I knew that I would be reincarnated. The earth is a great processor of energy, and individual consciousness evolves out of that into each one of us. I thought of myself as a human for the first time, and I was happy to be that. From what I have seen, I would be happy to be an atom in this universe. An atom. So, to be the human part of God ... this is the most fantastic blessing. It is a blessing beyond our wildest estimation of what blessing can be. For each and every one of us to be the human part of this experience is awesome, and magnificent.

Each and every one of us, no matter where we are, screwed up or not, is a blessing to the planet, right where we are. I went through the reincarnation process expecting to be a baby somewhere. But I was given a lesson on how individual identity and consciousness evolve. I was so surprised when I opened my eyes from my near death experience. I do not know why, because I understood it, but it was still such a surprise to be back in this body, back in my room with someone looking over me crying her eyes out. It was my hospice caretaker. She had given up an hour and a half after finding me dead. My body was stiff and inflexible. She went into the other room. Then I awakened and saw the light outside. I tried to get up to go to it, but I fell out of the bed. She heard a loud "clunk," ran in and found me on the floor.

When I recovered, I was very surprised and yet very awed about what had happened to me during my near death experience. At first all the memory of the trip that I have now was not there. I kept slipping out of this world and kept asking, "Am I alive?" This world seemed more like a dream than that one. Within three days I was feeling normal again, clearer, yet different than I had ever felt in my life. My memory of my near-death experience came back later. I could see nothing wrong with any human being I had ever seen. Before that I was really judgmental. I

thought a lot of people were really screwed up, in fact I thought that everybody was screwed up but me. But I got clear on all that.

About three months later a friend said I should get tested, so I went and got the scans and so forth. I really felt good, so I was afraid of getting bad news. I remember the doctor at the clinic looking at the before and after scans, saying, “Well, there is nothing here now.” I said, “Really, it must be a miracle.” He said, “No, these things happen; they are called spontaneous remission.” He acted very unimpressed. But here was a miracle, and I was impressed, even if no one else was.

8. The Lessons He Learned

The mystery of life has very little to do with intelligence. The universe is not an intellectual process at all. The intellect is helpful; it is brilliant, but right now that is all we process with, instead of our hearts and the wiser part of ourselves.

The center of the Earth is this great transmuter of energy, just as you see in pictures of our Earth’s magnetic field. That’s our cycle, pulling reincarnated souls back in and through it again. A sign that you are reaching human level is that you are beginning to evolve an individual consciousness. The animals have a group soul, and they reincarnate in group souls. A deer is pretty much going to be a deer forever. But just being born a human, whether deformed or genius, shows that you are on the path to developing an individual consciousness. That is in itself part of the group consciousness called humanity.

I saw that races are personality clusters. Nations like France, Germany and China each have their own personality. Cities have personalities, their local group souls that attract certain people. Families have group souls. Individual identity is evolving like branches of a fractal; the group soul explores in our individuality. The different questions that each of us has are very, very important. This is how Godhead is exploring God’s Self – through you. So ask your questions, do your searching. You will find your Self and you will find God in that Self, because it is only the Self.

More than that, I began to see that each one of us humans are soul mates. We are part of the same soul fractaling out in many creative directions, but still the same. Now I look at every human being that I ever see, and I see a soul mate, my soul mate, the one I have always been looking for. Beyond that, the greatest soul mate that you will ever have is yourself. We are each both male and female. We experience this in the womb, and we experience this in reincarnation states. If you are looking for that ultimate soul mate outside of yourself, you may never find it; it is not there. Just as God is not “there.” God is here. Don’t look “out there” for God. Look here for God. Look through your Self. Start having the greatest love affair you ever had ... with your Self. You will love everything out of that.

I had a descent into what you might call [hell](#), and it was very surprising. I did not see [Satan](#) or [evil](#). My descent into hell was a descent into each person’s customized human misery, ignorance, and darkness of not-knowing. It seemed like a miserable eternity. But each of the millions of souls around me had a little star of light always available. But no one seemed to pay attention to it. They were so consumed with their own grief, trauma and misery. But, after what seemed an

eternity, I started calling out to that light, like a child calling to a parent for help. Then the light opened up and formed [a tunnel](#) that came right to me and insulated me from all that fear and pain. That is what hell really is.

So, what we are doing is learning to hold hands, to come together. The doors of hell are open now. We are going to link up, hold hands, and walk out of hell together.

The light came to me and turned into a huge golden angel. I said, “Are you the angel of death?”

It expressed to me that it was my oversoul, my Higher Self matrix, a super-ancient part of ourselves. Then I was taken to the light.

Soon our science will quantify spirit. Isn't that going to be wonderful? We are coming up with devices now that are sensitive to subtle energy or spirit energy. Physicists use these atomic colliders to smash atoms to see what they are made of. They have got it down to quarks and charm, and all that. Well, one day they are going to come down to the little thing that holds it all together, and they are going to have to call that ... God. With atomic colliders they are not only seeing what is in here, but they are creating particles. Thank God most of them are short-lived milliseconds and nanoseconds. We are just beginning to understand that we are creating too, as we go along.

As I saw forever, I came to a realm in which there is a point where we pass all knowledge and begin creating the next fractal, the next level. We have that power to create as we explore. And that is God expanding itself through us.

Since my return I have experienced the light spontaneously, and I have learned how to get to that space almost any time in my meditation. Each one of you can do this. You do not have to die to do this. It is within your equipment; you are wired for it already.

The body is the most magnificent light being there is. The body is a universe of incredible light. Spirit is not pushing us to dissolve this body. That is not what is happening. Stop trying to become God; God is becoming you. Here.

The mind is like a child running around the universe, demanding this and thinking it created the world. But I ask the mind, “What did your mother have to do with this?”

That is the next level of spiritual awareness. Oh! My mother! All of a sudden you give up the ego, because you are not the only soul in the universe.

9. What Is the Best Religion?

I asked God: “What is the best religion on the planet? Which one is right?” And Godhead said, with great love: “I don't care.” That was incredible grace.

They come and they go, they change. Buddhism has not been here forever, Catholicism has not been here forever, and they are all about to become more enlightened. More light is coming into all systems now. There is going to be a reformation in spirituality that is going to be just as

dramatic as the Protestant Reformation. There will be lots of people fighting about it, one religion against the next, believing that only they are right.

Everyone thinks they own God, the religions and philosophies, especially the religions, because they form big organizations around their philosophy. When Godhead said, "I don't care," I immediately understood that it is for us to care about. It is important, because we are the caring beings. It matters to us and that is where it is important. What you have is the energy equation in spirituality. Ultimate Godhead does not care if you are Protestant, Buddhist, or whatever. It is all a blooming facet of the whole. I wish that all religions would realize it and let each other be. It is not the end of each religion, but we are talking about the same God. Live and let live. Each has a different view. And it all adds up to the Big Picture; it is all important.

I went over to the other side during my near-death experience with a lot of fears about toxic waste, nuclear missiles, the population explosion, the rainforest. I came back loving every single problem. I love nuclear waste. I love the mushroom cloud; this is the holiest [mandala](#) that we have manifested to date, as an [archetype](#). It, more than any religion or philosophy on earth, brought us together all of a sudden, to a new level of consciousness. Knowing that maybe we can blow up the planet fifty times, or 500 times, we finally realize that maybe we are all here together now. For a period they had to keep setting off more bombs to get it in to us. Then we started saying, "we do not need this anymore." Now we are actually in a safer world than we have ever been in, and it is going to get safer. So I came back from my near-death experience loving toxic waste, because it brought us together. These things are so big. As [Peter Russell](#) might say, these problems are now "soul size." Do we have soul size answers, YES!

The clearing of the rain forest will slow down, and in fifty years there will be more trees on the planet than in a long time. If you are into ecology, go for it; you are that part of the system that is becoming aware. Go for it with all your might, but do not be depressed. It is part of a larger thing. Earth is in the process of domesticating itself. It is never again going to be as wild a place as it once was. There will be great wild places, reserves where nature thrives. Gardening and reserves will be the thing in the future. Population increase is getting very close to the optimal range of energy to cause a shift in consciousness. That shift in consciousness will change politics, money, energy.

After dying, going through my near-death experience and coming back, I really respect life and death. In our DNA experiments we may have opened the door to a great secret. Soon we will be able to live as long as we want to live in this body. After living 150 years or so, there will be an intuitive soul sense that you will want to change channels. Living forever in one body is not as creative as reincarnation, as transferring energy in this fantastic vortex of energy that we are in. We are actually going to see the wisdom of life and death, and enjoy it.

As it is now, we have already been alive forever. This body, that you are in, has been alive forever. It comes from an unending stream of life, going back to the Big Bang and beyond. This body gives life to the next life, in dense and subtle energy. This body has been alive forever already.

One of my questions to the light was, "What is heaven?"

I was given a tour of all the heavens that have been created: the Nirvanas, the Happy Hunting Grounds, all of them. I went through them. These are thought form creations that we have created. We don't really go to heaven; we are reprocessed. But whatever we created; we leave a part of ourselves there. It is real, but it is not all of the soul.

I saw the Christian heaven. We expect it to be a beautiful place, and you stand in front of the throne, worshipping forever. I tried it. It is boring! This is all we are going to do? It is childlike. I do not mean to offend anyone. Some heavens are very interesting, and some are very boring. I found the ancient ones to be more interesting, like the Native American ones, the Happy Hunting Grounds. The Egyptians have fantastic ones. It goes on and on. There are so many of them. In each of them there is a fractal that is your particular interpretation, unless you are part of the group soul that believes in only the God of a particular religion. Then you are very close, in the same ball park together. But even then, each is a little bit different. That is a part of yourself that you leave there. Death is about life, not about heaven.

What happens when we [dream](#)? We are [multi-dimensional beings](#). We can access that through lucid dreaming. In fact, this universe is God's dream. One of the things that I saw is that we humans are a speck on a planet that is a speck in a galaxy that is a speck. Those are giant systems out there, and we are in sort of an average system. But human beings are already legendary throughout the cosmos of consciousness. The little bitty human being of Earth/Gaia is legendary. One of the things that we are legendary for is dreaming. We are legendary dreamers. In fact, the whole cosmos has been looking for the meaning of life, the meaning of it all. And it was the little dreamer who came up with the best answer ever. We dreamed it up. So, dreams are important.

10. Mellen-Thomas Benedict Links

[Wisdom Magazine's Interview with Mellen-Thomas Benedict](#)

[Rev. Lindsay Babich of the Art of Living Well Interviews Mellen-Thomas Benedict](#)

[Mellen-Thomas Benedict Amends 1982 Interview With P. M. H. Atwater](#)

[Credibility of Mellen-Thomas Benedict's NDE Testimony](#)

YouTube Videos About Mellen-Thomas Benedict

1. [Seminar: Earth GAIA 101](#) (78 mins)
2. [The Afterlife, Light Healing, Reincarnation](#) (115 mins)
3. [Life in a Prison and Near-Death Experiences](#) (44 mins)
4. [Coast to Coast AM](#) (2009 Audio) (115 mins)
5. [Science of the Afterlife](#) (48 mins)
6. A Fireside Chat with Zany Mystic ([Part 1](#), [Part 2](#), [Part 3](#), [Part 4](#)) (59 mins)
7. ["We Don't Die" Radio Show](#) (54 mins)
8. Advanced NDE Class ([Part 1](#), [Part 2](#))
9. [2012 and Beyond](#) (90 mins)

10. Messages from the Light ([Part 1](#), [Part 2](#), [Part 3](#), [Part 4](#), [Part 5](#), [Part 6](#), [Part 7](#), [Part 8](#), [Part 9](#), [Part 10](#), [Part 11](#), [Part 12](#)) (116 mins)

Junior High School – Mid 1960s

Fondren Junior High School was a new school in the southwestern area of Houston (Westbury) in the 1960s. I attended there for three years and enjoyed it, once I got down to studying and making friends. The school had most all the sports and activities that most Texas Junior High Schools enjoy such as football, basketball, concert band, stage band, orchestra, etc. I also knew that most of the schools in the Houston area enjoyed those same activities. Oh, I forgot to mention academic studies as well. Sorry.

Close to home was the [Westbury Church of Christ](#) where my family attended Sunday morning, Sunday evening and Wednesday evening services, oh, and summer meetings when a minister would come in and preach all week long.

One day, it occurred to me, as I looked around thoughtfully, that there was a large Baptist Church right across the street from our church and a Catholic church just to the North of our church. All within a two to three-minute walking distance.

Now, I knew that the schools had a curriculum that they followed, and all the schools competed in sports, band, and academic activities. In my way of thinking, were the churches also competing in the same manner as the schools? After all, they also have a curriculum that they follow, although I was also taught that the other churches do not teach the truth. However, I never did go to another church to see what they taught until I had my first near-death experience in 2013. It was then that going to church was no longer important to me. However, I did go to other churches to see what they were teaching, it was then that I learned for the first time that they do indeed teach the truth out of the same Bible I used all my life. I was lied to.

One day, I went into the [Russellville Christian Center](#), in Russellville, Arkansas, to attend the morning services. At that time, I did not know that I knew anybody in that church, but I walked in with a very sore back due to spinal stenosis and sat on the back row. The preacher was just getting up to preach as I had come in just a little late. He hadn't been preaching more than five minutes when he stopped and commented, "There is someone here who has a very sore back that is troublesome to him." I sat up and took notice and thought to myself, "Well, this ought to be interesting." He began to pray, and as he prayed, I felt a coolness on my back, and my back was healed from that moment on. It has never hurt to that extent since. I was amazed that the Holy Spirit healed me from affliction when I was taught that the Holy Spirit was not active in our lives since the first century. Could it be that the Holy Spirit was not active in our lives due to unbelief and lack of faith rather than whiling away His time in Heaven playing Solitaire?

I say all this because in my life I've seen so many Christians fighting among themselves each declaring that they have the truth as delivered by the Lord. After my first near-death experience in December 2013, I truly realized that Christ is all we need in this life and in the life to come.

[Matthew 22:34-40](#) reads, “[34](#)But when the Pharisees heard that *Jesus* had silenced the Sadducees, they gathered together. [35](#)And one of them, [\[t\]](#)a lawyer, asked Him a question, testing Him: [36](#)“Teacher, which is the great commandment in the Law?” [37](#)And He said to him, “‘YOU SHALL LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, AND WITH ALL YOUR SOUL, AND WITH ALL YOUR MIND.’ [38](#)This is the great and [\[u\]](#)foremost commandment. [39](#)The second is like it, ‘YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF.’ [40](#)**Upon these two commandments [\[v\]](#)hang the whole Law and the Prophets.”**

For the most part, we make our churches much like the schools competing with each other and forgetting for whom we are to follow. Love God and Love Each Other. Seek out that which is best for each other.

Dating and Marriage

All my life, as I attended church, I would meet my friends there, date there, marry there. I rarely went out with a girl from another church. Heaven forbid, she just might teach me biblical error, or truth. So, I married within the church, every time. It wasn't until I had my first near-death experience that I learned that there was truth in other churches besides the ones I had attended. I suppose the Lord was trying to teach me some much-needed lessons.

I do not remember much of that first NDE, just that a very large being was carrying me and then threw me back into my body. However, the questions still remain. What did I see? Who did I meet? With whom did I talk with, it anybody? What was I to learn in coming back to this world? Etc.

As I've stated in these newsletters before, my life completely changed after that event in my life. As most people who have had an unusual event in their lives, questions remain that provide little if any answers at all.

But to enumerate a few changes in my life, I changed churches and then stop going to church altogether. I became more spiritual. See Matthew 22 above. I moved away from Russellville, Arkansas, married, started doing the QHHT sessions, took more classes in hypnosis and became a hypnosis book, video and lessons junkie.

I've talked with more people about our Lord God and Jesus Christ since my NDE experience than I ever did as a church going Christian. I'm not a bible thumper, but I will tell the clients when they come to see me that the most import thing in your life is to Love God and all others, and to learn to forgive.

It is a matter of record, that some of the clients who come to see me will have issues due to lack of Love and/or forgiveness.

When a session is taking place and close to the end of the session, I will ask the subconscious to do a body scan on the client. If there is an issue, I'll ask the subconscious to heal it. There have been a few times when the subconscious has not been able to do healing due to unforgiveness on the part of the client. Love and forgiveness are very important.

UFOs??

Last evening, February 8, 2023, around 7:35 PM, I walked out onto the road between our property and the golf course to do a little skywatching. I hadn't been out there long when I noticed a very high "satellite" moving through Orion with a northern heading, moving slowly and being very dim, although the satellite was almost directly overhead. I thought the object would have reflected more sunlight than it did.

The second satellite was moving much faster than the first and it was moving in the southeastern direction, and it was much brighter.

I watched for a few minutes more to see if I could see anything else moving through the night-time skies. I began walking toward the house but decided to take one last look and turned around, the sky was so beautiful, and the stars were so bright I just didn't want to leave at that moment, but when I turned, I noticed two very bright stars, brighter than Jupiter, in the sky in the northern sky. I was looking above the large oak tree on the golf course and noticed a third star as I looked through the leaves at the top of the tree. The three stars made an upside-down triangle and the bottom star was slowing moving down.

I was determined to get a better view of these three stars, so I ran onto the golf course and around the big tree to get a better view, but when I looked, the sky was empty of those three stars. Where did they go? Did I see three UFOs? I believe I did.

It was about 7:45 PM when I saw the stars in the northern sky. Then, I walked back inside the house.

I receive no compensation from anything I link to, whether it be articles, websites, books, YouTube Videos or other such thing. I only offer these links as a help to those who are searching for the truth. I only receive compensation when a client comes to me for a QHHT Session. Thank you.

If any of the link's fail, please let me know so that I can fix it. Thank-you. Carl

News Links

1 – News

[Above Top Secret](#)

[Abundant Hope](#)

[Alien News](#)

[All News Pipeline - ANP](#)

[American Media Group – amg-news.com](#)

[Anna Von Reitz](#)

[Attainable Mind](#)
[Beach Broadcast News](#)
[Before Its News](#)
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[George – Not Just Politics As Usual](#)
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[Great Awakening](#)
[Ice Age Now](#)
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[Life Line News](#)
[Life Site News](#)
[National Quantum Initiative](#)
[Natural News – the Health Ranger](#)
[NESARA / GESARA](#)
[News-Intel – Aliens Latest](#)
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[We Are Change](#)
[We Love Trump](#)
[What Does It Mean?](#)
[World-Mysteries](#)
[X22report](#)
[Zero Hedge](#)
[Zeta Talk](#)

2 – NDE

[Documented Healings - NDE](#)
[Dr. Bruce Greyson Resources](#)
[Dr. Kenneth Ring Website - Near-Death](#)
[IANDS – International Association for Near-Death Studies, Inc.](#)
[Near-Death Experiences and the Afterlife](#)
[Near-Death Home Page](#)
[Proof of Heaven – Mike Adams](#)

3 – Reincarnation

ASK DR. WEISS: Free will and destiny; soulmates; ghosts; souls in different forms
Bible Truths

[Cathars and Cathar Beliefs in The Languedoc](#)

Christian Reincarnation - Love

Christian-Reincarnation.com

Dr. Brian Weiss - Leon's Past Life Regression

Dr. Brian Weiss on the Patient Who Made Him Believe in Past Lives

Dr. Brian Weiss-Free will and destiny–soulmates–ghosts–souls in different forms

Edgar Cayce's A.R.E.

[Elizabeth Clare Prophet – Inner Perspectives](#)

Facts Are Facts

Facts Are Facts – Reincarnation is Not Being Born Again!

Merciful Truth

Reincarnate Life

<https://reincarnate.life/resurrection-and-reincarnation-in-early-christianity/>

Reincarnation

Reincarnation After Death Stories

Reincarnation and the Bible

Reincarnation and the Near-Death Experience

[Reincarnation Christianity and the Dogma of the Church – Jan Erik Sigdell](#)

[Reincarnation in Christian Gnosticism – Jan Sigdell](#)

[Reincarnation In Early Christianity – Unarium Wisdom](#)

[Reincarnation in the Bible Part 1](#)

Reincarnation in the Bible Part 2

Reincarnation Is it Biblical - You Will Not Believe What I am About to Tell You. – Jacob Israel
Reincarnation Jesus, the Bible, New Testament & Christian Doctrine

[Reincarnation or Reimbodiment - Theosophical Topics in Depth](#)

Reincarnation Research

Reincarnation Stories

Reincarnation The Key to Christianity

Reincarnation Truth

[Spirit Of the Scripture](#)

Spirit Release Forum

Spiritual Travel.org

[The Original Gospel - Ebionite](#)

The Reluctant Messenger

Theosophy - Reincarnation

Theosophy Northwest

Theosophy World

Why Jesus Taught Reincarnation: A Better Gospel, by Herbert Bruce Puryear

Yeshua before 30CE

4 - UFOs and the Extraterrestrials

[Anomalien – The Allagash Abductions](#)

[Ascension Works.tv](#)

[Disclose ET UFO Technology for Humanity Earth](#)

[Exemplore – FBI Confirms Aliens Exist](#)

[Exopolitics – Dr. Michael Salla](#)

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[George Adamski Foundation](#)

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[The Mysterious Universe](#)

[Nicholas Ginex Enters the WordPress World!](#)

[PlanetSev.com](#)

[SecureTeam10](#)

[Serpo – Extraterrestrial Exchange Program](#)

[The 5th Kind - Website](#)

[The 5th Kind - YouTube](#)

[The Great Picture](#)

[The Nibiruan Council](#)

[Tom Keyon – Who are the Hathors](#)

[UAMN](#)

[UFO Casebook](#)

[UFO Sightings Caught Over Texas Hill Country | UFO Sightings 2017](#)

[Universe People](#)

[Zohar Stargate TV](#)

5 - The Phoenix Journals

FourWinds10

PEOPLE OF THE "LIE": SPACESHIPS, ALIENS AND YOUR FUTURE **PEOPLE OF THE LIE: REINCARNATION**

6 - Early Christian Writings

[Christian-History ORG](#)

[Early Christian Writings – Church Fathers](#)

[Early Christian Writings – Pistis Sophia](#)

Patheos

[The Gnosis Archive](#)

[The Gnostic Society Library](#)

[Ophite Gnostics](#)

[Valentinian Theology](#)

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7 – Extra

[13 Bloodlines of the Illuminati](#)

2012 Portal Blogspot - Ascension Update

[A Free World?](#)

Alcuin Bramerton Blogpost

[Ancient Origins](#)

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[Bibliotecapleyades](#)

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[Golden Age of Gaia](#)

[Great Awakening](#)

[Henry Makow](#)

[Hey What's That](#)

[Inspire Good Vibes](#)

[Internet Sacred Text Archive](#)

[Jesus-Resurrection Info](#)

[Immanuel Velikovsky - Worlds in Collision](#)

[Julian Assange Wikileaks Files](#)

[Lost Christianity](#)

[Meta-Religion.com](#)

[Meta Tech](#)

[Michael Tellinger – Uncovering the Truth](#)

[Nicks Intel Blog RV / GCR Update](#)

[Office Of the World Teacher](#)

[Operation Disclosure Official](#)

[Pandemic Timeline](#)

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Phoenix Journals

Phoenix Operator-Owner Manual

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[*The Hollow Earth*](#)
[*The Lacerta Files*](#)
[*The Law of One*](#)
[*The Law of One Society*](#)
[*The Lost Gospel of Q – The Sayings of Jesus – Version 2:*](#)
<https://youtu.be/M4qNp7xSekA>
[*The Mysterious Universe*](#)
[*The Smokey God*](#)

[*The True Reporter*](#)
[*The Universe Inside You 1*](#)
[*The Universe Inside You 2*](#)
[*Time for Disclosure*](#)
[*Urantia Book*](#)
[*Urantia Foundation*](#)
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[*The following are PDFs that when clicked on, will download a PDF file:*](#)

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[1908 - Reincarnation and the Law of Karma](#)
[Hidden Beliefs Covered by the Early Church Re: Resurrection & Reincarnation](#)
[May a Christian Believe in Reincarnation](#)
[Past Life Memories of Children and Past Regression - A Case for Reincarnation](#)
[Reincarnation](#)
[Reincarnation - An Investigation Through the Bible, Science and Experience](#)
[Reincarnation - The Church's Biggest Lie](#)
[Reincarnation "When I Was Big"](#)
[Reincarnation and Christianity](#)
[Reincarnation and Christianity - Nazirene](#)
[Reincarnation As Taught By Early Christians](#)
[Reincarnation Children Don't Believe in Death](#)
[Reincarnation In The Bible - Part 1](#)
[Reincarnation Scripture](#)
[Reincarnation, Christianity and the Dogma of the Church](#)
[The Formation of the New Testament Canon](#)
[The Moral Dilemma of Right and Wrong](#)
[The Truth About Reincarnation](#)

8 - Suggested Reading

[Children Who Remember Previous Lives: A Question of Reincarnation](#)
[Many Lives, Many Masters](#)
[Same Soul, Many Bodies](#)
[The Andreasson Affair: The True Story of a Close Encounter of the Fourth Kind](#)
[The Books of Enoch](#)
[The Great Human Potential, Teaching from the Ninth Dimensional Pleiadians and the Hathors](#)
[The Unquiet Dead: A Psychologist Treats Spirit Possession](#)

9 – Lost History

[Historical Blindness – The Lost Empire of Tartaria](#)
[Shift Frequency – History of Tartaria Erased](#)
[Tartaria – The Hidden / Stolen History](#)

10 – For Researchers – Books – Articles – Documents

Forgotten Books

Forgotten Books is a London-based book publisher specializing in the restoration of old books, both fiction and non-fiction.

Today we have 1,294,207 books available to read online, download as ebooks, or purchase in print.

LLResearch.org

Home of The Law of One material, L/L Research is a non-profit organization dedicated to discovering and sharing information to aid in the spiritual evolution of humankind.

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No Lawyers Allowed In Public Office

The Missing 13th Amendment: *No Lawyers Allowed In Public Office*

Inside Area 51 - Interview with David Adair

What Happened To This Man Will Shock You! Steve Boucher & Paul Wallis

The Beatles on Baroque

Why Hollow Earth Theory is NOT a Fiction - according to Dr. Frank E. Stranges... A Rare Interview

[Watch the Ghost Inside My Child](#)

List Updated 01-08-2023

Newsletter Input - Top

Sometimes, from time to time, we all experience something from the unknown. Our God knows, but we have not a clue as to what it was, and it bewilders us and forces us to do a reality check. We also find that we want to tell someone, anyone, maybe. But who? Do you have a story you want to tell, but do not want to be put on the front stage with all eyes looking at you? Do you get nervous meeting new friends and are fearful that they may think you to be strange and not all “there?” If you would like, please email me with your story. I will read it to see if it has interest for our readers, I may check for spelling and grammar then post it in our newsletter. I can leave your name off if you would like. But I want to hear from our readers.

QHHT Sessions - Top

If you are interested in doing a QHHT session, my current fee is \$300 for the entire session. I only do one session per day so that there will be no rush to finish a session before it’s natural completion. You will also find that my fees are at the low end of the scale among QHHT® practitioners, to make it more affordable. I’ll send you some paperwork to be filled out when we schedule the appointment, then I may send a reminder one or two days prior to the session that will also include my address here in Spring Branch, Texas. Bring the paperwork with you and we can go over it when you get here. A belief in reincarnation *is not* a requirement for a QHHT® session. Your unconscious mind will take you to the most appropriate time and place in which your questions will be answered.

If you need to call or text me, to ask more questions, I will be more than happy to answer any questions you may have. If the call goes to voice mail, I will call back as soon as I am able. I am retired and hypnosis is the only “work” that I do, so if you need to call or text, do not hesitate. The session can last four to seven hours. This includes a two-hour discussion and a review of the questions you bring with you that you want your unconscious mind to answer, a one-to-two-hour hypnotic session that may include one to three past lives, answers to your questions by your unconscious mind, and a body scan by your unconscious mind. The session is videoed, and an audio file of the session is sent to you via Drop Box.

ABOUT - Top

This newsletter started out as a way to encourage others to meet and tell others of their paranormal experiences. I’ve also included a lot of my own experiences in the previous newsletters, but now, I believe it is time to include other subjects that will help a person to grow and heal, not only in the mind, but also in the body. After all, isn’t that what we all want, to have a healthy mind, body and spirit?

As I research the various topics that I find interesting, I will occasionally dip down into rabbit holes and find nuggets that were completely unexpected. Attending “**The Healing Arts Festival**

& Market", I also see where people are seeking alternative sources of healing rather than the allopathic medicine in which we have begun to shy away from due to the contraindications associated with their treatments when using questionable pharmaceuticals.

I have found, in my readings, therapies that include frequency, vibration and energy as well as red light therapy. Frequency could be associated with light and sound, as in the Singing Bowls that one may find at the Healing Arts Festival & Market. So, please expect more, and if you believe that I have veered off track and need to come back to center, please let me know. Feedback does help.

Reincarnation Links Sources

[Christian Reincarnation](#) – [“Reincarnation, Christianity and the Dogma of the Church”](#)

Dr. Jan Erik Sigdell

[Why Jesus Taught Reincarnation](#)

Dr. Herbert Bruce Puryear or on [Amazon](#)

[Reincarnation – The Missing Link In Christianity](#)

Elizabeth Clare Prophet

Comics - Jokes

Contact Information - Top

Cell-phone number Carl Marshall 479-970-6922 Spring Branch, Texas

Email Address carl@cakama.com

Website www.texasmetaphysics.com

Upcoming EVENTS:

MUFON USES: [TEXAS METAPHYSICS & QHHT](#)

CARL MARSHALL – Certified in Several Hypnosis Techniques

Quantum Healing Hypnosis Technique – QHHT - Dolores Cannon

Beyond Quantum Healing – BQH - Candace Crow-Goldman

Neo-Ericksonian Hypnosis – Mike Mandel Hypnosis Academy

And Others

(479) 970-6922. www.texasmetaphysics.com. **BEEFY'S ON THE GREEN MEETING SATURDAY FEBRUARY 18TH AT 1PM at 12910 US 281, SPRING BRANCH TX 78070**

Our Meetings at Beefy's on the Green – Upcoming Dates - Top

Upcoming **2023** Dates: **Feb 18 Mar 18 Apr 15 May 20 June 17**
July 15 Aug 19 Sept 16 Oct 21 Nov 18 Dec 16



The Healing Arts

Festival & Market – Pat Booker - Top

Hilton Garden Inn – 8101 Pat Booker Road – San Antonio

**Upcoming 2023 Dates: Mar 5 Apr 2 May 7 June 4 July 2 Aug 6 Sept 10
 Oct 1 Nov 5 Dec 3**

The Healing Arts Festival & Market – The RIM - Top

Hilton Garden Inn – 5730 Rim Pass – San Antonio

**Upcoming 2023 Dates: Feb 19 Mar 19 Apr 16 May 21 June 18 July 16
 Aug 20 Sept 17 Oct 15 Nov 19 Dec 17**

MUFON San Antonio, Texas - Top

Public Meeting Tuesday, February 28th, 2023

The VFW Lodge

2222 Austin Highway

San Antonio, Texas 78218

There is a \$5 cover charge for the room rental. Eat before the event or bring your own food.

MUFON SAN ANTONIO MEETING on February 28th, 2023, at the VFW Post on 2222 Austin Highway, San Antonio, TX. The feature program will be “Monuments on Mars” by Mario Guzman.

Please enjoy the new **Carl Marshall Paranormal, Extraterrestrial & Alien Abduction Podcast on Mufon San Antonio** webpage:

Access Mufon San Antonio: [Member of San Antonio MUFON](#)





MUFON San Antonio

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MUFON SA is a scientific organization interested in rese...

TATER BAKER. Aka Terrie Maldonado
MUFON TEXAS COORDINATOR
(210) 993-1457
taterbaker1@yahoo.com

The **VFW room will open at 6:30 PM for social time. Located** at: 2222 Austin Highway, San Antonio TX 78218

Entrance **FEE** of \$5.00 per person to cover the Meeting room rental.

Bring your own **FOOD**; water and soda pops will be provided by Tater.

Invite your friends or family (over 18 years old)

ZOOM LINK WILL BE AVAILABLE 72 HOURS IN ADVANCE OF THE 02/ 28/2023 MUFON CHAPTER MEETING.

EVENTS:

Report an Incident: **MUFON UFO REPORT**

mufon.com **MUFON – Mutual UFO Network** < click here for **MUFON HEADQUARTERS** if you need to:

Donate, research, news store, join, track UFO's, MUFONTV, Mufon Journal, Report a UFO, Experienter Resource Team

[Conspire A Theory](#)

Conspire A Theory Paranormal, Fandom, Hot topic comedy show that has raunchy humor and skeptical insights all in one place.

Conspire A Theory podcast.

Discusses some controversial issues as well as interviews with interesting people in the paranormal community. Some shows might be too much for all audiences but there is something for everyone in the list of episodes.

IF YOU HAVE ANY QUESTIONS CONTACT:
Tater Baker (Terrie Maldonado)

MUFON Texas Chapter Assistant
taterbaker1@yahoo.com. (210) 993-1457

TEXAS MUFON FACEBOOK PAGES

San Antonio: <https://www.facebook.com/MUFONSANANTONIO>

Houston: <https://www.facebook.com/HoustonMUFON>

Dallas/Ft. Worth: <https://www.facebook.com/DFWMUFON>

Brazos Valley: <https://www.facebook.com/search/top/?q=mufon%20brazos%20valley>

To report a UFO – MUFON UFO REPORT

Until next time, I am Carl Marshall. – Top